

**Full Moon of Aries, first Full Moon of this Astrological Year, on Sunday, April 13, 2025, at 02:24:14 in Romania:**

The main Keynote or phrase to consider for all Aries Full Moons (each year): **“I come forth and from the plane of mind, I rule.”** The Aries Full Moon Keynote of Light each year is: **“The Light of Life Itself.”** (Hint 1: **“This is the dim point of light found at the center of the cycle of manifestation, faint and flickering.** Hint 2: **“It is the "searchlight of the Logos, seeking that which can be used" for divine expression.)”** Consider the Keynotes at, or as close to, the time of the Full Moon as possible and what it might mean as a Group. Each of the constellations also have at least one, but also as many as five, Ray determining energies by which they rule and of which they rule. **The main Ray energy of Aries is Ray 7.** So, Aries is considered to have a main energy of Ceremonial Order or what is considered as Magic especially as applied to Politics. Many times the Ceremonies of Politics are confused, distorted, perverted into various forms of ritualism unrelated to religion which in its true form is a link to the Divine or God. It is a recommendation to consider the Aries Keynotes as Ray 7 Keynotes. This is a direct correspondence to the information of our Color Consultations and the way this same Ray determining affects us individually and in our relationship to our group. So, our Color Consultation information can be reviewed and related to each of the Full Moon determining energies to determine the possible effects and opportunities each Full Moon offers each of us personally and in relationship with the group. This was explained and expanded upon from Esoteric Astrology (EA) in general in Addendum 1 from the past Aries Full Moon report (from April 2021) – please let us know if you would like that resent to you or it can be downloaded from the website at the bottom of the page at: [www.sam2013.org/group\\_consciousness.html](http://www.sam2013.org/group_consciousness.html)).

The Key to the Ray 7 Method is: **"Let the builders cease their work. The Temple is completed. Let the Soul enter into its heritage and from the Holy Place command all work to end. Then in the silence subsequent let him chant forth the word: `The creative work is over. I, the Creator, Am. Naught else remains but Me."**

This year we are adding information and specific examples of how each Ray can and does effect the different parts of our being and our roles in a Monadic Manifestation Group as Addendum 1 below. We will be taking one example of a different individual's ray structures per month from the books, “Discipleship in the new age I & II” by Alice a. Bailey. Then we will add the corresponding colors and interpretations from a SAM2013 Synthesis color consultation/interpretation to the example. This will hopefully help each person see possible ways in which their color readings and hypothetically interpreted Rays may be affecting themselves and their relationships in groups. This will also hopefully help prepare for our work with the new set of Synthesis (Higher SAM Soma Aura Monad) color products being developed by Virginia at Favisan for us. And finally for now this will also hopefully help prepare for our work with the future 'Mergration' (Lower SAM Sycal Astral Mental) color products. Then there will be a complete set of SAM2013 Synthesis And Mergration color products which help show how the 'Mergration' of the Sycal Astral Mental bodies/vehicles/consciousnesses into the Soma or Personality then Synthesises with the Aura and Monad. Or in reverse the SAM2013 Synthesis And Mergration products would help show how the Synthesis of the Soma Aura Monad bodies/vehicles/consciousnesses then 'precipitates into', determines, influences, governs, or even differentiates, splits or divides into the Mental Astral Sycal bodies/vehicles/consciousnesses from the Soma. From the simple and colorful basis of SAM2013 Synthesis And Mergration color system our internal and external relationships and interactions in life can be viewed, analyzed, discussed, patterns seen, 'paths of least resistance', rhythms and cycles identified and defined, and much more in the realm of conscious understanding and communication. More can be found at our website at: <https://www.sam2013.org/colorschooll.html>.

Aries is the first sign of the new Astrological year and the first of the three building energy and consciousness Full Moons of the year. It helps bring a new and 'birthing' energy to the higher building cycle for the astrological year of Aries, Taurus, and Gemini (April, May, and June) which is also called the Higher Interlude. Then the following nine full moons of the year help to ground or anchor these higher interlude energies and consciousness and are considered the Lower Interlude. Addendum 3 from a previous Aries Full Moon report (from April 2023) is some additional information on the full moons and possible meditation forms (please let us know if you need that resent to you or it can be downloaded from the website at the bottom of the page at: [www.sam2013.org/group\\_consciousness.html](http://www.sam2013.org/group_consciousness.html)).

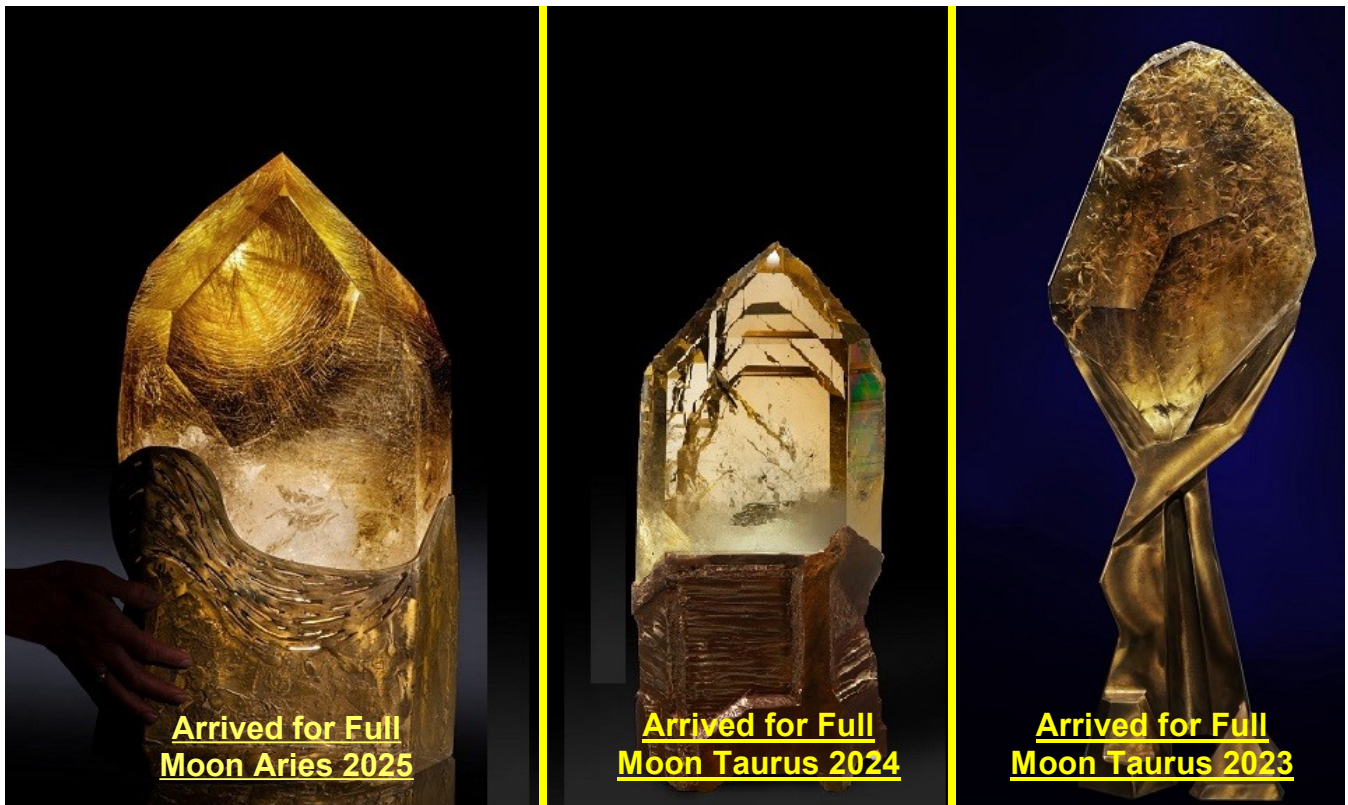
Please continue to keep in mind, from the Gemini Full Moon Report (May 2024), Addendum 2 which was two papers titled, "Vision Paper: Unfolding Work for 2024-2026" by 2025 Initiative ([www.2025initiative.org](http://www.2025initiative.org)) and "More details about this proposed experiment and our groups' ideas about the unfolding opportunities of the period of 2024-2026". The addendum started with a note from us as an introduction about the papers and can also be found on the website at the bottom of the page at: [www.sam2013.org/group\\_consciousness.html](http://www.sam2013.org/group_consciousness.html).

#### **A. Notes on this coming Full Moon of April/Aries:**

- 1. Watch for any impressions** that may come to you before the Full Moon that may relate to the Ray 7 Keynotes and your specific Rays (from your Color Consultations), especially two days before the Full Moon, the day of the Full Moon and two days after the Full Moon. **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
- 2. This is the first of twelve different Full Moons of this Astrological year** and is the first of the three different full moons for building of 'Consciousness and Energy' full moons of this astrological year. The energy which is built and gathered during these first three 'Building' Full Moons at the beginning of the astrological year, which is also called the 'higher interlude', will then be distributed over the last nine different Full Moons during the end of the astrological year, which is also called the 'lower interlude'.
- 3. Previous addendum 1 from the Full Moon report of Aries (April 2021) gives reference into more insight and inspiration for how to** view some of the expanded awareness of these monthly and yearly Full Moon cycles as we enter into the seventh Astrological Year of this group formation and the group's functioning.
- 4. Addendum 1 below relates to** information and specific examples of how each Ray can and does effect the different parts of our being and our roles in a Monadic Manifestation Group.
- 5. The 2025-6 astrological year Annual Keynote is,** "LET THE GROUP EXPRESS THE QUALITY OF THE HIDDEN VISION:" Hint: "The hidden vision is not "man's vision of God" but "God's own vision of His purpose."

#### **B. Notes and Activities on or since the last Full Moon March/Pisces:**

- 1. SuonAngelMiriam meditated at the time of the full moon and new moon together with Safi (when she wanted). We had what we consider** very good meditations for the completing of the grounding of consciousness cycle of the astrological year. We are still having more experiences during the toning, chanting and vocalizing parts of the meditations and with the group esoteric crystals and now some of the new hand held crystals this year.
- 2. The Three Group Central Pillar Crystals,** the Esoteric (numerologist 8) and Occult (numerological 9) crystal sub-sets are finalized for the 2025 impulse. Please let us know if you would like to explore any of these crystals or have any other input (see photo in previous FM report of Gemini of June 2022). **The three natural triple pointed crystal clusters** are always available for any group members who would like to meditate with them as another way to tune into group consciousness (see previous photo from March 2022 Pisces report). **All three new 'Circumcentral' crystals have arrived. All three are now** here for the Summer Solstice of 2025 and for this Hierarchical Group Impulse year of 2025 (see photo below or <http://www.sam2013.org/crystals.html> on our website for more information).



3. **Two hand held faceted crystals have arrived. A. One, which is a combination of a Phase I and Phase II crystal** which has 'Blue Needles' which have an esoteric quality to transcend time and is a more personal healing crystal for Suon for present, past and future health issues and B. One, which has a triangular bottom and also is a combination of a Phase I and Phase II crystal and which is available to anyone who wants to consider having such a crystal (see photos in previous group reports of Sagittarius and Capricorn 2025).
4. **Three hand held crystals have arrived to assist with the 2025** impulse year consciousness and energies. If anyone is interested in knowing more about these crystals please let us know (see photo in previous group report of Aquarius 2025).
5. **Another three hand held crystals have arrived to assist with the 2025** impulse year consciousness and energies. If anyone is interested in knowing more about these crystals please let us know (see photo in previous group report of Pisces 2025).
6. **Poppy research at BioFarmland** (BFL) at Virginia's suggestion. See previous reports. A small number of the poppies have come out last year (May 2024) and their seeds have been encouraged to spread more this year in 2025.
7. **Revised and renewed Hemp Museum suggestion** presented to Zoli, Virginia, and Leontina as a possible group project. There was similar input about local, village or household museums from the "Socio-Economico-Cultural Rebirth of the Romanian Village" conference in previous reports. Latest brief meeting was in Timisoara spring 2024 to talk more informally about these topics.
8. **Based on Leontina's previous intentions to establish an educational location near her home further discussions are going on about** a location, financing, possible links to other hemp projects and people. See previous reports. Leontina has decided to stop for the moment Sopronul Cultural and the building of the dome until the environment becomes more friendly to her projects. See previous update concerning Pamantul Stramosesc in the FM 2023 Sagittarius Report from November 2023.
9. **SuonAngelMiriam are continuing our interaction with Katharina documenting** how to manage and implement new and better ways of herb growing, drying, processing, soil regeneration, distilling, etc.
10. **SuonAngelMiriam are interacting with Virginia on her Bio-Resonance and Herbal and Aromatherapy courses, consultations** and treatments along with the consideration of the SAM2013 Synthesis Tri-Level Color Set as liquids. See previous reports. The first production of Virginia's Favisan samples of the SAM2013 Synthesis Tri-Level Color System have been made and are being tested for many characteristics. **The set tested well enough to use for color consultations.**

11. **SuonAngelMiriam are working with Remus and others on updating and expanding** one of his personal spirituality courses on Self Esteem as an Esoteric Group project. Anyone interested in knowing more or helping in this group project please let us know. Latest update was in October 2023.
12. **SuonAngelMiriam are working with Aurellian on how some of the concepts of his book and course** on “The Numerology of the Soul” might relate and correspond to the SAM2013 Synthesis Tri-Level Color System numerology. Both Aurellian and Suon have had direct contact with Yogi Bahjan who taught the numerology of the soul concepts.
13. **SuonAngelMiriam are working with Mircea on ways of distributing SAMfume** and other products and working more closely together on the other projects listed above. Recent meetings held in September Singfest and at the Singureni Christmas Fair 2022 and then in June 2023 also. The last meeting in Bucharest in March, 2024 for a brief update. Phone meetings are on-going.

#### **C. Previous Activities Archive:**

1. **Hemp for cooperative research at BioFarmland (BFL) on hold after 3 years of testing.**
2. **2023 Timisoara Cultural Capital office cooperative event named ‘SAMatate’.** See FM Sagittarius 2023 for final update on this report.
3. **SuonAngelMiriam have met personally with Georghe Piperea and joined his class** action law suit against the constitutionality of mandates. Suit was lost, see previous report details.
4. **We participated in Remus’ course about Stress Management** held through ANATECOR which is related to Virginia’s fitotherapy course. We also attended the prayer zoom meeting he and ANATECOR organized for the professor Mircea Stefea who passed in 2023.

#### **D. General Notes and considerations about the group, cycles, meditation and information flow:**

1. **We are happy to get to know each other better**, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions.
2. **2025 continues the new seven year cycle started in 2020.** The final major group ‘impact’ has been made in 2019 prior to the next 100 year ‘impulse’ which happens this year 2025.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycles of full moons, solstices and equinoxes, Group Festival Weeks and Centennial Impulse years provide. The unique energies associated with each constellation, season and longer cycles are directed into the consciousness as trans-formative qualities that can lift and expand our hearts and minds.
4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
5. **In all meditation it is of value for the student to remember that**, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.
6. **Wisely utilizing newly acquired energies keeps in flowing and out flowing channels open** and prevents Sycal (psychical), Astral (emotional), Mental (intellectual) congestion, which may otherwise be experienced, with their accompanying physical consequences.
7. **The following regular monthly cycle is for the group information flow:**
  - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
  - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
  - c. Second week after Full Moon for ‘Anchoring’ or ‘Grounding’ impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
  - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
  - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

## Addendum 1:

These planned next 12 monthly addendum (during this 2025 Astrological year) and this once in 100 year, 'year of higher impulse' will be written and designed to help each person understand and apply their Ray qualities, in their Color Consultations, to the opportunities available at the time of the Full and New Moons for gaining more conscious understanding and then applying that conscious understanding in their daily lives. Hopefully you will enjoy them independent of what changes in consciousness or life they may bring as long as what comes is 'higher and forward' – SAM.

### Forward notes by SAM restated from the above Report:

This year we are adding information and specific examples of how each Ray can and does effect the different parts of our being and our roles in a Monadic Manifestation Group as Addendum 1 below. We will be taking one example of a different individual's ray structures per month from the books, "Discipleship in the new age I & II" by Alice a. Bailey. Then we will add the corresponding colors and interpretations from a SAM2013 Synthesis color consultation/interpretation to the example. This will hopefully help each person see possible ways in which their color readings and hypothetically interpreted Rays may be affecting themselves and their relationships in groups. This will also hopefully help prepare for our work with the new set of Synthesis (Higher SAM Soma Aura Monad) color products being developed by Virginia at Favisan for us. And finally for now this will also hopefully help prepare for our work with the future 'Mergration' (Lower SAM Sycal Astral Mental) color products. Then there will be a complete set of SAM2013 Synthesis And Mergration color products which help show how the 'Mergration' of the Sycal Astral Mental bodies/vehicles/consciousnesses into the Soma or Personality then Synthesises with the Aura and Monad. Or in reverse the SAM2013 Synthesis And Mergration products would help show how the Synthesis of the Soma Aura Monad bodies/vehicles/consciousnesses then 'precipitates into', determines, influences, governs, or even differentiates, splits or divides into the Mental Astral Sycal bodies/vehicles/consciousnesses from the Soma. From the simple and colorful basis of SAM2013 Synthesis And Mergration color system our internal and external relationships and interactions in life can be viewed, analyzed, discussed, patterns seen, 'paths of least resistance', rhythms and cycles identified and defined, and much more in the realm of conscious understanding and communication. More can be found at our website at: <https://www.sam2013.org/colorschoo.html>.

**Examples of a different individual's Ray structures from the books, "Discipleship in the new age I & II" by Alice A. Bailey - AAB.** This will hopefully help each person see possible ways in which their color readings and hypothetically interpreted Rays may be affecting themselves and their relationships in groups (Free online at: [https://www.lucistrust.org/online\\_books/discipleship\\_in\\_the\\_new\\_age\\_vol\\_i\\_oobooks](https://www.lucistrust.org/online_books/discipleship_in_the_new_age_vol_i_oobooks))

### Forward Notes by AAB:

These books are in many ways unique. Nothing like them have before been published, as far as I know.

...the old rules to which disciples have been subjected down the centuries still hold good, but are susceptible of fresh and often different interpretations. The training to be given during the coming New Age will be fitted to their more advanced development. The evolutionary progress - from century to century - presents a steadily ripening and developing human mind.... The standard of discipleship is consequently as steadily rising. This, in itself, demands a new approach, a wider presentation of truth and the permitting of a greater freedom of action upon the part of the disciple.

Today, in our speedier times and when the demand of humanity for help is so outstanding, the hint has given place to explanation and the disciple is trusted with information, hitherto withheld. He is regarded as having reached a stage in his unfoldment at which he can make his own decisions and proceed with rapidity, if he so chooses.

Much in this book is new. Much is very old, tried and proved. None of the people ... are saints or perfect. All are, however, true aspirants and will go on to the very end in spite of pain and sorrow, discipline, success, failure, joy and a spiritual recognition of almost unattainable goals. Some have been on this Path ... for many lives. Some are venturing for the first time - consciously and with deliberate effort - to tread the Way to God. All are mystics, learning to be occultists. All are normal people, living useful, modern lives in many different countries in the world. Some are orthodox Protestant Christians by profession; others are Roman

Catholics; still others are Christian Scientists or belong to one or other of the more mental cults; some are quite unattached and free from affiliations. None of them regards his particular brand of faith or his particular religious background as essential to salvation; he knows that the only essential is belief in the spiritual realities and in the essential divinity of mankind. This belief necessarily involves a heart full of love, a mind open and illumined by right orientation to truth and a life dedicated to service and to the alleviation of human sufferings. This is the determined goal of all whose instructions are found in this book - a goal which they have not yet attained and a mode of life which they have not yet perfected. They are, nevertheless, unalterably upon their way and that way is the WAY. Christ said "I am the Way, the Truth and the Life"; these aspirants, working under a great Disciple of the Christ, are beginning to grasp some of the significance and implications of that statement which holds true for all time and for all disciples, because "as He is, so are we in this world."

Each person's instructions are given in their ordered sequence, year by year, so that a real picture of the person concerned, of his problems and his achievement or lack of achievement, emerges clearly. This book is encouraging in that it offsets the idea that to be a pledged disciple one is, therefore, set apart by perfection of character and isolated by the aspiration which inspires the life. These are people with problems, struggling to solve them; with character limitations which they are endeavoring to overcome; they are true instances of any man or woman who turns his back upon the usual approach to the world of material affairs and takes up his cross in order to find his way back to the Father's home; they picture for us the man who, having "put his hand to the lough," turns not back but presses forward "towards the prize of his high calling in Christ."

**One other reason might be mentioned here as indicative of the value of this book. In every case, the disciple is told what are the types of energy to which he most easily responds and upon which ray or divine emanation he finds himself. He, therefore, becomes aware of what constitutes his line of least resistance and where the major point of his life conflict is to be found.**

**We are taught in the esoteric philosophy that seven great divine Emanations, Aeons or Spirits (in Whom we live and move and have our being) came forth from God at the time of the Creation. The same teaching can also be traced in the Holy Bible. Upon one or other of these seven Rays, the souls of all forms of life are to be found as well as the forms themselves. These seven rays produce the seven major psychological types.**

These seven rays or emanations are:

1. The first Ray of Will or Power. Many great world rulers are found on this ray, such as Julius Caesar.
2. The second Ray of Love-Wisdom. The Christ and the Buddha are to be found on this ray. It is the great teaching ray.
3. The third Ray of Active Intelligence. The mass of intelligent humanity are found on this ray.
4. The fourth Ray of Harmony through Conflict. Aspirants. Struggling, well-meaning people. Workers for unity emerge along this line.
5. The fifth Ray of Concrete Knowledge or Science. Scientists and people who are purely mental and governed only by the mind.
6. The sixth Ray of Devotion or Idealism. Many Christian people. Fanatics. Numbers of earnest Churchmen of all the world religions.
7. The seventh Ray of Ceremonial Order or Magic. Masons. Financiers. Great businessmen and organizers of all kinds. Executives are found with these energies in their equipment.

However, only when a man is highly developed and nearing the Path of Discipleship is it possible for the esoteric student accurately to surmise what his ray may be. People of all kinds and professions are found on all the rays. **The conflict in a disciple's life is found to lie in the fact that the ray of his soul and the ray of his integrated personality are posed against each other. At the same time, his emotional**

**nature, his mental equipment and his physical brain are also controlled by some one or other of the rays and in this five-fold relationship lies hid much of the problem of the evolving human being.**

...the members of ...this group are told which five rays condition them and students will learn much by a study of ... of this. In the cases where I (AAB) happen to know the disciple concerned personally and something of his problems, it was amazingly interesting to me to note how infallibly right the ... diagnosis of the rays involved were. In reading these instructions will you please remember that ... in this writing the soul, and the word "ego" are used interchangeably, meaning thereby the spiritual ego and not the personal ego of the psychologists.

**Introductory Notes by AAB started now in Aries to be continued in Taurus:**

It is of importance that you realize that today something new is happening. There is the emergence of a new kingdom in nature, the fifth kingdom; this is the Kingdom of God on earth or the kingdom of souls. It is precipitating on earth and will be composed of those who are becoming group-conscious and who can work in group formation. This will be possible, because these people will have achieved a self-initiated perfection (even if relative in nature) and will be identified with certain group expansions of consciousness. It will also be because they have arrived at love of their fellowmen, just as they have loved themselves in the past. Think on this with clarity, my brothers, and grasp, if you can, the full significance of this last sentence.

... Let it be constantly remembered that the new discipleship is primarily an experiment in group work and that its main objective is not the perfecting of the individual disciple in the group. This statement is basic and essential.

... It is essential that all disciples ,, should be contemplatives, but contemplatives in the occult sense and not the mystical. In any meditation work which you are doing or may in the future do, your aim should be to achieve as rapidly as possible the highest point in the meditation process, passing quickly through the stages of concentration, alignment and meditation to contemplation. Having achieved that high point, you should strive to preserve it and should learn thus to function as a soul in its own world, contemplating the world of energies in which all initiates work and in which you each must some day - in this life or another - take your place. This status (if I may call it by such a name) must be carefully striven for, accurately observed when in any way attained, and an exact record of impressions kept. You should, therefore, constitute a group of active contemplatives, and the result will be facilitated if you will ponder upon and struggle for the first condition of your group existence - group unity.

**... This group unity which will have its roots in united group meditation or in the contemplative life (wherein the soul knows itself to be one with all souls) must work out in some form of group activity. This should demonstrate at once in the group itself and later on - when the unification is more complete - in the world at large.**

**PERSONAL INSTRUCTIONS 1 - B. S. D:**

**Higher SAM Synthesis  
(Soma Aura Monad):**

**Vehicle/Body/Level/etc.**

**Ray**

**Synthesis color**

Monad (Spirit):

Not Given NG

Yellow – Hypothetical

Aura (Soul or 'Spiritual Ego'):

3<sup>rd</sup>

Red

Soma (Personality):

6<sup>th</sup>

Indigo

**Synthesis Relationships:**

Monad to Aura (Higher Equilibrium)

NG/3<sup>rd</sup>

Yellow/Red = Orange

Aura to Soma (Lower Equilibrium)

3<sup>rd</sup>/6<sup>th</sup>

Red/Indigo = Violet

Monad with Soma (Soul-Ution)

NG + 6<sup>th</sup>

Yellow + Indigo = Yellow Brown

Aura to Soul-Ution (Synthesis)

3<sup>rd</sup>/(NG + 6<sup>th</sup>)

Red/Yellow Brown = Orange Brown

## Lower SAM Mergration (Sycal Astral Mental):

<u>Vehicle/Body/Level/etc.</u>	<u>Ray</u>	<u>Mergration color</u>
Mental	5 <sup>th</sup>	Blue
Astral	6 <sup>th</sup>	Indigo
Sycal (Physical)	3 <sup>rd</sup>	Yellow

### Mergration Relationships:

Mental to Astral (Higher Balance)	5 <sup>th</sup> /6 <sup>th</sup>	Blue/Indigo = Indigo
Astral to Sycal (Lower Balance)	6 <sup>th</sup> /3 <sup>rd</sup>	Indigo/Yellow = Yellow Brown
Mental with Sycal (Soma-Ution)	5 <sup>th</sup> + 3 <sup>rd</sup>	Blue + Yellow = Green
Astral to Soma-Ution (Mergration)	6 <sup>th</sup> /(5 <sup>th</sup> + 3 <sup>rd</sup> )	Indigo/Green = Blue Brown

November 1931

... The time equation has counted mayhap too largely in your thoughts and in the work of the present moment must the future possible developments be forgotten. For you should come the forgetting of the form side in meditation, for your intuition needs awakening. Working without attachment to results is a hard lesson for all disciples to learn but one well worth while. Instructions for you may cause you temporary surprise but later you will see the reason. They are as follows:

First, drop all form out of your meditation work and sit in perfect silence with your attention focused upon the Lord of Love - which is the soul. Steady your thought processes (which for you is not hard) and then drop the use of the seed thought. Listen and aspire. Close each meditation by pouring out love to all beings. This outflowing thought is a great releaser and each of you in the group of disciples whom I am seeking to train needs release from something. For you, it is release from form in your work of service. You will know to what I am referring.

Secondly ... cease from all breathing exercises. You have followed them for years and need a respite. Nature grows and progresses through cyclic activity and cyclic rest, and, before you go forward to the next unfoldment, seek to have rest from mental pressure and e'en from that devotion which has governed much of your life experience.

June 1933

The love aspect of your soul has been released somewhat, though some of the inner fret for the outward achievement still remains and hinders you on the way of realization.

You can now resume more active meditation and a breathing exercise which I will give to you. In your meditation seek to keep the whole process in the head and remember that for you the problem is to become an "extrovert of the heart type" instead of being, as you are, an "introvert of the head type." Therefore, for you the way of release is the way of Love and the note of love should color all your meditation. Proceed therefore carefully to follow all instructions, remembering that, for you, I seek to avoid all emphasis on the form side. The subject of your meditation could be summed up in the following phrases:

"I pledge myself to the Path of Love. I demand of my soul that I, the Spirit in form, shall act as a channel for compassion and an instrument for love until I know myself to be Love itself. I am that Love. With pure intent I serve. This love and zeal in me must feed the aspiration of my fellowmen. To this - in knowledge full - I pledge myself."

Your gift to this group of co-disciples is that fiery, dynamic, zealous aspiration which is the spiritual quality of the sixth ray, which governs your personality.

June 1934

Progress towards heart development has proceeded well and the heart center is more alive than heretofore. You are awakening to the consciousness of your brothers' reactions and can more readily identify yourself with them.

All growth is cyclic and one progresses from step to step in spiral fashion and this ever involves a retracing (apparently) of one's steps. This is, however, an illusion.

...a breathing exercise which will blend and fuse the energies of the centers above the diaphragm. No thought of the centers below the diaphragm need enter your mind.

June 1935

I seek today to make a somewhat careful analysis of the condition of your psychic centers—from the solar plexus upwards. ... we have the following situation to consider; this I will try to picture to you in a tabulation:

The Head Center . . . . .	40% awakened
The Ajna Center . . . . .	15% awakened
The Throat Center . . . . .	60% awakened
The Heart Center . . . . .	50% awakened
The Solar Plexus Center . . .	75% awakened

... for the present the ajna center is the one which should receive immediate attention. The problem is to awaken it and set its two major activities into motion. These are, in your case:

1. Its power to project thoughtforms.
2. Its capacity to act as an organ of clairvoyance.

June 1936

There are two thoughts in connection with you and two practical matters to say. I would have you note the careful wording of the above phrase because it has teaching value in it for all.

1. You need to work now more definitely and more confidently...you should work in the realization that ce—you are linked ... and, therefore, the quality of ... service to humanity must also be expressed by and through you. What is this quality? Wisdom, expressing itself intelligently through love. Upon this statement you should ponder. Your service is ever intelligent (highly so) for you have much knowledge as the result of ancient experience and deep thought and study in this life. That knowledge must, however, be translated into wisdom through the dynamic power of a living love. ... no further terms to express this idea. That sentence should provide you with much food for thought.

2. The second thought is to urge you to remember ... responsibility, and that in its turn is developed through suffering. This leads inevitably to detachment. That process of detachment will go forward in connection with all in the group and must entail difficulty. This difficulty may involve a constant stream of minor problems and detachments which will color ceaselessly your life of service, your life in the home, and your contacts in the world. This calls perhaps for a higher quality of faith and of courage than do drastic purgings.

July 1937

The mental body in your case is governed by fifth ray energy. This is a pronounced condition and constitutes much of your life difficulty. It is, in the case of all aspirants thus conditioned mentally, the paramount cause of their non-magnetic behavior, using that word in its psychological implications. I would remind you that being non-magnetic at your stage of development means that (even though you may have some measure of soul contact) you cannot radiate that soul life to others as you would like to do, for your dominant fifth ray mental body (the Ray of Concrete Science, as you know) is insulated, isolated and has a natural tendency to that discrimination which leads to separateness. The reverse effect is also true. The radiation of others can be also shut off and hence your inability to register telepathic impressions. The value of a fifth ray mind is however very great, for it means a keen and useful mind and (ponder on this) an open door to inspiration.

The astral or emotional body is conditioned by the sixth ray of devotion or of idealism, but this can be most easily transferred and transformed under the influence of the second Ray of Love-Wisdom. Your task this life is to make this possible so that, in your next life, you can have an astral body conditioned by the second

ray. Your ability to go forward in the face of obstacles in order to attain your ideal is your outstanding asset, and one that will land you eventually at your goal. Your major difficulty, at this time, is your fifth ray mind.

You have a third ray (the Ray of Intelligent Activity) physical body. This is largely controlled, interiorly, by your fifth ray mind. Again you see the dominance of this type of energy in your equipment of expression. Your rays are, therefore:

1. The soul ray—the third Ray of Active Intelligence.
2. The personality ray—the sixth Ray of Devotion.
3. The ray of the mind—the fifth Ray of Concrete Science.
4. The ray of the astral body—the sixth Ray of Devotion.
5. The ray of the physical body—the third Ray of Activity.

This analysis should throw much light upon your problem for you will note the dominance of the third major ray and the sixth minor ray of devotion.

January 1939

... gave much time to the consideration of the rays which governed the various aspects and vehicles of each of the group members, and I trust that a careful analysis has enabled each of you to know yourselves and to understand your problems more truly and more fully...seek to indicate the vehicles of force through which the two major rays are predominantly focused, reminding you that the task is to relate two energies and three forces in such a manner that you become, in fact, a divine manifestation. Let me here be precise.

First, your egoic or soul third ray focuses itself in and through your fifth ray mental body. This has given you your defined mental focus, your critical attitude and your isolation, relatively speaking. It is this combination which has always enabled you to rationalize yourself into a confidence in the rightness of your decisions and into a surety that your particular life choices and your preferred circumstances are correct and justified. This energy and force are reinforced also by the controlling force of your physical body which gives you a third ray brain.

Second, your personality sixth ray is focused in your sixth ray astral body. The rays—three, five and six—are your controlling factors (6<sup>th</sup> ray Aura or Soul controlling the 5<sup>th</sup> ray Mental and 6<sup>th</sup> ray Soma or Personality controlling the 6<sup>th</sup> ray Astral). This gives you devotion and mental control and it should give you real balance but, unfortunately, it does not, because the mind aspect is unduly emphasized and you are afraid of devotion. Yet it is your devotion which has brought your service and not your mental ability. It is your devotion which has led you steadily all these years and produced your service in the world. To what have you been devoted? This is an important question for you to answer to your soul.

**How to convey the nature of his problem?** Your egoic energy (3<sup>rd</sup> ray Aura or Soul), focused in your 5<sup>th</sup> ray mind, is at the service of your personality and of the work which you are endeavoring to do in the particular field wherein you are forcing yourself to remain. **It should be the other way round and the 6<sup>th</sup> ray personality - with all its unified powers - should be at the service of the 3<sup>rd</sup> ray soul.** All the forces of your lower nature (Lower SAM) should be at the disposal of the higher Self (Aura or Soul), working through an illumined 5<sup>th</sup> ray mind and sensitive 3<sup>rd</sup> ray brain. Ponder on this. **The energy of the intelligence and two intelligent forces - the 3<sup>rd</sup> ray soul, the 5<sup>th</sup> ray mind and the 3<sup>rd</sup> ray physical nature - serve your devoted personality. You should reverse this, my brother, and let the intelligent soul control your devoted personality. There lies your problem.**

**The need is ever to develop a closer and more direct alignment between Aura or soul and Soma or personality** and that is, therefore, your problem, even if it seems to you an elementary problem. What you need to do is to focus the energy of your 3<sup>rd</sup> ray Aura or soul in your 6<sup>th</sup> ray astral body instead of in your 5<sup>th</sup> ray mind, so that intelligent love may be your outstanding characteristic. This shift will do certain things for you and in you:

1. It will create a temporary upheaval in your life and, therefore, naturally affect your solar plexus, producing a period of real difficulty.

2. It will transfer the energy of the soul and the force of the mind into the realm of the emotions and of sensitive feeling response, thereby greatly increasing your usefulness but also increasing for you the "dire pain of life itself"; this is a pain with which all disciples must learn to live and from which all disciples must inevitably suffer.

3. It will stimulate your brain cells and swing into activity many hitherto dormant cells, thus making you capable of increased service of a different nature to that with which you are now occupied. It will lead you to inquire if your present field of service is, for you, a legitimate one or - if it is - what must you do to "change the nature of the seed which must therein be sown."

Such is your problem. How shall we change your egoic focus and, at the same time, fuse more closely your two major rays so that the personality is subordinated to the soul. To aid in this specific meditation must be followed....

### **AAB FINAL COMMENT NOTE:**

He has reached his high water mark for this life. Further instruction is not necessary. He has enough upon which to work."

### **SAM Synthesis And Mergration Consultation and Interpretation Notes:**

#### **A. SAM Synthesis Interpretation Notes:**

1. Hypothetical Yellow Monad considered due to older ways of thinking and trying to hold on to intelligence verses open up to intuition. Stated as more concerned with material or in other words 'activity'.
2. Red Aura considered a need or passion to work out Auric, Karmic and Soul relationships, situations and activities verses more to a higher form of Auric love-wisdom or enlightenment.
3. Indigo Soma considered linked to personal intuition linked to numerological even ray determining attributes (6<sup>th</sup> ray) but, as stated, is not using it and instead being over powered by odd ray (3<sup>rd</sup> and 5<sup>th</sup> rays) determining aspects (3<sup>rd</sup> ray) and attributes (5<sup>rd</sup> ray).
4. Blue Mental considered linked to scientific, analytical ways of relationships and thinking.
5. Indigo Astral considered an intuitive feeling nature but over powered by numerically odd rays and less developed or identified and therefore less useful rays or colors of the Monad, Aura and Mental.
6. Yellow Cycle on the path of least resistance of the numerological odd rays and therefore the brain and lower concrete mind consciousness (3<sup>rd</sup> ray) is basically in control of the more intuitive attributes of the Astral (6<sup>th</sup> ray) and Soma (6<sup>th</sup> ray).
7. The Higher Equilibrium relationship of Yellow Monad over Red Aura should produce an Orange considered of Loving Wisdom however the passions of the Aura or Soul are controlling that from happening.
8. The Lower Equilibrium relationship of the Red Aura over the Indigo Soma should produce an even higher Indigo considered intuition however since the personality is considered in control of the relationship with the Aura or Soul this higher intuition is not being allowed.
9. The Soul-Ution relationship of Yellow Monad with the Indigo Soma is considered a challenge since this causes a 'Yellow Browning' (Yellow plus Indigo is a Yellow Brown) and therefore other 'path' must be used such as those being discussed in the AAB information, such as, using the Yellow (of the Monad) plus Blue (color in the Indigo of the Soma) path to form a Green and go through the inner and outer conflicts in order to get to the inner and outer Harmonies; or using the Yellow (of the Monad) plus Red (color in the Indigo of the Soma) path to form an Orange of Loving Wisdom even beyond the Green path to Harmony. However, either the Green or Orange paths are better that being 'stuck in the mud' of the Brownd Soul-Ution.
10. The Synthesis in this case is just a reenactment of the considered challenges of the Soul-Ution since the Yellow Brown of the Soul-Ution plus the Red of the Aura form now an Orange Brown. However, now there would be three paths:
  1. The Red Aura and the Red in the Yellow Brown of the Soul-Ution – considered the path of Spiritual Fire formed when the passions of the Red Aura or Soul give way to the Red Directive,

Powerful Will of the Soul-Ution (from Yellow Brown of the Yellow Intelligence of the Monad joined or at one or Atoned with the Red needs of the Soma).

2. The Red Aura and the Blue in the Yellow Brown of the Soul-Ution – considered the path of Spiritual Balance formed when the passions of the Red Aura or Soul give way to the Blue Cool Refreshing Loving Truth of the Soul-Ution (from the Yellow Brown of the Yellow Intelligence of the Monad joined or at one or Atoned with the Blue concrete knowledge of the Soma).
3. The Red Aura and the Yellow in the Yellow Brown of the Soul-Ution – considered the path of Spiritual Love Wisdom formed when the passions of the Red Aura or Soul give way to the Yellow Intelligent Experienced Activities of the Soul-Ution (from the Yellow Brown of the Yellow Intelligence of the Monad joined or at one or Atoned with the Red needs of the Soma).

## **B. SAM Mergration Interpretation Notes:**

1. Blue Mental considered a more scientific and analytical way of thinking and living. This color and ray matches the general nature of the mind and is in its nature generally more powerful than the Astral but not used as much as a governing determining factor than the Astral.
2. Indigo Astral considered more intuitive/sensitive way of thinking and living. This color and ray matches the general nature of the emotions and is in its nature generally less powerful than the Mental but used more as a governing determining factor than the Mental.
3. Yellow Sycal considered more active, skilled, instinctive way of functioning and living. This color and ray matches the general nature of the body and is in its nature generally less powerful than the Mental and Astral yet is still used as a governing determining factor significantly in athletes, performers, sports and fitness enthusiasts, etc.
4. The Higher Balance relationship of Blue Mental over Indigo Astral should produce an Indigo of a considered more technical or scientific intuitive sense. However, in this case the less intuitive scientific Blue Mental has been considered the governing determining factor.
5. The Lower Balance relationship of Indigo Astral over the Yellow Sycal produces a Blue Brown of a considered more technical or scientific confusion. Similar 'Paths of least Resistance' must be worked out to bring the considered Green of Harmony (Blue from the Indigo Astral plus Yellow from the Sycal) or a considered Orange of Loving Wisdom (Red from the Indigo Astral plus Yellow from the Sycal).
6. The Soma-Ution (union of Mental and Sycal) relationship of Blue Mental and Yellow Sycal is considered to provide a Green path through the conflicts, confusions and disharmonies of the persons determining factors to a harmonious Soma.
7. The Mergration in this case is a reenactment, in reverse (Orange from the Orange Brown of the Synthesis is opposite or reverse of the Blue from the Blue Brown of the Mergration on a color wheel), of the Synthesis and produces a Blue Brown. Now there are four paths:
  1. The Red in the Indigo Astral and the Yellow in the Green of the Soma-Ution – considered the Orange path (Red + Yellow) of Willing Intelligent Sensational (from the senses) Love formed when the lower desires of the Red in the Indigo Astral or emotions give way to the Yellow intelligent thinking and activities of the Soma-Ution (from Yellow of the Yellow Intelligence activities of the Sycal joined, working together or united with the Blue of the Mental).
  2. The Red in the Indigo Astral and the Blue in the Green of the Soma-Ution – considered the Violet path (Red + Blue) of Willing Scientific/Psychological Balance formed when the lower desires of the Red in the Indigo Astral or emotions give way to the Blue Scientific Understand of the Soma-Ution (from the Green of the Blue Science of the Mental joined, working together or united with the Yellow Intelligent Activities of the Sycal).
  3. The Blue in the Indigo Astral and the Yellow in the Green of the Soma-Ution – considered the Green path (Blue + Yellow) of Harmonious personal living through resolving all physical, emotional and mental conflicts formed when the higher desires of the Blue in the Indigo Astral or emotions give way to the Yellow Intelligent Experienced Activities of the Soma-Ution (from the Green of the Blue Science of the Mental joined, working together or united with the Yellow Intelligent Activities of the Sycal).
  4. The Blue in the Indigo Astral and the Blue in the Green of the Soma-Ution – considered the Blue path (Blue + Blue) of Scientific/Psychological methods and techniques to a 'Mergration' of the Lower SAM formed when the higher desires of the Blue in the Indigo Astral or emotions give way to the Blue Scientific Understanding of the Soma-Ution (from the Green of the Blue Science of the Mental joined, working together or united with the Yellow Intelligent Activities of the Sycal).

### **SAM FINAL COMMENT NOTE:**

Hopefully everyone can see and focus on the Divine beauty, harmony, dance and game (Lila), symphony, intelligence, glory, universality, mystery, science, order, evolution, progressions, hierarchies, etc. in these concepts, hypothesizes, theories, realities, teachings, techniques, methods, insights, impressions, intuitions, thoughts, 'Kama-manas' (emotional thoughtforms), sensations, kingdoms, realms, etc. and increase their usefulness in our lives and increase the usefulness of our lives.

### **Conclusion (at this point):**

May we consider together entering into that higher state of (group/soul) 'bewilderment', especially at this cycle of Aquarian consciousness, yet strength and unity from our lower state of personal certitude and isolation to possibly obtain a universal group consciousness.