

## Full Moon of Aquarius on Sunday, February 9, 2020 at 09:33:09 in Romania:

The main Keynote or phrase to consider for all Sagittarius Full Moons (each year): **“Water of life am I, poured forth for thirsty men.”** Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

### A. Notes on this coming Full Moon of Febuary/Aquarius:

1. **Watch for any impressions** that may come to you before the Full Moon that may relate to the Keynote (especially the two days before the Full Moon, the day of the Full Moon and the two days after the Full Moon). **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
2. **This is the twelfth of thirteen Full Moons of this Astrological year and is the ninth of ten ‘Distributing Consciousness and Energy’ full moons of this year.** The energy which was built during the first three ‘Building’ Full Moons at the beginning of the astrological year, which is also called the ‘higher interlude’, is now being distributed over these remaining Full Moons of the astrological year, which is also called the ‘lower interlude’.

### B. Notes and Activities on or since the last Full Moon January/Capricorn:

1. **SuryaAngel meditated at the time of the full moon.** Again, rather than go into more detail at this time we have decided to be more personal and have begun to review each of our nine group members color consultations, make a review and update to the consultations and then incorporate any personal impressions that we had about group members during our meditations and begin to send those out personally so that everyone should have an update by the end of the Astrological year in March 2020 and be ready to start the next Astrological year of group formation for those still interested in April 2020.
2. **The 2 hectare of hemp** for cooperative research between Leontina, Virginia, Katharina & Christian and SuryaAngel at BioFarmland (BFL) this year. Plant samples are still at Favisan awaiting analysis. We are looking into possibilities of continuing next year with a different seed supplier and a better and larger field location with planting in April.
3. **Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event possibly named ‘SAMatate’** between Favisan, BFL/SolarCity (The Natural Way Assoc. - TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian’s or other groups for the Cultural Capital celebrations in 2021. We are organizing information, with the help of a TNWA board member who is familiar with applying for and receiving European funds and also La Pas festival group, Asociatia Cries, and two other groups for submitting an application or by possibly joining in the Asociatia Cries project by early next year. Meetings are continuing.
4. **The ‘Group Central Pillar Crystal’** is available to group members to come and meditate with.
5. **We met with Virginia, Katharina and Christian, her brother, about poppy research at BioFarmland (BFL) at Virginia’s suggestion. An April 2020 planting is being planned.**

### C. General Notes and considerations about the group and group cycle and schedule:

1. **We are happy to get to know each other better**, to talk more about these meditations, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions as we move into this group formation year.
2. **We are ending a seven year cycle this year** and are now astrologically ten months into the astrological year. This is the start of a new seven year cycle and the final ‘impact’ to be made prior to the next 100 year ‘impulse’ in 2025. We are looking forward to what this will continue to bring to us and the group.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycle of full moons (solstices and equinoxes) provide. The unique energies associated with each constellation are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.
4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
5. **The following regular monthly cycle is for the group information flow:**
  - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
  - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
  - c. Second week after Full Moon for ‘Anchoring’ or ‘Grounding’ impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
  - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
  - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

## Attachment 1: Notes and suggestions regarding the project we have discussed so far: SAMatate:

### **The meeting was held:**

Sunday, January 12 at the FAVISAN headquarters in Lugoj.

### **Participants present:**

SuryaAngelMiriam as founders of SAM2013, holders of licenses for SAM2013 methods and products and coordinators of the project; - Virginia Faur, founder of FAVISAN and owner of FAVISAN trademarks and patents, president of ANATECOR; - Leontina Prodan, founder of the PIF Association, the START project and the Cannabis Museum in Timisoara - Mihaela Vetan as a representative of the CRIES, ASAT and Ecosens Associations and co-creator of the La Pas project of the TM2021 Association - Sergiu Florean as a representative of the Reciproc cafe.

### **Absent participants:**

Katharina Haini as representative of Biofarmland and Calea Naturala Association; - Romina Matei as an associate of the Calea Naturala Association, acquaintance of Mihaela Vetan and with experience in obtaining national and European funds for cultural projects and coordinating these projects; - Zoli Olah, former university professor and industrial psychologist, Leontina's husband.

### **Potential participants:**

Mircea Popa, psychologist and complementary therapist, especially related to dance and body movement. - Aurelian Curin, Reiki master - Remus Tanase, former president of ANATECOR, acquaintance of Virginia Faur - Christian Haini, representative of Biofarmland, Katharina Haini's brother.

We know that each of us has our work that we want to do for many years, for some of us even over 20-30 years, we have successes and achievements, certifications and awards far above the average we see in our society today . At the same time, from the conversations with each one of us, we know that each of us still wants more, that each of us has a vision, a feeling, an idea towards which we are heading and which we would like to put into practice. The suggestions below come as possible paths to those visions, ideas, feelings, possibly complementary and being complemented by all the skills I have acquired so far. As we said in the first email sent only to the meeting participants, we are coming back with a more detailed description of the perspective, and our suggestions regarding the meeting on Sunday, January 12 and our vision of how we could continue towards the SAMatate project. Once again, we thank you all for the time invested in that meeting and for the wonderful hospitality Virginia.

1. As I said in the first email sent to us, these kinds of meetings seem very beneficial and somehow preliminary in the process of finding the solutions we are looking for. We are happy to see that we all have common interests and intentions: health, nutrition, education, supporting local producers, complementary therapies, etc. and this gives us confidence that together we can find, and even put into practice, solutions that will be beneficial for everyone.
2. Due to the current rigidity of the school system that Virginia is facing, the disinterest of project financiers in supporting hemp culture, small producers and the various Romanian traditions that Leontina encountered in trying to develop her ideas, and the decreasing motivation of educators/teachers from the school system in carrying out the commitments that Mihaela faced, to us, as a response to these obstacles, it seems to us that education, at least for the time being, will have to come in other ways:
  - Through events/conferences/educational courses in health food stores. There would be educational events/conferences about the products available in stores, such as syrups, teas from different plants, essential oils, tinctures, etc. which would cover all aspects of such a product: the ingredients used and why those ingredients, the way of use and why - the effect in the body - what would generate such a necessity from the point of view of nutrition, but also of lifestyle, the process of creating such a product and the importance of using/supporting local, ecological producers/gatherers/farmers and fair trade. - This idea could be developed in many ways because as the network of and public interest in health food stores expands, the range of products distributed by a health food store can expand. In the United States, certain natural stores, created on the cooperative system, cover both the natural supplements section and the food section (basic and simple through ecological products, and from small producers, completely ecological/traditional), and the cosmetic section, and that of natural clothing (again very simple and basic, through materials such as cotton, linen, hemp, generally undyed), and even a literature section.
  - Through ANATECOR, both for complementary therapy courses and for courses on fair trade, possibly if it would be possible to obtain certifications for each course. With enough support, ANATECOR,

which already has a database and contacts, and a fairly large expansion in Romania, could become complementary to the traditional educational system. ANATECOR courses are aimed at those interested, they are accessible to everyone without discrimination and as far as we know from Virginia starting this year, all courses are certified and offer certification.

- Through cafes/restaurants/bistro/tea houses etc., such as Reciproc (Timisoara), Rawdia (Bucharest, Sibiu, Brasov and Cluj), Carturesti (Bucharest), Demmers teahouse (Cluj) where events could be held on various topics of interest regularly. These events would again be on several levels, a theoretical part, an experimental part (for example, if it's about nutrition - workshops to make nutritious recipes, whether it's about salads, appetizers, simple sweets with healthy substitutes for sugar ) and with a practical side (for example, spices, products, dishes that I can take home and share with the family to receive feedback until the next meeting, where then there could be a small discussion about the different opinions and feedback and the recipes could be modified/improved).
- Through the Calea Naturala a Katharina Association or the Leontina PIF association, or other similar associations. In Firiteaz, at the Calea Naturala Association, there will be, starting this year, space for organizing events, camping space and/or sleeping places for event participants, and there is already a medicinal plant garden to experience the different plants and fully grown fields ecological with cereals.
- Through social events like Social Moms, BabyBoom, BodyMindSpirit and Esoteric Frest, where there is already an accessible platform that we can use in the various topics of interest.
- By creating a website, a FB page and through other social networks, where all the information shared at these events would be stored and organized to be later accessible to those who need it: the public or any of us, the event organizers.

From what we can see, from the meetings with each one separately and together, we would all like more from the projects we have and we would like support so that we can overcome the obstacles we encounter. We see many possibilities for the development of ANATECOR, as well as Leontina's START project and Mihaela's projects through the CRIES Association, and Katharina's through the Calea Naturala Association, at the same time we see that collaboration between all of us is necessary to put these ideas/solutions really in practice because some of us can't do these things alone. All these ideas/projects are close to our soul and we see them as an opportunity in the formation of the group to see how we can function as well and efficiently as possible and at the same time have a real impact. By working together we could see if we really complement each other, if we can really help each other as at least it seems at the moment, and we could find out which ideas are really effective and where there might be obstacles where the ideas would need to be modified. We still feel that the approach of Mihaela and Sergiu through the name of the Reciproc cafe is a perfect description of how we see such a collaboration and such a project: mutual help.

3. For us, these ideas and projects are progressive with a possible development over several years. It would be like a seed that is planted and then we help it grow. The purpose of all these ideas is to help people, to reach a point where the truth is available/accessible to everyone, without hidden motivations, without overcharging, and thus people will have the opportunity, the opportunity to make a conscious, informed choice of cause, versus unconsciousness as it is, apparently, for the majority of the world at this moment. If things move around them and people and their education evolve through other means, if a trend of education is created, then the state education system will come into trend by itself, at the right time, otherwise it will remain outdated and eventually eliminated completely through society's choice of alternatives, not through a forced measure.

All these ideas instead need a plan and a practical start. These years, 2021-2025 from what we know and see, seem to be a period of opportunities to test new solutions and new collaborations. It seems to us that Mihaela, through the La Pas project, has already laid the foundation for this practical beginning, so we would like to support her and help her with whatever she needs for the successful completion of the project both in 2020 and in 2021. In Pas, at the Festival, during this year and next year, if Mihaela thinks it fits the needs of the project, it could be organized: - a presentation of ANATECOR, perhaps through a conference/presentation of nutrition/health by and at the choice of Virginia, where we would also see a possible demonstration of a FAVISAN product related to that nutrition/health topic (for example: why the combination of Ca or Zn in a syrup with the 12 vitamins from FAVISAN syrups); - a conference/presentation about hemp, covering all its aspects such as: seed nutrition, CBD; the use of different parts in the textile, stationery and construction industries; the cultivation process, the effect on the soil, the duration of growth; the traditions of this plant in Romania; - a conference/presentation about medicinal plants - their use, ways of growing in the yard and in the city in the apartment, drying, processing them for different uses (tea, tinctures, decoction, etc.). Also this year, within the events organized by the Calea Naturala Association, on May 1st, if Mihaela were interested, a presentation could be held on fair trade and its influence on society and the environment, and on the one on June, in the Recycling section, if Mihaela were interested, we could again discuss fair trade, responsible consumption and

alternatives to recycling (redistribution, restoration, change of purpose, etc.). Also through the Calea Naturala Association, at the event in May, a presentation of hemp could be made, including a small visit to the field where the third hemp growth test is planned in Firiteaz. If everything goes well with the hemp culture, at the end of the season, towards August, with the help of Leontina and possibly Sebastian, a demonstration of CanepaBeton could be done, possibly the construction of suspended gardens, ecological pots for plants, again depending a little of the harvest and the amount of dust. At this moment we are working to find someone to take over Katharina's plant garden for which we are currently responsible until 2021 in addition to the work of connection, organization of ideas, information and contacts, related to the smooth development of ideas and projects, to be able to have the availability of the movement wherever our help is needed, as volunteers or in any other way. Until 2021, our intention is to be available and to dedicate ourselves totally to these projects. This year we could also start contacting the various natural stores, bookstores, tea shops to see if they would be interested and what it would involve for them to collaborate with us on such topics and themes. We look forward to reconnecting when we return from France, to meet again when possible, and to receive your suggestions, comments and ideas regarding what I wrote above.