

## 1. Full Moon of Cancer on Wednesday, July 17, 2019 at 00:38:

1. The main Keynote or phrase to consider for all Cancer Full Moons (each year): **“I build a lighted house and therein dwell.”** Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

### A. Notes on this coming Full Moon of July/Cancer:

1. **Watch for any impressions** that may come to you before the Full Moon that may relate to the Keynote (especially the two days before the Full Moon, the day of the Full Moon and the two days after the Full Moon). **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
2. **This is the Fourth Full Moon of the Astrological year and is the first ‘Distributing consciousness and energy’ full moon of the year.** The energy for the new astrological year will continue being distributed during the Full Moons for the rest of the astrological year. The energy which was built during the three ‘Building’ Full Moons at the beginning of the astrological year, which is also called the ‘higher interlude’, is now starting to be distributed over the coming and remaining following Full Moons of the astrological year, which is also called the ‘lower interlude’.
3. **This Full Moon will also be a partial eclipse.**

### B. Notes and Activities on or since the last Full Moon June/Gemini:

1. **Surya and Angel made a short Full Moon meditation** that they did at the exact time of the Full Moon with their daughter Safi. Both of us had what we consider significant impressions related to the Keynote of the meditation and experiences of allowing the ‘other self’ to wane so that we can ‘grow and glow’. We also had a Summer Solstice Puja ceremony (Indian Mass for Cleansing and Nourishing) which was very significant for us. The ceremony was done to a manifested statue of Vishnu which Surya received from a manifesting Swami in India in 1990 as a focus for worship.
2. **The 2 hectare of hemp** for cooperative research between Leontina, Katharina & Christian and SuryaAngel at BioFarmland (BFL) this year has also had to be hand weeded due to unusually rainy weather and is still growing (see Attachment 1 below).
3. **Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event** between Favisan, BFL/SolarCity (The Natural Way Assoc. - TNWA), the Hemp Museum, SAM2013 and possibly Anatoacor and Aurellian's or other groups for the Cultural Capital celebrations in 2021. We are beginning to organize information for submitting the application by the end of the year with TNWA.
4. **A metallic lighted stand has been made for the ‘Group Central Pillar Crystal’** we are arranging to have the crystal here for the Festival Meditations December 21 – 18, 2019 (see Attachment 1 below).
5. **We met with Virginia, Katharina and Christian, her brother, about starting some poppy research at BioFarmland (BFL) this year at Virginia's suggestion.** Favisan and possibly BFL has product interest and Favisan has specialized research facilities with additional time to test these plants. The plot at BFL was chosen. The seeds were purchased from a local grower. The maximum non-regulated amount of poppies was planted on May 31<sup>st</sup> but are still not growing so they may not grow this year..

### C. General Notes and considerations about the group and group cycle and schedule:

1. **We are happy to get to know each other better**, to talk more about these meditations, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions as we move into this group formation year. A possible meeting at Favisan is being arranged for mid July to continue these communications.
2. **We are ending a seven year cycle this year** and are now astrologically four months into a Festival year (Festival celebrated from December 21 – 28, 2019). This will be the start of a new seven year cycle and are looking forward to what this will bring to us and the group at the end of this year.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycle of full moons (and solstices and equinoxes) provide. The unique energies associated with

each constellation are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.

4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
5. **The following regular monthly cycle is for the group information flow:**
  - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
  - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
  - c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
  - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
  - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.



**Attachment 1: Hemp Research Crop & Finished Pillar Crystal**  
**(July 2019)**