

1. Second Full Moon of Aries on Friday, April 19, 2019 at 14:12:

- a. The main Keynote or phrase to consider for all Aries Full Moons (each year): **“I come forth and from the plane of mind, I rule.”**
- b. Consider the Keynote as close to the Full Moon as possible and what it might mean as a Group.

A. Notes on this coming Full Moon of April/Aries:

1. **Watch for any impressions** that may come to you before the Full Moon that may relate to the Keynote (especially the two days before the Full Moon, the day of the Full Moon and the two days after the Full Moon).
2. **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
3. **Since this is the second Full Moon of the Astrological year with the moon still in the astrological sign of Aries it is a continuation of last month's Full Moon energy, uses the same Keynote and is commonly referred to as a Blue Moon.** Having two Full Moons in a row in the same astrological sun sign happens only once every two to three years or seven times in the Metonic cycle of 19 years. The common name for this occurrence is 'Blue Moon'. That is the reason for using the expression, "Once in a Blue Moon" to refer to events that do not happen often. The energy for the new astrological year will continue building, during the following two Full Moons of Taurus, and Gemini (in May and June). The energy which is built during the three 'Building' Full Moons at the beginning of the astrological year is then distributed over the remaining following Full Moons of the astrological year.

B. Notes on or since the last Full Moon March/Aries:

1. **Surya and Angel, had stronger impressions during the Equinox meditation and then mainly unconscious impressions during the Full Moon meditation.**

One of the themes in Angel's Equinox meditation was about living a larger life and relating to the 'brain' or consciousness of the earth and being in rhythm and harmony with it, such as, through the Equinoxes, Solstices and Full Moons that we are meditating during.

Surya's Equinox meditation focused on the relationship of the building up and impulse of energies present in the earth's solar 'mid-point' between the Solstices and the building up and impulse of energies present in the astrological lunar 'beginning' of the year.

2. **We met with Leontina and Katharina and Christian, her brother, about continuing some hemp research at BioFarmland (BFL) this year.** Last year, 2018, BFL made a test plot of nine acres of hemp on their own which was unsuccessful. It failed for several reasons including the seed variety. The crop was plowed back into the soil because the plants were too small and didn't have a profitable quantity of seeds to justify harvesting which was their main goal since they are mainly seed/grain producers. This year with cooperation from Leontina for seed and site selection and planting instructions we will be planting another two acre research plot this month in April, 2019. In addition to seed production we will be looking at hemp oil and other production possibilities from the crop. If anyone is interested or wants to participate let us know and we can give our specific dates for planting, etc.
4. **Surya, Angel and Leontina are also persuading meetings with the Timisoara mayor's office about the Cultural Capital celebrations in 2021.** Angel and I have started talking with Leontina about this and are presently trying to set-up a meeting with a representative from the Timisoara's mayor's office about within the coming weeks since the European committee is basically closed to any new additions to their 2021 schedule already. If anyone else is interested in joining the meeting please let us know.
5. **Since this past Full Moon meditation Surya has had an impression to go ahead with an impression that he has had since 2012 of what we are now calling a 'Group Central Pillar Crystal'. This crystal, which is from Russian quartz, we believe would link the group geographically and geopolitically to Romania and this region.** We have gone ahead with making plans for the possibility of acquiring such a crystal. We are letting you know that this crystal could now start having an effect on the consciousness and meditations of the individuals in the group. A photo of the beginning process of preparing the crystal for our group work is included with this Full Moon correspondence at the bottom as: Attachment 1. Group Central Pillar Crystal. The timing would be to

have the crystal ready so that it would be available for the festival meditation celebrations at the end of this year from December 21-28, 2019. The crystal is approximately 35 cm high.

If anyone is interested in more information about this crystal, how it might effect or enhance the group, how it can be worked with more consciously, or in supporting the arrival of this crystal by the end of the year please let us know.

C. General Notes:

1. **We are happy to continue to get to know each other better**, to talk more about these meditations, or other ways that we may cooperate either personally, or as associations or organizations. Please let us know if you would like any other personal or group meetings or have any other comments or questions as we move into this group formation year.
2. **We are ending a seven year cycle this year** and therefore are also entering into the start of a Festival year (Festival celebrated from December 21 – 28, 2019) which will be the start of a new seven year cycle and are looking forward to what this will bring to us and the group at the end of this year.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycle of full moons provide. The unique energies associated with each constellation are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.
4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
5. **The following is the regular monthly cycle and schedule for the group information flow:**
 - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
 - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
 - c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
 - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
 - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.



**Attachment 1. Group Central Pillar Crystal
(Beginning Work)**