

Full Moon of Capricorn, tenth Full Moon of this Astrological Year, on Saturday, January 3, 2026, at 12:03:54 in Romania:

The main Keynote or phrase to consider for all Capricorn Full Moons (each year): **“Lost am I in light supernal, yet on that light I turn my back.”** The Capricorn Full Moon Keynote of Light each year is: **“The Light of Initiation. (Hint: This is the light which clears the way to the mountain top, and produces transfiguration, thus revealing the rising sun.)”** Consider the Keynotes at, or as close to, the time of the Full Moon as possible and what it might mean as a Group. Each of the constellations also have at least one, but also as many as five, Ray determining energies by which they rule and of which they rule. **The main Ray energy of Capricorn is Ray 5.** So, Capricorn is considered to have a main energy of science, technology or what is considered as Concrete Knowledge. It is a recommendation to consider the Capricorn Keynotes as Ray 5 Keynotes. This is a direct correspondence to the information of our Color Consultations and the way this same Ray determining affects us individually and in our relationship to our group. So, our Color Consultation information can be reviewed and related to each of the Full Moon determining energies to determine the possible effects and opportunities each Full Moon offers each of us personally and in relationship with the group. This was explained and expanded upon from Esoteric Astrology (EA) in general in Addendum 1 from the past Aries Full Moon report (from April 2021 – please let us know if you would like that resent to you or it can be downloaded from the website at the bottom of the page at: www.sam2013.org/group_consciousness.html).

This year we are adding information and specific examples of how each Ray can and does effect the different parts of our being and our roles in a Monadic Manifestation Group as Addendum 1 below. We are again continuing to take one example of a different individual's ray structures per month from the books, “Discipleship in the new age I & II” by Alice A. Bailey. Then we will add the corresponding colors and interpretations from a SAM2013 Synthesis color consultation/interpretation to the example. This will hopefully help each person see possible ways in which their color readings and hypothetically interpreted Rays may be affecting themselves and their relationships in groups. This will also hopefully help prepare for our work with the new set of Synthesis (Higher SAM Soma Aura Monad) color products being developed by Virginia at Favisan for us. And finally, for now, this will also hopefully help prepare for our work with the future 'Mergration' (Lower SAM Sycal Astral Mental) color products. Then there will be a complete set of SAM2013 Synthesis And Mergration color products which help show how the 'Mergration' of the Sycal Astral Mental bodies/vehicles/consciousnesses into the Soma or Personality then Synthesizes with the Aura and Monad. Or in reverse the SAM2013 Synthesis And Mergration products would help show how the Synthesis of the Soma Aura Monad bodies/vehicles/consciousnesses then 'precipitates into', determines, influences, governs, or even differentiates, splits or divides into the Mental Astral Sycal bodies/vehicles/consciousnesses from the Soma. From the simple and colorful basis of SAM2013 Synthesis And Mergration color system our internal and external relationships and interactions in life can be viewed, analyzed, discussed, patterns seen, 'paths of least resistance', rhythms and cycles identified and defined, and much more in the realm of conscious understanding and communication. More can be found at our website at: <https://www.sam2013.org/colorschooll.html>.

Capricorn is the tenth sign of the new Astrological year and the seventh of the nine 'grounding or anchoring energy and consciousness' Full Moons of the year. It helps to continue to manifest the new 'birthing' energy of the higher building cycle for the astrological year which happened during the past full moons of Aries, Taurus, and Gemini (April, May, and June) which is also called the Higher Interlude. Then Capricorn and the following two different full moons of the year continue to ground or anchor and manifest these higher interlude energies and consciousness and are considered the Lower Interlude. Addendum 3 from the past Aries Full Moon report (from April 2023) is some additional information on the full moons and possible meditation forms (please let us know if you need that resent to you or it can be downloaded from the website at the bottom of the page at: www.sam2013.org/group_consciousness.html).

The Key to the Ray 5 Method is: "Let the three forms of energy electric pass upward to the Place of Power. Let the forces of the head and heart and all the nether aspects blend. Then let the Soul look out upon the inner world of light divine. Let the word triumphant go forth: 'I mastered energy for I am energy itself. The Master and the mastered are but One.'"

Please continue to keep in mind, from the Gemini Full Moon Report (May 2024), Addendum 2 which was two papers titled, "Vision Paper: Unfolding Work for 2024-2026" by 2025 Initiative (www.2025initiative.org)

and "More details about this proposed experiment and our groups' ideas about the unfolding opportunities of the period of 2024-2026". The addendum started with a note from us as an introduction about the papers and can also be found on the website at the bottom of the page at: www.sam2013.org/group_consciousness.html (or we can send you a copy).

A. Notes on this coming Full Moon of January/Capricorn:

- 1. Watch for any impressions** that may come to you before the Full Moon that may relate to the Ray 5 Keynotes and your specific Rays (from your Color Consultations), especially two days before the Full Moon, the day of the Full Moon and two days after the Full Moon. **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
- 2. This is the tenth of twelve different Full Moons of this Astrological year** and is the seventh of the nine different full moons for grounding of 'Consciousness and Energy' full moons of this astrological year. The energy which is built and gathered during first three 'Building' Full Moons at the beginning of the astrological year, which is also called the 'higher interlude', will then be distributed over the last nine different Full Moons during the end of the astrological year, which is also called the 'lower interlude'.
- 3. This Full Moon and all Full Moons** for the rest of this astrological year will come before the New Moon in each astrological sign. This normally makes meditations more difficult due to the next Full Moon impulse coming before the New Moon impulse and should be given consideration in our meditations for the rest of the year.
- 4. Previous addendum 1 from the Full Moon report of Aries (April 2021) gives reference into more insight and inspiration for how to** view some of the expanded awareness of these monthly and yearly Full Moon cycles as we continue through this seventh Astrological Year of this group formation and the group's functioning.
- 5. Addendum 1 below again relates to** information and specific individual examples of how each Ray can and does effect the different parts of our being and 'determines' our roles in a Monadic Manifestation Group.
- 6. The 2025-6 astrological year Annual Keynote is,** "LET THE GROUP EXPRESS THE QUALITY OF THE HIDDEN VISION:" Hint: "The hidden vision is not "man's vision of God" but "God's own vision of His purpose."

B. Notes and Activities on or since the last Full Moon December/Sagittarius:

- 1. SuonAngelMiriam meditated at the time of the full moon, new moon, Solstice and what we considered the two darkest points of the year together with Safi (when she wanted). We had what we consider** very good meditations for the continued Astrological year and of the grounding of consciousness cycle of the astrological year and of this year of Impulse on the next 100 years. We are still having more experiences during the toning, chanting and vocalizing parts of the meditations and with the group exoteric, esoteric, and occult crystals and now also with some of the new hand held crystals this year. One additional hand held anhydrous crystal has also been added if anyone is interested in seeing it, or any of the others, and experiencing them, please let us know. Picture is below and the size is about 28 cm long and 1.3 Kg.



- 2. All new crystals for this 2025 impulse year, that happens once every 100 years,** have been received and this culmination of the crystal grid as a blueprint for this group work has been

anchored on this just past Summer Solstice Puja (see previous reports for more information and pictures of these crystals and the Puja).

3. **Revised and renewed Hemp Museum suggestion** presented to Zoli, Virginia, and Leontina as a possible group project. There was similar input about local, village or household museums from the “Socio-Economico-Cultural Rebirth of the Romanian Village” conference in previous reports. Latest brief meeting was at Leontina and Zoli's spring 2025 and at Virginia's book launch in Cluj fall 2025.
4. **Based on Leontina's previous intentions to establish an educational location near her home further discussions are going on about** a location, financing, possible links to other hemp projects and people. See previous reports. Leontina has decided to stop for the moment Sopronul Cultural and the building of the dome until the environment becomes more friendly to her projects. See previous updates. Pamantul Stramosesc has been dissolved as a formal association in 2025. July 27, 2025 there was a spontaneous meeting with a well known herbalist and shared meal with open discussion at Loredana's house.
5. **SuonAngelMiriam are continuing our interaction with Katharina documenting** how to manage and implement new and better ways of herb growing, drying, processing, soil regeneration, distilling, etc.
6. **SuonAngelMiriam are interacting with Virginia on her Bio-Resonance and Herbal and Aromatherapy courses, consultations** and treatments along with the consideration of the SAM2013 Synthesis Tri-Level Color Set as liquids. See previous reports. The first production of Virginia's Favisan samples of the SAM2013 Synthesis Tri-Level Color System have been made and are being tested for many characteristics. **The set tested well enough to use for color consultations.** The consultations are continuing. The set was shown in a conference at EsotericFest in November 2025 with good results. Please let us know if you are interested. Images of the 3-fold publicity flier both front and back were shown below Item 9 on the last Full Moon Report of December 2025. The publicity flier shows the Scientific Alchemical Mysterious ways that the SAM2013 Synthesis Tri-Level Color System corresponds and transfers into the hypothetical systems of Plant Distillation with Water Oil Alcohol; the Human Being with Sycal Astral Mental bodies; the Sycal-Etheric Physical with Discipline Equilibrium Tolerance; the Big Dipper of the determining Rays of Light of our Solar System and how these Rays fit into Laws; the way these laws fit into groups; the Egoic or Auric or Soul Lotus and how that translates, corresponds and into Planes, Centers, Chakras and Kingdoms (which, in our experience, is one of the greatest illustrations of the 'Constitution of Man', how we function, ever made available to humans) and which the SAM system codifies in Tri-Levels of Color with three different color progressions. An ANATECOR certification course with the set of colors will take place on January 17, 2026 in Arad at the Vasile Goldis faculty.
7. **SuonAngelMiriam are working with Remus and others onto updating and expanding** one of his personal spirituality courses on Self Esteem as an Esoteric Group project. Anyone interested in knowing more or helping in this group project please let us know. **Remus passed in May 2025** however, he is still being considered as part of the group from the Auric or Soul level and the project at present is continuing. We have been attending his remembrance services.
8. **SuonAngelMiriam are working with Aurellian on how some of the concepts of his book and course** on “The Numerology of the Soul” might relate and correspond to the SAM2013 Synthesis Tri-Level Color System numerology. Both Aurellian and Suon have had direct contact with Yogi Bahjan who taught the numerology of the soul concepts.
9. **SuonAngelMiriam are working with Mircea on ways of distributing SAMfume** and other products and working more closely together on the other projects listed above. Recent meetings held in September Singfest and at the Singureni Christmas Fair 2022 and then in June 2023 also. The last meeting in Bucharest in March, 2024 for a brief update. Phone meetings and messaging are on-going.

C. Previous Activities Archive:

1. **2020 Hemp for cooperative research at BioFarmland (BFL) on hold after 3 years of testing.**
2. **2023 Timisoara Cultural Capital office cooperative event named ‘SAMatate’. See FM Sagittarius 2023 for final update on this report.**

3. **2024 SuonAngelMiriam have met personally with Georghe Piperea and joined his class action law suit against the constitutionality of mandates. Suit was lost, see previous report details.**
4. **2024 We participated in Remus' course about Stress Management held through ANATECOR** which is related to Virginia's fitotherapy course. We also attended the prayer zoom meeting he and ANATECOR organized for the professor Mircea Stefea who passed in 2023.
5. **2025 Poppy research at BioFarmland (BFL)** at Virginia's suggestion. After three years of starting to self propagate in 2025 the project has been stopped since it would require permits to continue propagation.

D. General Notes and considerations about the group, cycles, meditation and information flow:

1. **We are happy to get to know each other better**, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions.
2. **2025 continues the new seven year cycle started in 2020.** The final major group 'impact' has been made in 2019 prior to the next 100 year 'impulse' which happens this year 2025.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycles of full moons, solstices and equinoxes, Group Festival Weeks and Centennial Impulse years provide. The unique energies associated with each constellation, season and longer cycles are directed into the consciousness as trans-formative qualities that can lift and expand our hearts and minds.
4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
5. **In all meditation it is of value for the student to remember that**, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.
6. **Wisely utilizing newly acquired energies keeps in flowing and out flowing channels open** and prevents Sycal (psychical), Astral (emotional), Mental (intellectual) congestion, which may otherwise be experienced, with their accompanying physical consequences.
7. **The following regular monthly cycle is for the group information flow:**
 - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
 - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
 - c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
 - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
 - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

ADDENDUM 1:

These 12 monthly addendum (during this 2025 Astrological year) and this once in 100 year, 'year of higher impulse' are being written and designed to help each person understand and apply their Ray qualities, in their Color Consultations, to the opportunities available at the time of the Full and New Moons, Solstices and Equinoxes for gaining more conscious understanding and then applying that conscious understanding in their daily lives. Hopefully you will enjoy them independent of what changes in consciousness or life they may bring as long as what comes is 'higher and forward' – **SAM**.

A. Forward notes by SAM restated from the above Report:

This month we are continuing the year of adding information with specific and general examples of how each Ray can and does effect the different parts of our being and our roles in a Monadic Manifestation Group as Addendum 1 below. We are taking one example of a different individual's or a general type of individual's ray structures per month from the books, "Discipleship in the new age I & II" and "Esoteric Psychology I & II", by Alice A. Bailey. Then we will add the corresponding colors and interpretations from a SAM2013 Synthesis color consultation/interpretation to the example. This will hopefully help each person see possible ways in which their color readings and hypothetically interpreted Rays may be affecting themselves and their relationships in groups. This will also hopefully help prepare for our work with the new set of 'Synthesis' (Higher SAM Soma Aura Monad) color products being developed by Virginia at Favisan for us. And finally for now this will also hopefully help prepare for our work with the future 'Mergration' (Lower SAM Sycal Astral Mental) color products. Then there will be a complete set of SAM2013 Synthesis And Mergration color products which help show how the 'Mergration' of the Sycal Astral Mental bodies/vehicles/consciousnesses into the Soma or Personality then Synthesizes with the

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Examples of a different individual's Ray structures are from the books, “Discipleship in the new age (DINA) I & II” and “Esoteric Psychology II”, by Alice A. Bailey - AAB. This will hopefully help each person see possible ways in which their color readings and hypothetically interpreted Rays may be affecting themselves and their relationships in groups (Free online at: https://www.lucistrust.org/online_books/discipleship_in_the_new_age_vol_i_oobooks).

B. Forward Notes by AAB briefly restated from the previous Report (see previous Full Moon report of Cancer, in July 2025, for full statement):

We are taught in the esoteric philosophy that seven great divine Emanations, Aeons or Spirits (in Whom we live and move and have our being) came forth from God at the time of the Creation. The same teaching can also be traced in the Holy Bible. Upon one or other of these seven Rays, the souls of all forms of life are to be found as well as the forms themselves. These seven rays produce the seven major psychological types.

These seven rays or emanations are:

1. The first Ray of Will or Power. Many great world rulers are found on this ray, such as Julius Caesar.
2. The second Ray of Love-Wisdom. The Christ and the Buddha are to be found on this ray. It is the great teaching ray.
3. The third Ray of Active Intelligence. The mass of intelligent humanity are found on this ray.
4. The fourth Ray of Harmony through Conflict. Aspirants. Struggling, well-meaning people. Workers for unity emerge along this line.
5. The fifth Ray of Concrete Knowledge or Science. Scientists and people who are purely mental and governed only by the mind.
6. The sixth Ray of Devotion or Idealism. Many Christian people. Fanatics. Numbers of earnest Churchmen of all the world religions.
7. The seventh Ray of Ceremonial Order or Magic. Masons. Financiers. Great businessmen and organizers of all kinds. Executives are found with these energies in their equipment.

However, only when a man is highly developed and nearing the Path of Discipleship is it possible for the esoteric student accurately to surmise what his ray may be. People of all kinds and professions are found on all the rays. **The conflict in a disciple's life is found to lie in the fact that the ray of his soul and the ray of his integrated personality are posed against each other. At the same time, his emotional nature, his mental equipment and his physical brain are also controlled by some one or other of the rays and in this five-fold relationship lies hid much of the problem of the evolving human being.**

C. Introductory Notes by AAB continued in Sagittarius 2025 are now continued in Capricorn:

...First: The power to work in and with all thought substance. The Hierarchy of Illumined Minds is a group Whose telepathic powers enable Them to be sensitive to the mind currents and to register the thoughts of Those Who personify the Mind of God, the Universal Mind, and to register the thought-forms of Those Who are as far beyond the Hierarchy of Masters as They, in Their turn, are beyond the disciples of the world.

Those Lives Who carry out the ideas of the Divine Mind, exist in Their graded orders, and with the detail of Their groupings we are not concerned, except with the fact that the planetary Brotherhood is in telepathic rapport with Those Who are responsible for the planetary conditions in the solar system, with the Great Council, therefore, at Shamballa. They are also in immediate telepathic rapport with each other. The slowly manifesting powers of the radio and the sensitive workings of the perfecting radio mechanisms and of television are but the response in physical matter of the perfected telepathic powers and television of the minds of the Masters of the Wisdom. Forget not, that such powers are inherent in all men.

The inner group of Masters with Whom I am associated work telepathically also with Their disciples and the disciples with each other in lesser degree. The power to "see" the Master - which has been the misguided impulse of the devotees of the world who substitute this desire for aspiration towards soul contact - is but their response to the "television" of Those Who seek to guide them into the light of their own souls. They are only reacting to one of the demonstrated divine powers of the Master but not to soul action.

Your response to such stimulation as I can give you and an earnest endeavor on your part to love with unselfishness will gradually perfect in you a similar relation to other workers. This will work out in three directions:

1. In a demonstrated ability to be in telepathic rapport with me and with Those with Whom I am associated.
2. In power to communicate with each other at any time.
3. In sensitivity to the thoughts of humanity as a whole.

Can you not see, therefore, how a miniature replica of the Brotherhood can be established on earth and how in decades to come the working disciples of the world, the isolated initiates in the many world organizations and the personnel of the New Group of World Servers will automatically respond to the telepathic sensitivity of such groups as will be found working in the many Ashrams of the Masters? The result of this success will not be the recognition of any particular group but it will lead to the recognition of a universal power and the state of mind of disciples of all degrees. This will establish in time and without controversy the unity of all beings. The revelation of unity through the power of thought is the glorious consummation of the work of the Brotherhood and to this you do, as do all disciples, respond in your highest moments. It can, in a smaller way and according to the measure of your consecration, be your glory and your goal also if you hold the thought of oneness, of service and above all else of love.

Second: The power of the intuition, which is the goal of much of the work which disciples must do, requires the unfoldment of another faculty in man. The intuition is a function of the mind also and, when rightly used, it enables man to grasp reality with clarity and to see that reality free from glamour and the illusions of the three worlds. When the intuition functions in any human being, he is enabled to take direct and correct action for he is in touch with the Plan, with pure and unadulterated fact and undistorted ideas - free from illusion and coming direct from the divine or universal Mind. The unfoldment of this faculty will bring about a world recognition of the Plan and this is the greatest achievement of the intuition in this present world cycle. When that Plan is sensed, there comes the realization of the unity of all beings, of the synthesis of world evolution and of the unity of the divine objective. All life and all forms are seen then in their true perspective; a right sense of values and of time then eventuates. When the Plan is truly intuited and at first hand, then constructive effort becomes inevitable and there is no lost motion. It is the partial realization of the Plan and its interpretation at second or third hand by the ignorant which is responsible for the wasted effort and the foolish impulses which characterize the present occult and world organizations.

The various groups in a Master's Ashram can fulfill certain functions and provide laboratories for specified work. Some can provide a demonstration laboratory of the **trained observers** of the world and can handle world glamour and illusion. Other groups can focus on the development of the telepathic faculty and become **trained communicators**. The objective before the Hierarchy at this time is to break and dissipate the world glamour. This has to happen on a world scale just as it happens in the life of every disciple. Just as a man shifts his focus of consciousness (when on the Path of Discipleship) on to the mental plane and learns to smash the glamour which has hitherto held him on the astral plane, so the problem before the Hierarchy today is to bring about a similar happening in the life of humanity as a whole, for humanity is at the crossroads and its consciousness is being rapidly focused on the mental plane. A death blow must be struck at the world illusion for it holds the sons of men in thrall. **By learning to break through the glamour in their own lives and to live in the light of the intuition, disciples can strengthen the hands of Those Whose task it is to awaken the intuition in man. There are many and different kinds of**

glamour and disciples are frequently surprised when they learn what is regarded as glamour by the Masters. I will enumerate a few of the more general glammers for you, leaving you to make any needed application and expansion of the idea from the individual to humanity as a whole.

Here are the names of some of these glammers:

1. The glamour of destiny. This is a glamour which indicates to the one whom it controls that he has important work to do and that he must speak and work as destined. This feeds a pride which has no foundation in fact.
2. The glamour of aspiration. Those thus conditioned are completely satisfied and pre-occupied with their aspiration towards the light and rest back upon the fact that they are aspirants. Such people need to move onward on to the Path of Discipleship and cease their preoccupation and satisfaction with their spiritual ambitions and goals.
3. The glamour of self-assurance or of what might be called the astral principles of the disciple. This is the belief, in plain language, that the disciple regards that his point of view is entirely right. This again feeds pride and tends to make the disciple believe himself to be an authority and infallible. It is the background of the theologian.
4. The glamour of duty. This leads to an over-emphasis of the sense of responsibility, producing lost motion and the emphasis of the non-essential.
5. The glamour of enviroing conditions, leading frequently to a sense of frustration, or of futility or of importance.
6. The glamour of the mind and of its efficiency and its capacity to deal with any or every problem. This leads inevitably to isolation and loneliness.
7. The glamour of devotion, leading to an undue stimulation of the astral body. The man or woman thus glamourous sees only one idea, one person, one authority and one aspect of truth. It feeds fanaticism and spiritual pride.
8. The glamour of desire with its reflex action upon the physical body. This leads to a constant condition of fighting and of turmoil. It negates all peace and fruitful work and must some day be brought to an end.
9. The glamour of personal ambition.

There are many other glammers, both individual and world-wide, but these will serve to indicate a general tendency.

Those who are in preparation for initiation must learn to work consciously with glamour; they must work effectively with the presented truth, ignoring any pain or suffering or mental questioning which is incident to personality rebellion and limitation; they must cultivate that "divine indifference" to personal considerations which is the outstanding hallmark of the trained initiate.

I shall not deal further with the subject of glamour as it affects or might affect this particular group of disciples in my Ashram. The times are urgent and the need of humanity so great that there is no "space in consciousness" (to use an ancient occult phrase) for the reiteration of the known ideal, or to tell you again what needs to be done.

I would have you realize that there is no haste in the work which a Master carries on in connection with His disciples. There is no hurry in the work which I am proposing that we do together, but neither should there be any waste time or lost motion. It will become apparent to you that much that I seek to accomplish is related to thought control and to the activity of the creative imagination. The Hierarchy produces its effects upon the plane of appearances through the potency of its unified, conscious thinking. The establishing of such a **condition of unified thinking** within the New Group of World Servers is part of my major effort at this time; we can achieve little until that has been brought about.

So I summon you to a new phase of intense, inner living and dynamic thinking, but this time with a group objective - the objective of group fusion, group united thinking and group relation.... It is the

inner life of reflection, the cultivated recognition of the soul and the reflective alignment of soul and personality which will determine the success of this work.

Third: There is another great mind power which has to be unfolded. It is one which characterizes all liberated souls, no matter what their ray. This is the power to heal. This work is as yet in embryo and the group consciousness is as yet so young and unpolarised that it is needless for me to enlarge upon the possibilities ahead. **When men can be trained to be unselfishly and divinely magnetic and radio-active, then there will be poured out upon the world certain divine forces which will vivify and reconstruct, which will eliminate the evil and heal the sick. Hitherto the attempts of men in the field of medicine, of healing and of the various forms of therapy have been the result of impulses to respond to these hovering forces, but that is all as yet.**

These are the three major faculties which the spiritual man can unfold; other faculties and developing capacities are only expansions of these three - telepathic thought, receiving and transmitting; intuitive recognition of truth and its formulation into concepts by the mind, plus the later process of materializing that which has been intuited, the highest form of creative work; healing, with its understanding of energy and forces which will lead later to the rebirth of humanity.

Little by little, the picture of the possibilities and of the Plan will unfold before you as your minds increase in sensitivity and your brains become more responsive to mental impulses. Little by little, the disciples of the world will work at the reproduction - on the physical plane - of that which exists subjectively. Little by little, there will appear all over the earth, groups of illumined souls who can cooperate with the Masters with perfect freedom of intercourse because their responsiveness has been scientifically trained and developed. Their power to work in tune with or in unison with the Hierarchy, to cooperate with the group life of many other groups of disciples and to communicate light and revelation to the world of men will later be an accomplished fact and is already much more actively present and potent than you think. **A little vision, brother of mine, makes the way of the disciple easier and hence I have enlarged somewhat upon the possibilities which we, with our prevision, regard as already facts in manifestation. Nothing can stop the eventual success of the Plan; it is simply a question of time.**

One of the steps in training which lies ahead of you is the establishing of a closer contact with me, your Tibetan Teacher. This you must attempt with no formulated ideas as to what the results will be—if any are to be objectively realized. The results may be sensed by me alone on my side, or they may work out in certain specific realizations and even phenomena on your side. I indicate not the results of such an activity for the power of suggestion and the response of the creative imagination is a fruitful source of glamour.

I would, therefore, ask all of you who are my disciples to endeavor to make a contact with me at the time of the Full Moon each month. Make sacrifice in order to establish this monthly relation as I will make my adjustments to contact you. May I emphasize the necessity for holding the thought of that contact for three whole days prior to the Full Moon itself, with aspiration and with confidence and then for three days afterwards with expectancy. May I point out the prime importance of making this a group activity and not a personal contact. Enter upon the work with the realization of your group relation with your fellow disciples and with me, for only in so far as you seek to contact me as a disciple in my group will the measure of your success be rated. This contact is not of the same nature as that direct and individual contact between a chela and his Master. Many of you are linked with your own Master, though temporarily working in my Ashram; your contact with me is intended to be a group contact and, as a group, you will seek to strengthen the tie between us. This, therefore, is an act of group service to be rendered selflessly and with no personal expectancy.

Owing to the pressure of time and of urgency in service, I am one of several teachers who have pledged themselves for the next few years to keep the twelve hours prior to the Full Moon of each month open for contacts with their disciples, so that at any time during that twelve hours, the world servers and disciples can make an attempt to reach us. This will somewhat facilitate your work for you need not, therefore, keep the exact hour of the Full Moon, unless this is easily possible. **Service in the world these days requires constant pressure and attention and the work is strenuous.** It may not always be possible for you to make your approach at the exact hour of the Full Moon, though you can at that hour always - silently and interiorly - lift up your heart and eyes to the Eternal. But at some hour during the preceding twelve hours, you can make your approach. When you do so rightly, you will find me waiting. Go to your work with clear vision, a loving heart and an understanding love. Much can then be accomplished....

D. PERSONAL INSTRUCTIONS 7 – S. S. P.:

Note 1: Some of the formatting for the Higher SAM Synthesis and Lower SAM Mergration below have been modified from the Aries, Taurus and Gemini Full Moon Report formats. This is to hopefully be more clear, especially involving the fact that the Monadic Ray is generally not specified in the DINA information by AAB but is in general being hypothesized in the SAM information.

Note 2: It is highly recommended to reread the previous Virgo 2025 Full Moon Report Addendum 1 on the 'hypothetical generalizations of people who are in the process of integrating their Sycal, Astral, and Mental consciousnesses into an integrated personality or Soma' for its more detailed information on: 1. The subsequent 'problems that may arise' from integrating our personality (Soma) and fusing it with our soul (Aura). 2. The definitions for the words subconscious, conscious and super-conscious used in these Addendum this year. 3. The two groups of people who are powerfully affected by this 'integrating process' (SAM – Synthesis And Mergration processes). 4. The process of establishing of a definite relation with the soul. 5. The self or therapeutic studies to be made in this new approach to help understanding of these processes. 6. What answers are the goal of this work. 7. How the two words "peace" and "good will" apply to this work. 8. SAM – the way these hypothesizes apply to our color interpretations.

Higher SAM Synthesis (Soma Aura Monad):

<u>Vehicle/Body/Level/etc.</u>	<u>Ray</u>	<u>Synthesis color</u>
Monad (Spirit):	Not Given NG	2 nd Blue – Hypothetical
Aura (Soul or 'Spiritual Ego'):	2 nd	Orange
Soma (Personality):	5 th	Blue

Synthesis Relationships:

Monad to Aura (Higher Equilibrium)	2 nd /2 nd	Blue/Orange
Aura to Soma (Lower Equilibrium)	2 nd /5 th	Orange/Blue
Monad with Soma (Soul-Ution)	2 nd + 5 th	Blue + Blue = Blue
Aura to Soul-Union (Synthesis)	2 nd /(2 nd + 5 th)	Orange/Blue

Lower SAM Mergration (Sycal Astral Mental):

<u>Vehicle/Body/Level/etc.</u>	<u>Ray</u>	<u>Mergration color</u>
Mental	4 th	Indigo
Astral	6 th	Indigo
Sycal (Physical)	3 rd	Yellow

Mergration Relationships:

Mental to Astral (Higher Balance)	4 th /6 th	Indigo/Indigo
Astral to Sycal (Lower Balance)	6 th /3 rd	Indigo/Yellow
Mental with Sycal (Soma-Ution)	4 th + 3 rd	Indigo + Yellow = Yellow Brown
Astral to Soma-Ution (Mergration)	6 th /4 th + 3 rd	Indigo/Yellow Brown

Major energies:

<u>Major energies:</u>	<u>Ray</u>	<u>Activity</u>
Spirit (Monad)	2 nd Hypothetical	Hypothetical impact with Soma
Egoic (Soul) energy (Aura)	2 nd	Active (mainly Mentally)
Personality energy (Soma)	5 th	Active (mainly Mentally)

Minor Energies:

Mental energy	4 th	Active Aurically and Somatically
Astral energy	6 th	Active Aurically and Mentally
Physical energy (Sycal)	3 rd	Active mainly Somatically

May 1934

We are to work together for a while and I seek to help. Your first objective is to set up an understanding relation with your group members and with myself. No groups belonging to the Masters or affiliated with Their Ashrams, such as are now planned under the new impulse emanating from the inner side, can function adequately unless **there is willing and voluntary cooperation between the units who compose the group**. This is not always easy.

You have been asking yourself on what grounds have you been chosen out of the many possible aspirants to do this particular work? Partly for karmic reasons, my brother - a karma that has touched mine at various points, and partly because the inner light has been fanned to a flame by your faithful adherence to the ordained duty. This warrants a further fanning of that flame by those of us who are seeking helpers in the outer world. Your objective is and has been service. This we know and to increase your capacity to serve is my objective. Are you willing to be taught and will you voluntarily attempt to conform to my suggestions? You can at any time cease to work and can drop out at will. There is no compulsion in this work of service which love of humanity and of the Great Ones calls forth.

Your attention has not primarily been fixed on the art of healing, yet you can - if you will - heal with potency those emotional ills which are deep-seated in the astral body; this latent and unrealized power of yours must be developed and brought to usefulness. Some people heal those afflicted with physical ills. Some work in the field of psychology and deal with those troubles which have a more mental basis. Others (and you amongst them) can aid in stabilizing the emotional or astral bodies of those distraught. This I can teach you to do. But first of all, we must get you into a better organized condition so that you can present to your soul an aligned and clear channel through which spiritual force may flow.

For a while the focus of your attention must be upon the heart center. To this end, a meditation which you will find in this instruction will be of service to you if you will work at it for the space of six months....

Your main difficulty and the main hindrance to your usefulness lies in the over-activity of your mind; this does not make you especially critical of other people but it does keep you yourself in a constant state of questioning and of bewilderment about the fundamentals by which humanity lives. **A questioning of the unanswerable is a waste of time, my brother. The attempt to define the undefinable and to measure the mind of immensity is futile. Work, therefore, at the production of that inner mechanism of contact which exists as yet only in embryo within your personal ring-pass-not. Remember that only through right meditation, useful thinking, and the practice of harmlessness can this mechanism be duly developed. When developed, the futility of your questioning will be seen, for you will know the truth and the truth shall make you free. Think with simplicity.**

I give you, my brother, a special piece of work to be done during the next six months. In my various books and writings I have referred much to healing and to the new developments in relation to the etheric body. Will you go through all of them and cull from them passages which have reference to healing in any form and to those passages which deal with people connected with the healing art. Thus will you serve me and my group of disciples and make that which I have said more easily available in compact form for the group use. This will be a real service.

To you I give this message: **Seek not the reason yet for all that does appear, but learn to love and do. Work from the heart and not from the head and balance your unfoldment. With heart and head aligned, the healing force can flow with power through you to others.**

November 1934

I have but little to say to you this half year, so brief a time have you been working in this group. The doors of opportunity have opened wide for you, for your increased stimulation (through your group affiliation) has so enhanced your potency that your vibration attracted attention where your words on occult matters would have fallen on deaf ears. Herein is your field of service and herein lies your test. Particularly for you the word magnetism should be considered. **You have some definite magnetic power. This you know. But through which center will it flow, and via which body? I give you here a thought and I indicate to you a field of awareness, concerning yourself, that you should learn to master. Some day you will be forced to face the issue and decide from what plane and through which body you will work. Will you be mentally magnetic, and stimulate the mental bodies of those you serve, or will your**

magnetism be astral and feed the emotional nature of those you contact? Animal magnetism is not what interests you, but that which you have can be consecrated, through reticence and control, to service. Egoic or soul magnetism should be your goal, and from that point of soul influence you can some day work. But as the soul makes magnetic all three bodies, you must learn control and right use; otherwise soul force, pouring through that which is uncontrolled, will inevitably destroy.

Keep on with the same meditation. Later I will give you an entirely new mode of meditation, if you proceed with this as desired. I would ask you to keep careful monthly records. They need not be long but must be sincere. Note specifically and accurately your emotional effect upon:

- a. Your family.
- b. Your associates.
- c. Those to whom you lecture or preach.
- d. The lives you touch each day.

Note this and enter on your record in your spiritual diary. Thus will you learn to work and understand.

Study again with care what I said to you a few months ago and may the clarity of light guide your heart, your thoughts, and aspiration.

June 1935

During the coming six months I am going to ask you to do two things:

First of all, concentrate your energy each day and do not dissipate it in so many unrelated activities. A wise conservation of energy and the elimination of non-essential activity is for you desirable at this time; it will bring about an inner organization of your forces which in a year's time will greatly increase your usefulness in service.

Secondly, I want you to lay emphasis in your meditation on the simple, and apparently elementary, stage of alignment. The work of watching each day your use of energy, and your meditation practice in alignment will produce in you a greatly increased efficiency. Your alignment is weak. Your motives are all that could be desired from the angle of your knowledge; your devotion to the cause of humanity is equally right; your liking for your fellowmen is very real. Your mind is active and alert, and you are deeply interested in life and in all that concerns human relations. But your coordination and your alignment are not good. The coordination factor is that which governs the integration of your personality—mental, emotional and physical—whilst the alignment factor is related to the control by your soul, and the establishing of a direct line of contact between your soul and your brain, via your mind.

Figuratively speaking, there is a lack of steady contact between the mind and the astral body. Here is the weak place in your alignment. When you are mentally alert, which is quite often, a temporary coordination is set up and there is what one might call a momentary alignment. But the moment your mental activity ceases there is a complete break. You then function as a sentient, emotionally vital and active person, with the mental nature remaining outside the lower alignment.

I told you earlier that you could work as a psychological healer. This is true. But your knowledge of modern psychology is as yet weak; you should read and think more definitely along academic lines for that will aid in bringing about the needed integration and coordination.

In the production of alignment during meditation, I will ask you to do the following exercises, in breathing and in focusing. You know well, do you not that the more disciples are aligned and coordinated, the greater will be their power in service.

Therefore, attempt the following breathing exercise, paying particular attention to the interlude, and to the line of thought which you carry forward during these interludes. This is, for you, a somewhat difficult task, yet the interlude should be the easiest and most effective part of the meditation work. An interlude, properly held and utilized, is one of the preparatory steps towards that occult phenomenon, called by the oriental teachers, samadhi....

Then meditate deeply during the next six months on the following six phrases, holding the consciousness as high in the head as possible, and attempting to hold the mind steady in the light and aligned with the brain.

1st month—May the light of the soul illumine my mind, and shed a light upon the way of others.

2nd month—May the love of the soul control my lower nature, and guide me in the way of love.

3rd month—May I act as a soul in all my ways, and thus awaken others to a right activity.

4th month—I teach the way to others. I seek to contact souls, not minds.

5th month—As a soul, I serve my fellowmen.

6th month—I place the torch of truth in other hands, and from my torch they light their light.

If you follow these simple suggestions, my brother, you will be surprised at the results which will appear in a year's time. Simplicity is the way of soul growth. Be simple.

Each month, write a simple summation of your thoughts and service as you work with the monthly seed thoughts. Endeavor to make these six papers of **real mental value to others, and also see, if possible, that they have a magnetic value and that they breathe out, not only mental understanding, but also an emotional appeal. Attend likewise to the form in which you cast them for that will be the symbol on the physical plane of your inner alignment** (SAM – main points to all Education talks and writings – as is the way these teachings are written).

January 1936

I have very little to say to you this half year. The meditation work and the exercises assigned to you in your last papers were intended to cover your work for the period of one year.... I would ask you to study your last instructions with exceeding care. All I intend to do is to give you a new series of seed thoughts. Your coordination is better, but your alignment is still weak. One of the objectives, which you should have steadily in view, is the constant cultivation of the **attitude of the observer**, of the one who assumes and holds the **position of the perceiver**. This you are beginning to realize, for I note in you a closer attention to the daily duties of the disciple, and a more observant attitude towards yourself, and towards what you do and say and think. This reaches, likewise, to your life on the astral plane, and **you are becoming aware of the dreams and experiences in the hours of sleep. Remember ever, however, that these also are a part of the great illusion. The goal is to develop the powers of observation which are those of the soul, and the cultivation of the power to register, through the medium of the brain, the thoughts of that divine Perceiver.**

In order to achieve this attitude there is no need for you to subject yourself to constant criticism. Each day, however, subject yourself to a brief and exact analysis. I suggest for your personal use a form of evening review.... Have the thought of the divine Perceiver as you work over it each day, and seek to see yourself in the light of that spiritual perception. It is not necessary, my brother, to do this at night, if the hour, fatigue or your duties should render it inconvenient. Do it once in the twenty-four hours and do it with care.

Disciples everywhere have to work hard at the task of self-perfecting for the world situation demands trained and skilled workers. **No group can be used in world service that is not working in perfect accord and this harmony must be attained as a group. It must be brought about, not through the process whereby people withdraw within themselves and thus inhibit that which upsets group equilibrium, but by the process of loving self-forgetfulness.** You have within yourself a good deal of steady staying power, and you have also a definite capacity to radiate. Use these powers as a contribution to your group life, and, by means of your loving radiation, strengthen the group structure, and stimulate the group love. This is something I ask you definitely to do.

My brief instructions to you can be summed up as follows:

1. Keep your meditation as heretofore.

2. Follow carefully the review work assigned you.

3. Above everything else pay close attention to reaching me, if possible, at the time of the Full Moon and give to the five days thereof your constant thought. I am anxious to see a greater emphasis built up this year in connection with your contact with me, your teacher and your friend.

One other point I seek to make, my brother, whom I hope to see drawn into a closer relation of service. This point may be regarded by you as in the nature of a criticism. From my point of view and lucidity, it is the pointing out of a hindrance to your progress; it is in the nature of a stone or rock over which you might stumble as you tread the pathway towards the light. You have, as you know and as I have told you, a very critical mind; you are full of response to, and recognition of, the weaknesses and frailties of your family and associates. Let not this grow upon you, but let it cease, for it builds a barrier between you and them, and obstructs and hinders your service.

The seed thoughts on which I would ask you to meditate are as follows:

1st month—The heart as a radiating center of love.

2nd month—The radiance which shows itself as joy.

3rd month—The will, as directed by love and expressed in freedom.

4th month—Speech as an expression of a heart at rest.

5th month—The power to dwell, unmoved, at the center.

6th month—The personality, as a reflector of the light of the soul.

December 1936

One of the secrets of true life, which is beginning to emerge in your consciousness, is that of being. It must take the place of doing. Life has so arranged itself for you that activity is the way of expression and the line of least resistance. The pressure of the times in which you live and the need of the world have definitely forced you to be active in a fairly large environment. So do our souls arrange for us the major ways of life! But there is slowly dawning upon you the realization that by "standing in spiritual being" (more than by any specific activity) you can express the deep basic trends of your life, and make yourself of value in your surroundings. This is predominantly your life lesson and, my brother, you are just beginning to learn it.

For you, radiation is the keynote. And you can radiate. For you, the goal is to be a channel and no more and no less. This is the outstanding requirement and demand of your soul from your personality. This, I believe, you already know, and a study of your soul and personality rays should make clear to you why, in this life, this is so.

The ray of the mind, the fourth ray, is the controlling ray of your personality, and that means that the power to react to soul illumination is yours. The goal of your meditation should be light. I would point out, however, that in your case it is one of quiet reflection and inner recollection, preserved at all times. This permits you to be a channel for the inflow of light to your personality and, through your personality, to your environment.

I am not, therefore, going to give you a definite meditation upon light, but am going to ask you to make light the subject of your daily review. I call it not an evening review as I care not when you do it, as long as you do it once within each twenty-four hours, taking one or two of the questions in the review, reflecting deeply upon it during the next six months. Then each month answer one of the six questions I here set you, one question each month.

1st month—What, to me, is the practical meaning of the word, light?

2nd month—In what manner can my life be illumined?

3rd month—What is the factor producing illumination, and does this factor function normally in my life?

4th month—What effect will an illumined mind have upon my daily life?

5th month—What effect should my life as a Light-bearer have upon my environment?

6th month—Am I in touch with other Light-bearers, and in what manner?

Let your replies to these questions be brief but full. Yes, I mean exactly what I say, my brother, "brief but full" for this is largely a question of terse terminology but of concise definition. Continue also with the group meditation, but write those brief reports, not only for your own illumination but also for the enlightenment of your group brothers.

In connection with your personality rays, I would point out that the ray of your mental body is that of the fourth, which facilitates your task of responding to the light of the soul, for it gives you a mind nature which can react easily to your second ray soul, for it is on the same line of force. At the same time, it makes your mind a focal point for soul force in your fifth ray personality, which is itself a mental ray. The building of the antahkarana (SAM – the self built bridge between a person's Auric soul and Somatic personality to allow consciousness to flow freely between them) - should constitute for you no real problem.

Your astral body is on the sixth ray. This gives you a one-pointed attitude to life and primarily, in your case, to the things of the spiritual world. You are definitely "on your way" and with a quite satisfactory simplicity are going forward. This ray also enables you to make a fairly facile soul contact, should you so desire. Your rays, therefore, are:

NOTE:

1. The Monadic ray vehicle (Monad) - 2nd Ray of Love-Wisdom hypothetically – SAM.
2. The soul (Aura) ray - 2nd Ray of Love-Wisdom.
3. The personality (Soma) ray - 5th Ray of Concrete Science.
4. The ray of the mind (Mental) - 4th Ray of Harmony through Conflict.
5. The ray of the astral body (Astral) - 6th Ray of Devotion or Idealism.
6. The ray of the physical body (Sycal) - 3rd Ray of Active Intelligence.

1. Your soul (Aura) 2nd ray energy seeks expression through the 4th ray Mental Body and 6th ray Astral Body and also through the 5th ray Soma or personality via the Mental Body – SAM.

2. Your personality (Soma) 5th ray force – wants to come through the 3rd ray physical body (Sycal) - SAM.

What, therefore, constitutes your major difficulty, for you are **NOT** satisfied yourself with your progress, and rightly so?

The main reason lies in your fifth ray personality, wherein the emphasis is laid upon the critical, analytical mind. This leads you to watch and criticize and to argue with yourself and with circumstances. It also lies in your third ray physical body which, again upon the mental line, increases the activity of your critical personality. It is yourself, however, whom you mainly criticize, but this can be as wrong and as unnecessary as criticizing others. If you will let your soul influence your personality more definitely, working through your fourth ray mind and your sixth ray astral body, studying and utilizing these **lines of least resistance**, you will make rapid progress towards that goal you have set yourself in this life - the integration of soul and personality.

Be not discouraged. **If you and all your group brothers will work on these ray ideas and deal with yourselves as unified wholes and not with yourselves as composites, you will soon be ready for group work in healing.** For this I am planning.

REVIEW ON LIGHT:

1. What constitutes a review?

a. What, in my estimation, would constitute a reviewing of my day with the idea of Light predominating?

b. In a review, am I asked to re-do or re-experience, or should I assume the attitude of the Onlooker, who stands "steady in the light?"

2. Am I capable of learning to walk in the light and thus finally of achieving illumination?

3. Can I see myself mentally as standing in the light of my soul and do I know the meaning of steady reflection?
4. If I use this review on light as it should be used, what will be the effect in my life, and what will be the effect in the life of the group whom I serve?
5. Can I honestly say that I know how to stand aside as a personality and turn the light upon the problems of my daily life?
6. For what reason do I want to walk in the light?
 - a. Because I seek personal illumination?
 - or
 - b. Because I want to help in enlightening those around me?
7. If this review work is a definitely scientific method of bringing about subjective results with objective changes, what will these results and changes be?
8. What basis can I find in my study work which would indicate that I could be illumined and thus intensify my capacity for service and my increased usefulness upon the Path?
9. Is my progress upon the Path of importance? Why?
10. If it is true that the blind must advance by touching, but that those with sight move by seeing, and by keeping free and unattached, why then, having sight, do I not walk more definitely in the light?
11. Is my mind the organ of vision for the spiritual man, and am I offering this organ to the higher self to use?
12. Can I hold the mind steady in the light?
13. As I review my day, what part has illumination played?
14. How do I define the phrase "light of the Soul"?
15. Light is a quality of the soul. In that light,
 - a. Can I forget the fragmentary personal self?
 - b. Can I recognize the one self in all selves?
16. We are told that there is an archetype, a pattern, a ray, a goal and a light which shines from the Path. Realizing this, do I know anything of the freedom from worry which should enlighten my way?
17. In what manner is the light reflected in my life?
18. Do I recognize my fellow pilgrims on the way of light?
19. Can I draw consciously upon the light when others need it?
20. I am the redeemer of the lower nature. In what manner does light aid this redemption?
21. Has there been one moment this day in which the light has poured through me?
22. The nature of the soul is light. Experience of this light is achieved through mind control. What does mind control signify to me?
23. By what problems and on what occasions is the light in me most easily evoked?
24. Have I brought light to others today?
25. If I did demonstrate light, did I do it consciously or did it just pour through me?

26. What activities and qualities of my lower nature need to be eliminated if the light is to lighten my way?
27. What is the main hindrance to my enlightenment?
28. In what manner can I use the light in order to help my fellowmen?
29. In what way can I most truly serve my fellowmen?

August 1937

During the past six months, you have made definite progress and are now far more of a strength, inner and stable, to my group than you have ever been. **Preserve this stability and this freedom from criticism which you have in some real measure achieved, seeing to it that this stability does not crystallize into a static condition or this freedom from criticism does not interfere with the quality of free analysis.**

This group of disciples is more aligned, and integrated, than it was and if this integration proceeds and rapport is more strongly established, we can indeed proceed to work later on. This work is, in the last analysis, dependent upon certain rightly established rapports:

1. Between the group members and myself, your Tibetan Brother.
2. Between the group, as a whole, and the Hierarchy.
3. Between this group of chelas and other groups in my Ashram.
4. Between the individual members in the group.

I would ask you to ponder on these matters.

I have said that I would deal with the rays of the personality vehicles during the coming instructions, so that you can realize your individual problem more easily and, therefore, more quickly fit yourself for service. As you know, your personality ray is the fifth and your mental ray is the fourth and the ray of your physical body is the third: 5-4-3. These are the Rays of Concrete Knowledge, of Harmony through Conflict (wrought out, therefore, in your case in the mind nature) and Active Intelligence. It will be apparent to you then, if you think clearly, why your physical vehicle is such a good response apparatus to mental impression, and why your life problem is tied in with the physical plane location or environment where your personality finds itself. **Your problems come far more from your circumstances and your environment than from within yourself.** Is this not so? **This is not so usual a condition as might appear. You are singularly free from inner complexes but also singularly responsive to outer circumstance.** Ponder on this, because it will make your way of life more clear, and will greatly facilitate your progress on the Way.

The inhibitions to the free play of the light of the soul through you in your environment are not to be found in any particular mental or astral reaction but in the response your entire personality makes to your outer environing conditions. That response produces an outer swirl of forces in your aura wherein comes opportunity for your fourth ray mind to produce harmony through conflict, and skill in action, which is the true significance of the subsidiary names of this ray, called frequently the Ray of Art or Beauty. It is the ray of creative living, and not creative art. **Creative living produces beauty and harmony in the outer life, so that others can see the achievement.**

How can this skill in action be produced? How can this predisposition of yours to produce harmony in spite and because of conflict be facilitated? By a strongly mental meditation which will bring in the light of the soul, which, in your case, is love-wisdom, and bring it in such power that the combination of wisdom and of skill in action (in order to manifest harmony) will produce the emergence of the inner pattern into the outer theme of your daily living. I would point out to you that you are more strongly on the wisdom line than on the love line, and, under our plan of individual analysis, you would be listed as on the "Buddha Way" more than upon the "Christ Way." To work this out effectively, you should concentrate your attention upon this theme of wise and skillful living, as it expresses itself in your environment. This will tend to extrovert you very considerably, to focus you on physical plane living, and to bring your brain consciousness (and consequently your outer activities) into line with soul wisdom and soul desire.

There is no particular need for you at this time to pay much attention to your astral or emotional condition.

Focus your inner attention in two aspects of your nature: the soul and the brain, through the use of the illumined mind. You will see, therefore, why I asked you the questions I did in the last instructions, and required your defined answers.

I will give you a fourth ray meditation which must be carefully followed by you until you next hear from me. Do this meditation rapidly, at a point of tension and of fusion, and do it dynamically with all the power of your illumined will behind it....

Proceed with confidence, my brother, knowing that all is well. You have two major physical plane problems which are well recognized by you and are known to me. Solve them, if possible, during the coming six months by the aid of the thoughts which I have today given you.

May 1938

It will, I know, be a source of great satisfaction to you that some in my group are starting definite group work in healing. You are on the active line and it will be of peculiar benefit to you to thus cooperate, for it will do more to integrate your personality and your soul into one functioning unit than any other one exercise. For this reason, I do not intend to do more than give you a short breathing exercise which I would ask you to carry forward regularly before doing the group meditation. This exercise will aid in swinging your various bodies into a rhythm which will facilitate the down-flow of the healing force which - in this group work - must come from the soul. The group is not really working (as does the average healer), with the etheric prana....

This exercise will build up a closer group rapport and is in the nature of a special service which you are rendering to the group, and will establish a kind of rhythmic impact upon the patient, thereby weaving a path of light to him along which the healing energy can flow.

Your last instructions are full of suggestions to you which should become clearer and more helpful as you study them and bring to them a growing inspiration. I would ask you to study them in the light of your gained experience and the new assignments given to my disciples.

There will be for you several important changes during the next two years, both in your life and your environment. Be prepared to recognize them and to gain from them that inner development which the right handling of the presented situation should - and will - give.

This is all I have to say to you at this time.

AAB FINAL COMMENT NOTE:

This disciple is still loosely affiliated with the Tibetan's work and is still, on occasion, in touch with the Tibetan. Of him, the Tibetan remarks that this affiliation is permitted because "he lived fully up to the light that was in him and that his failure (if so it might be called) was due to the fact that he was at the very beginning of the Path of Discipleship."

SAM Synthesis And Mergration Consultation and Interpretation Notes:

A. SAM Synthesis Interpretation Notes: Although a lot has been given about this person it is given that they are doing basically what they can and the main problem mentioned is that they are still at the beginning of this work in their spiritual life or Path.

There is a lot to note, however, this will be done only briefly and left to the rest of the group to carry further what has been said above and these brief comments to determine how this may relate to our own lives and our color readings.

1. Monad 'Hypothetical' Blue - 2nd Ray considered due to their indicated major ray line of 2, 4, 6 in the group.
2. Aura Orange - 2nd Ray considered Lovingly-Wise ability to work out Auric, Karmic and Soul relationships and within themselves and groups.
3. Soma Blue - 5th Ray considered as a person striving for Concrete Knowledge in life of the integrated personality.

4. Mental Indigo - 4th Ray considered a person who is mentally implementing intuition to resolve conflicts.
5. Astral Indigo - 6th Ray considered also a person who is Devoted emotionally on the path forward.
6. Sycal Yellow - 3rd Ray considered a person who is physically incorporating Active Intelligence in their life.
7. The Higher Equilibrium relationship of Blue Monad over Orange Aura produces a Blue Brown of a person striving for the Green path of harmony or the Violet path of balance on the higher levels of being. This is hypothesized due to the Monadic love searching for Monadic group relationships influenced by a Lovingly-Wise Auric Soul.
8. The Lower Equilibrium relationship of the Orange Aura over the Blue Soma considered as a loving soul with still some work to do 'Over-Lighting' the Concrete Knowledge of the Soma or personality.
9. The Hypothetical Soul-Union relationship of Blue Monad with the Blue Soma and therefore, Blue Soul-Union is considered the real Soul-Union of the highest loving truth when compared to the loving wisdom of the Aura or Soul.
10. The Synthesis is the Blue of the Soul-Union plus the Orange of the Aura which indicates either the Green path of Harmony through Conflict, the Violet path of balance and healing.
 1. A synthetic and more truthfully loving synthesis of the person's being which can be 'capped' by the 'immature Love-wisdom of the Soul' Orange if the Soul is made the 'Goal' of Love-wisdom instead of going higher on to the Monadic Love of Truth and its concrete use in life.
 2. However, the Soul-Union could be used to 'uncap' the 'Love-wisdom of the Soul' Orange if the Soul is not made the 'Goal' and is progressed to a higher illumined state of consciousness based on the highest loving truth of the Soul-Union.
 3. Much more could be said but for us, SAM, the insights lay in the two paths (Green and Violet) of the Synthesis, working through the three lower vehicles (Sycal Astral Mental) and the personality (Soma).

B. SAM Mergration Interpretation Notes:

1. Mental Indigo - 4th Ray considered a intelligent and sensitive movement towards intuitive understanding and harmony.
2. Astral Indigo - 6th Ray considered desire for karmic/Auric or higher Intuition.
3. Sycal Yellow - 3rd Ray considered incorporating Active Intelligence in their life.
4. Higher Balance relationship of Indigo/Indigo which forms Indigo and another search for the highest or best intuitive insights.
5. Lower Balance relationship of Indigo/Yellow which forms Yellow Brown. Again the appropriate path of Green path of harmony or Orange path of love wisdom or loving desire is used through the Astral into the physical Sycal vehicle.
6. Soma-Union (union of Mental and Sycal) Indigo + Yellow = Yellow Brown in a search for intuitive intelligent love through the Green or Orange paths is available.
7. Mergration of Astral Indigo over the Yellow Brown of the Soma-Union forming Green (or Blue) Brown of a person (depending on which rays are more or less active) who could, if they can successfully use either the path of Red, Violet, Green, Blue, or Orange, and be guided, protected, and blessed by a lovingly-wise Aura and impulsed by a Truthfully Loving Monad become a significant group member.

SAM FINAL COMMENT NOTE ON ADDENDUM 1:

Hopefully everyone can see and focus on the Divine beauty, harmony, dance and game (Lila), symphony, intelligence, glory, universality, mystery, science, order, evolution, progressions, hierarchies, etc. in these concepts, hypothesizes, theories, realities, teachings, techniques, methods, insights, impressions, intuitions, thoughts, 'Kama-manas' (emotional thought forms), sensations, kingdoms, realms, etc. and increase their usefulness in our lives and increase the usefulness of our lives.

Conclusion (at this point) on ADDENDUM 1:

May we consider together entering into that higher state of (group/soul) 'bewilderment', especially at this cycle of Aquarian consciousness, yet strength and unity from our lower state of personal certitude and isolation to possibly obtain a universal group consciousness.