Full Moon of Capricorn on Friday, January 10, 2020 at 21:21:10 in Romania:

The main Keynote or phrase to consider for all Sagittarius Full Moons (each year): "Lost am I in light supernal, yet on that light I turn my back." Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

A. Notes on this coming Full Moon of January/Capricorn:

- Watch for any impressions that may come to you before the Full Moon that may relate to the Keynote (especially the two days before the Full Moon, the day of the Full Moon and the two days after the Full Moon). If you want to share any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
- 2. This is the eleventh Full Moon of this Astrological year and is the eighth 'Distributing Consciousness and Energy' full moon of the year. The energy which was built during the first three 'Building' Full Moons at the beginning of the astrological year, which is also called the 'higher interlude', is now being distributed over these remaining Full Moons of the astrological year, which is also called the 'lower interlude'.
- **3.** During this full Moon there will be a partial lunar eclipse which has the effect of making the full moon qualities and energies more complex or stronger. This calendar year starts with this partial eclipse, has 3 more partial eclipses in the middle of the year in June and July and ends with partial and full eclipses at the end of the year in November and December.

B. Notes and Activities on or since the last Full Moon December/Sagittarius:

- 1. SuryaAngel meditated at the time of the full moon, the Winter Solstice and each day of the Group Festival Week so it was a very full month of meditations. SuryaAngel had, of course, a lot of experiences during these meditations. A lot had to due with the energies of the events themselves, such as, full moon, moment of silence, solstice, festival week, our main annual ceremony and additionally the new large group crystal, Simply Altruistic Magnificence. Rather than go into more detail at this time we have decided to be more personal and will begin to review each of our nine group members color consultations, make a review and update to the consultations and then incorporate any personal impressions that we had about group members during our meditations and begin to send those out personally after the new year so that everyone should have an update by the end of the Astrological year in March 2020 and be ready to start the next Astrological year of group formation for those still interested. See Attachment 1 which is a picture of the completion of our annual ceremony.
- 2. The 2 hectare of hemp for cooperative research between Leontina, Virginia, Katharina & Christian and SuryaAngel at BioFarmland (BFL) this year. Plant samples are still at Favisan awaiting analysis. We are looking into possibilities of continuing next year with a different seed supplier and a better and larger field location with planting in April.
- 3. Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event possibly named 'SAMatate' between Favisan, BFL/SolarCity (The Natural Way Assoc. TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian's or other groups for the Cultural Capital celebrations in 2021. We are organizing information, with the help of a TNWA board member who is familiar with applying for and receiving European funds and also La Pas festival group, Asociatia Cries, and two other groups for submitting an application or by possibly joining in the Asociatia Cries project by early next year. Meetings are continuing.
- 4. The 'Group Central Pillar Crystal' has arrived and is available to group members to come be with.
- 5. We met with Virginia, Katharina and Christian, her brother, about poppy research at BioFarmland (BFL) at Virginia's suggestion. An April 2020 planting is being planned.

C. General Notes and considerations about the group and group cycle and schedule:

- 1. We are happy to get to know each other better, to talk more about these meditations, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or guestions as we move into this group formation year.
- 2. We are ending a seven year cycle this year and are now astrologically ten months into the astrological year. This is the start of a new seven year cycle and the final 'impact' to be made prior to the next 100 year 'impulse' in 2025. We are looking forward to what this will continue to bring to us and the group.

- 3. It might be considered that these Group Meditations seek to make use of the spiritual opportunities that the cycle of full moons (solstices and equinoxes) provide. The unique energies associated with each constellation are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.
- 4. It might be considered that Group Living tends to the fulfillment of free will in service and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
- 5. The following regular monthly cycle is for the group information flow:
- a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
- b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
- c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
- d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
- e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

Attachment 1 - picture of the completion of our annual ceremony during the Festival Week:

