

## Full Moon of Aries on Wednesday, April 8, 2020 at 05:34:57 in Romania:

The main Keynote or phrase to consider for all Pisces Full Moons (each year): **“I come forth and from the plane of mind, I rule.”** Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

### A. Notes on this coming Full Moon of April/Aries:

1. **Watch for any impressions** that may come to you before the Full Moon that may relate to the Keynote, especially two days before the Full Moon, the day of the Full Moon and two days after the Full Moon. **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
2. **This is the first of twelve Full Moons of this Astrological year** and is the first of three 'Building Consciousness and Energy' full moons of this astrological year. The energy which is built during these first three 'Building' Full Moons at the beginning of the astrological year, which is also called the 'higher interlude', will later be distributed over these remaining nine Full Moons of the astrological year, which is also called the 'lower interlude'.
3. **This is a 'Super' Full Moon.** The term 'Supermoon,' coined by Richard Nolle in 1979, is a Full Moon which occurs when the Moon is at (or within 90%) of perigee, its closest approach to Earth, in it's yearly orbit. In short, Earth, Moon and Sun are all in a line, with Moon in its nearest approach to Earth. This also means that since the moon is closer it appears larger.

### B. Notes and Activities on or since the last Full Moon March/Pisces:

1. **SuryaAngel meditated at the time of the full moon with Safi.** Again, rather than go into more personal detail of our meditations at this time we have decided to be more personal and have made a review and update to our own personal Color Consultations and incorporated any personal impressions that we had about ourselves as group members during our meditations and are sending those out with this Full Moon Meditation Report as Attachments 1 and 2. This way everyone can see our updates as a start to this new Astrological year of group formation. If anyone has comments or questions or would like to discuss either their Color Consultation updates from last month or ours or would like to share their Color Consultations with the group please let us know.
2. **The 2 hectare of hemp** for cooperative research at BioFarmland (BFL). Plant samples from last year's crop are still at Favisan awaiting analysis. Ground is being prepared for planting in April.
3. **Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event possibly named 'SAMatate'** between Favisan, BFL/SolarCity (The Natural Way Assoc. - TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian's or other groups for the Cultural Capital celebrations in 2021. We are organizing information for possibly submitting an application or by possibly joining in the Asociatia Cries project this year in 2020 and for the main event in 2021. Discussions are continuing however the event is being postponed or possibly cancelled due to the pandemic.
4. **The 'Group Central Pillar Crystal'** and your personally reserved Monadic Manifestation Group crystals are available to group members to come and meditate.
5. **Poppy research at BioFarmland (BFL)** at Virginia's suggestion. An April 2020 planting is being planned.

### C. General Notes and considerations about the group, cycles, meditation and information flow:

1. **We are happy to get to know each other better**, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions.
2. **2020 begins a new seven year cycle.** The final major group 'impact' has been made prior to the next 100 year 'impulse' which happens during in 2025.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycles of full moons, solstices and equinoxes and Group Festival Weeks provide. The unique energies associated with each constellation, season and longer cycles are directed into the consciousness as trans-formative qualities that can lift and expand our hearts and minds.
4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.

5. **In all meditation it is of value for the student to remember** that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.
6. **Wisely utilising newly acquired energies keeps inflowing and outflowing channels open** and prevents Sycal (psychical), Astral (emotional), Mental (intellectual) congestions, which may otherwise be experienced, with their accompanying physical consequences.
7. **The following regular monthly cycle is for the group information flow:**
  - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
  - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
  - c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
  - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
  - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

### Attachment 1:

### Surya Color Consultation of February 2, 2015 Review, Update and Recommendations of February 2, 2020:

These comments concerning a Review, Update and Recommendations are based on the original Color Consultation and any personal contact, sensitivities or impressions since then over the course of this group formation year.

**Review:** The most recent states of awareness are linked to the union of the Divine and Personal or Somatic Will Consciousnesses ('S-U' - 1, Red = Red + Red) since age 60 that will stop progressing or crystallize around the year 2023 and around age 70 by being 'capped', 'over ridden', stopped, over powered, 'over shadowed', or even 'diluted', etc. by your Auric level intelligence or knowing (TL - 1, Yellow over Red = Orange) impressions, inspirations or even in relationship to a State of Being of Will can demonstrate as three forms or levels of love/wisdom, etc. of your soul and karma either assisting or taking over or, again, diluting further development. We are mainly considering this due to a misinterpretation of and/or unawareness of more advanced development at this point or due to this major seven life cycles of 10 years recapitalization completing. Since the ten year cycles are hypothesized into being divided into seven years of learning and three years of application, you are just entering on the final three years of application during the final seventh cycle of 10 years again as a completion or consummation of three and ultimately 70 years. Allow the Light of the Aura or Soul to have its place but know that the Will of God is, as do the other two Divine Aspects of Love and Intelligence, what evolves the Soul as the Soul evolves the Soma or Personality to the point that the Soma or Personality can and does cooperate and return in that evolutionary process of group formation.

**Update:** The consultation showed present consciousness ending at age 70 as described in the review and this still seems to be consistent with the present five years later at age 67 based on the contact, sensitivities and impressions that we have had and are detailed in the recommendations (See Attachment 1 Updated Color Consultation).

**Recommendations:** Similar to the recommendations on the Color Consultation are to learn more about more advanced stages of Spiritual development and Monadic group work and life on a larger and even planetary or 'extra-planetary' or universal scale.

As to personal contact, sensitivities or impressions to offer you honestly since the Color Consultation over the course of this group formation year, we hope that these will be received with an openness as to possibilities for your consideration or further communication and not as criticisms or judgments.

We have had the impression of a critical attitude which now is best to leave behind and 'not look back', similar to Angel's recommendation of now after understanding the 'good' egoic battle for 'the

right' and to leave the battlefield behind and below and again, 'don't look back'. This impression comes with the background that you were the person who originally suggested such activity in the form of a service group formation starting back in 2014 and have had impressions of this since earliest childhood. Although, we know that you are busy, as most in the group are, we have missed your building of a more outer and deeper inner forms of relationships. For us, these concerns in you that we sense may even be related to or linked to concerns that you have about yourself, your work and how that relates to other people, not only to ourselves but others in your life including those departed. This also is worked with around the concepts of the 'Supreme White Light of Christ', that the 'Mind Heals the Body, the Body Doesn't Heal the Mind', and 'Considering to Live Another 50 to 60 Years' and going with these consciousnesses beyond concerns. We are open to any of these type of discussions in order to help look for or suggest solutions in order help you with finding alternative considerations that would bring whatever you are seeking to achieve further. Some of these concerns that we are sensing can also be coming from your students about themselves and others in the occult work, the work that you are doing and it's effects on archetypal thought forms and then they could be affecting you even though they are not your own (superficially). We are willing to look at all of these and other possibilities with you.

We will state here, as an example, just one possibility for your consideration and leave it up to you whether you would like to discuss this further or other possible concerns, comments or questions that you may have or would like to make.

For example:

Continue rereading the books of AAB and continue drawing your own conclusions, methods and techniques based on how you see the various hypothesis in the books relating to yourself, relationships, the group and life.

The concerns about these items or in others that you are helping as students could all be drawing your Yellow soul intuitive insights based on karmic relationships, situations or events to the surface of your awareness that are again 'capping' your true Powerful, Willful, Directive Red Soul-Utions. However, these intuitive insights can also be used to bring more Love and Wisdom to the Monadic direction and directives in preparation for further conscious advancement after age 70. For us other recommendations in addition to the above would be for you to:

- A. Continue meditation with the new group Center Pillar Crystal and with what we consider a Mondic level group crystal, as mentioned in the Color Consultation and which we provide, (similarly to what we have done with six others of the nine potential group members), which might help give a possible different meditation experience for you.
- B. Consider continued breath-work sessions for you to possibly identify and/or resolve any other areas of your consciousness that might be drawing your attention more energetically to the past karmically or to an end which is limiting or 'capping' and keeping you from preparing for or receiving more advanced Monadic impulses.
- C. Consider that your more active outer participation in the group formation process with the other eight members in the group could also be mutually beneficial for you and them and help bring understanding, trust, energy, balance, etc. between 'leaders' (the true group work) and not just between leaders, such as, yourself and students, or help that you may draw from your inner sources of power, energy, understanding, etc.

We look forward to any and all types of replies you may want to offer us and send you our best wishes in your work and the continued building and expansion of our relationship and group formation into the new astrological year beginning with the Full Moon of Aries on April 8, 2020.

SAM 2013



CONSULTATION RECORD

Color as  
Science Alchemy Mystery

for the  
Soma Aura Monad

Name: SAM

Address: MWH

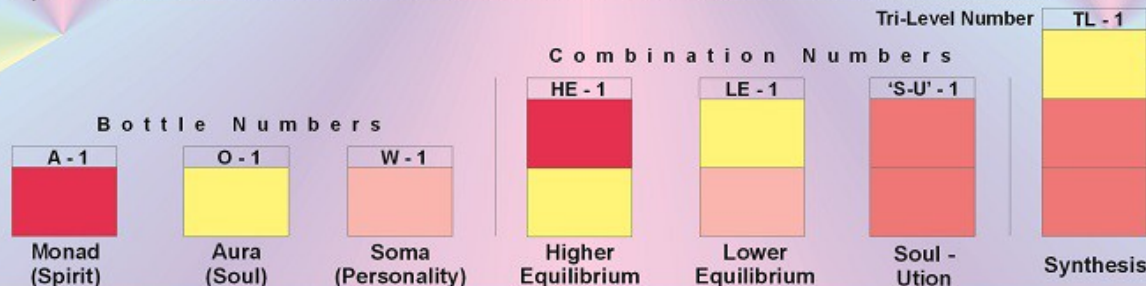
Date of Consultation: 2/2/15 Age 62

Telephone:

Date of Birth: 2/2/53

Age: 10 20 30 40 50 60 70

Age Separation:



**Initial Observations:** All number 1 colors.

**Themes of Consultation:** **A1** - Red -Monad Level-Will of God/Divine Will/Power.

**O1** - Yellow - Auric Soul level - Karmic Intelligence and Activity.

**W1** - Red - Soma level - Personality level of personal needs/passions.

**HE-1** - Red over Yellow - Higher Divine Will guiding karmic Intelligence/Activity forming orange of Divine Love/Wisdom.

**LE1** - Yellow over Red - Karmic Intelligence and Activity taking precedence over personal passions/places/people forming orange of Karmic Love/Wisdom.

**S-U1** - Red plus Red = Red - Soul-Ution through divine level Will applied to personal will.

**TL1** - Yellow over Red - allowing the spiritual Will/Power to infuse personal will/power to clarify karmic Intelligence and Activity. Going beyond the Wisdom of Solomon into the orange of new Monadic/Somatic Love/Wisdom.

**Notes:** Age line shows correlation to 10 year God cycles. Age 10 as death of paternal grandfather and also Christian confirmation; Age 20 as beginning of meditation; Age 30 as beginning of pranayama; Age 40 as beginning of SAM work (first SAMfumes, etc.), Expansion from Portugal; Age 50 as first monadic impulse, move to Harbin and up the West Coast to MWH; Age 60 as second monadic impulse, meet Angel and move to Romania; 70 end of present consciousness, Love/Wisdom of Synthesis. Ages 10 - 70 correlate to years 1963, 1973, 1983, 1993, 2003, 2013, and 2023 which also correlates to numerological 1 - 7!!!

**Recommendations:** **1.** Nirvana II<sup>1</sup>, Crystal work; energy/breath/body/dream work with Angel.

**2.** Submit SAM article to INEH Journal - being considered - rejected. **3.** Stay open to third triangle group member for the Yellow Man activity position - possibly Mircea; and other Esoteric group members, possibly Laura, Virginia, Katharina, Aurellion...

## Attachment 2:

### Angel Color Consultation of December 21, 2017 Review, Update and Recommendations of February 2, 2020:

These comments concerning a Review, Update and Recommendations are based on the original Color Consultation and any personal contact, sensitivities or impressions since then over the course of this group formation year.

**Review:** The most recent states of awareness are linked to an Intuitive Consciousness ('S-U' - 14, Indigo = Blue + Violet) since age 21 that will stop progressing or become crystallized by age of 36 - 38 by being 'capped', 'over ridden', stopped, over powered, or 'over shadowed', etc. by your Auric level Healing or attempts at Balancing or ordering life (TL - 98, Violet over Indigo = Indigo) of your soul and karma taking over further conscious development, evolution or initiation. These are mainly being considered due to a misinterpretation of and/or unawareness of the soul cycles from age 35 to 42 being in fact group 'orientated' and an unawareness of the Monadic impulses that build up and increase in a person's life from age 42 to age 54 when they first make their impact at age 54 into the life as truly group in 'nature'. However, these can also be due to a holding onto past intuitive accomplishments since age 21 and karmic and intuitive helpful states of awareness at even earlier ages of 16 and 12 years old. If these highest 'true' 'Soul-Ution' (Monadically Illumined) intuitions can be reached and maintained then they will evolve your own and humanity's 7<sup>th</sup> Ray soul healing through the Violet Flame that is occurring and help the karmic (mostly astral desire nature) balancing and ordering of life and you will be released for greater understanding, responsibility and work between age 36 – 38.

**Update:** The consultation showed present consciousness ending at age 36 - 38 as described in the review and this still seems to be consistent with the present two years later at age 34 based on the almost constant, deep, essential, important and intimate contact, sensitivities and impressions that we have had and are detailed in the recommendations (See Attachment 1 Updated Color Consultation).

**Recommendations:** Similar to the recommendations on the Color Consultation are to learn more about the 7 years of the Soul Cycle from age 35 to 42 and to understand the way that the Auric or karmic relationships, situations and events in general and in your case soul healing or balancing specifically can 'cap' the higher and truer intuitive 'Soul-Ution' state of being of the united Monad and Soma.

As to personal contact, sensitivities or impressions to offer you honestly since the Color Consultation over the course of this group formation year, there is a hope that these will be received with an openness as to possibilities for your consideration or further communication and not as criticisms or judgments.

There is still the impression of a denial, resistance or attachment to the past in order to not communicate or relate your true highest intuitions and bring them into active service in your life, home and environment in the present due to your own personality benefits (so called benefits or illusory benefits). This impression comes with the background that you were the person who agreed to spiritual, group and progressive activity in life and in a relationship, family, and group work. Although, you are very busy, as most in the group are, your commitment to building of a more inner and outer relationship with yourself, family and group is still what is directed as not fully present or being attempted to succeed (succeeding to fail verses failing to succeed). These concerns in you that are sensed may even be related to or linked to concerns that you have about yourself, your work and how that relates to other people in your life, such as, relatives as we are considering. The suggestion is to go forward now with the new life of spirit and not to look back; "don't look back". That is the life, in many ways, of many people in or approaching their 35 - 42

years age Soul Cycle and we all understand it in our own way and make certain decisions about it. These decisions can and do then affect how, why or with what intentions, motivations and inspirations we continue our life and work in the present and future just as earlier decisions have in the past and early life.

As an example, just one possibility for your consideration, and then leave it up to you whether you would like to discuss this further or other possible concerns, comments or questions that you may have or would like to make.

For example:

Reread the book, Education In The New Age, and start drawing your own conclusions, methods and techniques based on how you see the various hypothesis in the book relating to yourself, Safi and life.

The concerns and your own so called personality benefits about these items could all be drawing your Violet soul healing based on karmic relationships, situations or events to the surface of your awareness that are again 'capping' your true Indigo Soul-Utions or blending with them in ways that makes you unable to differentiate between their combined Indigo (TL – 98) and the 'Soul-Ution' Indigo ('S-U' - 14). This is a 'double impact' for you since Violet is the soul, for lack of a better word, 'healing' color (dark night of the Soul) and you are approaching age 35 which is from 35 – 42 the soul healing or main soul experiential cycle of life. Other recommendations in addition to the above would be for you to:

A. Continue meditating with the new group Center Pillar Crystal and with your Mondic level group crystal at the time of the Full Moons, in addition to work with your specific 5 sided soul level crystal, the 14 sided soul level smokey crystal, the 'Super 7' violet flame crystal, 88 sided 'lumniscate' crystal, Himalayan Nirvana quartz crystals or other stones or crystals available and as mentioned in the Color Consultation and which are provided, (similarly to what we are doing with six others of the nine potential group members), which might help continue giving a possible different meditation experience for you.

B. Consider, after due discussion, continued breath-work sessions for you to possibly identify and/or resolve any other areas of your consciousness that might be drawing your attention more energetically to the past karmically or to an end which is limiting or 'capping' and keeping you from preparing for the higher Monadic impulses.

C. Consider that your more active outer participation in the group formation process with others in the group, such as, Surya and Mircea could also be mutually beneficial for you and them and help bring understanding, trust, energy, balance, etc. between 'leaders' (the true group work) and not just between leaders, such as, yourself and students, or help that you may draw from your inner sources of power, energy, understanding, etc.

We look forward to any and all types of replies you may want to offer us and send you our best wishes in your work and the continued building and expansion of our relationship and group formation into the new astrological year beginning with the Full Moon of Aries on April 8, 2020.

SAM 2013



CONSULTATION RECORD

Color as  
Science Alchemy Mystery

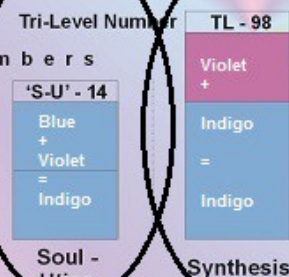
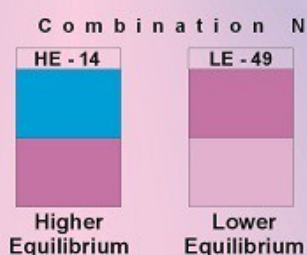
for the  
Soma Aura Monad

Name: Angel Marrese  
Telephone:

Address: Caragea  
Updated 2.2.2020

Date of Consultation: 12/21/17  
Date of Birth: 12/21/85 (age 32)

Age: 2 9 7 12 16 21 36/38  
Age Separation: 2



**Initial Observations:** Per Angel sees A2 w/small dark spot almost in the middle creating a depth/sinking feeling into the search for Truth; O7 as a calling sense the Red is calling from inside it; W7 as gentle/soothing/soft slowing me down in a good way. SAM Higher/Soul-Ution/Synthesis 'Intuitions'.

**Themes of Consultation:** A2 - Blue-Monad-Christ like education of meaningful Truth/Wisdom/Love.

O7 - Violet - Auric Soul level - Balancing/Healing/Ceremonial Order/Priestesshood.

W7 - Violet - Soma level - Peace. Soma of Balancing/Healing/Ceremonial Order/Priestesshood.

HE-14 - Blue over Violet - Empowering. Highest Truth over-lighting Auric Order or Healing etc.

LE49 - Violet over Violet - Powerful. Auric Power over Somatic Calming and Peace.

S-U14 - Blue plus Violet = Indigo - Soul-Ution, Looks like Gray/unknown, Blue pixels separating from the rest, moving/energetic.

TL98 - Violet over Indigo - Devine Intuition. Can see the Red in both combinations. Indigo card a little larger, Karma would like to hide or cap the Soul-Ution but can't - it goes all the way up to Spirit.

**Notes:** Significant ages connected to color cycles. 1. Before age 7 shows a little speeding up & then a step back. Age 9 death of C's father and seeing C lost but main memory now was of C's mother and emotion of her not getting to her husband to help him. School & compared to Ana. 2. Age 12 - fun times with Tania, Anda, Oana but also setting up friendship 'patterns'. 3. Age 15/16 memory of seeing 911 on TV & going down on knees in sadness for what was happening & having Ana & others ridicule; various decisions to fit into high school and keen insights into her difference to other 'Bangotta' (newly rich kids) 4. Age 21 (Soul-Ution) Intuition/Will functioning & studying in S. Korea; experiences in Buddhist temple & in churches; Ex of Truth being appreciated & frivolity not & getting angry about it. 5. Age 36 end of current consciousness & first 7 yrs w/Surya & begin karmic cycle.

**Recommendations:** 1. Pujas w/Vishnu. 2. Crystals with SAM on Full Moons. 3. Breath-work sessions on her own. 4. Practice 'Triangular' ways of communicating the SAM teachings, information and experiences. 5. Practice and understanding of Reverence vs servitude. 6. Bring more 'Nourishment'/SAMbrosia/SAMarit into life.