Full Moon of Gemini on Friday, June 5, 2020 at 22:12:15 in Romania:

The main Keynote or phrase to consider for all Gemini Full Moons (each year): "I recognise my other self and in the waning of that self, I grow and glow." There is also a way of looking at the Keynotes each Full Moon of the year in terms of Light. The Gemini Full Moon Keynote of Light each year is: "The Light of Interplay." Consider the Keynotes at, or as close to, the time of the Full Moon as possible and what they might mean as a Group.

A. Notes on this coming Full Moon of June/Gemini:

- 1. Watch for any impressions that may come to you before the Full Moon that may relate to the Keynotes, especially two days before the Full Moon, the day of the Full Moon and two days after the Full Moon. If you want to share any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
- 2. This is the third and 'highest' of twelve Full Moons of this Astrological year and is the third and highest of three 'Building Consciousness and Energy' full moons of this astrological year. The Gemini Full Moon each year is considered the 'Annual Festival Full Moon' and also carries an additional annual Keynote. The Annual Keynote for this year 2020 to be carried throughout the rest of the year is: "Let the 'Forces of Creative Life' circulate and the Law of Elevation control."

 The Law of Elevation concerns the mysteries of group realisation, and expansions of consciousness and the part each unit plays in the general progress of a group. The energy which is built during these first three 'Building' Full Moons at the beginning of the astrological year, which is also called the 'higher interlude', will later be distributed over the remaining nine Full Moons of the astrological year, which is also called the 'lower interlude'.

B. Notes and Activities on or since the last Full Moon May/Taurus:

- 1. SuryaAngel meditated at the time of the full moon with Safi during a 15 minute break from work while at the Bio Farmland Herb fields. We both had significant, although short, impressions relative to the Keynote. We have prepared another Group Paper #3 to help look at additional ways of understanding our formative group process as Attachment 1 below. The paper is lengthy since it includes additional reference concepts to consider as a Forword before the paper and an Addendum 1 after the paper, however, it can be looked at and used as a paper to study over the course of the next nine months part by part. It builds on the information from our earlier Group Papers #1 and #2. If you would like another copy of either of the earlier papers #1 or #2 or have any comments or questions on the papers please let us know.
- 2. Hemp for cooperative research at BioFarmland (BFL). Samples from last year are at Favisan for analysis. Plants have been mechanically weeded and almost ready for pruning to increase yield.
- **3.** Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event possibly named 'SAMatate' between Favisan, BFL/SolarCity (The Natural Way Assoc. TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian's or other groups for the Cultural Capital celebrations in 2021. We are organizing information for possibly submitting an application or by possibly joining in the Asociatia Cries project this year in 2020 and for the main event in 2021. Discussions are continuing however the event is being postponed or possibly canceled due to the pandemic there is a new internet platform available for vertual conferencing.
- **4.** The 'Group Central Pillar Crystal' and your personally reserved Monadic Manifestation Group crystals are available to group members to come and meditate.
- **5. Poppy research at BioFarmland** (BFL) at Virginia's suggestion. A mid April planting was made of the maximum legal personal amount however due to lack of rain the crop is still not growing.

C. General Notes and considerations about the group, cycles, meditation and information flow:

- 1. We are happy to get to know each other better, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions.
- 2. 2020 begins a new seven year cycle. The final major group 'impact' has been made prior to the next 100 year 'impulse' which happens during 2025.

- 3. It might be considered that these Group Meditations seek to make use of the spiritual opportunities that the cycles of full moons, solstices and equinoxes and Group Festival Weeks provide. The unique energies associated with each constellation, season and longer cycles are directed into the consciousness as trans-formative qualities that can lift and expand our hearts and minds.
- 4. It might be considered that Group Living tends to the fulfillment of free will in service and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
- 5. In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.
- 6. Wisely utilizing newly acquired energies keeps in-flowing and out-flowing channels open and prevents Sycal (psychical), Astral (emotional), Mental (intellectual) congestion, which may otherwise be experienced, with their accompanying physical consequences.
- 7. The following regular monthly cycle is for the group information flow:
- a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
- b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
- c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
- d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
- e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

Attachment 1:

Group Paper #3: Occult Principles of Individual Triangular Group Relationships (Directive – Educational and Directive - Instructive) and their impact in New Age Aquarian Triangular Group Relationships (NAATGR): Including the Hows, Whys and Wherefores of Gender, Position, Age, Levels of Being, Aspects, Attributes and Group, Astrological and Personal Cycles.

Reference Concepts to Consider as a Forward before the Paper:

Before getting into this paper on NAATGR relative to the three Major and four Minor rays proper we might consider some insight summarized from the writtings of Alice A. Bailey:

- A. When the true nature of the three Major and four Minor rays is grasped, and when their effect on humanity in expressing these rays is also understood, we shall then approach the subject of man with greater intelligence. This is the true esoteric science. The science of the seven qualities or rays, and their effect is the coming new approach to the correct method of training and developing the human family. Modern exoteric science knows much about the outer form. Esoteric science knows much about the inner form. When these two knowledges are brought intelligently together, we shall evolve a truer and more accurate psychology and a new science of human culture. Then the work of unifying man, the outer entity, and man, the inner entity will go rapidly forward.
- **B.** Left alone and unaided, man would eventually discover for himself the designated events; but it would take much time and only in retrospect would the broad general outlines of the evolutionary process emerge from the mass of detail in which men are lost in the immediate present and foreground. By a willingness to study the truths that are sent out, from time to time, from the occult centres of the world, and through a readiness to act on suggested hypothesis will man increase his capacity to see life whole, and be able therefore to better cooperate.
- **C.** It might be well to ask: What need is there to study the rays? Of what profit is it to speculate on such matters? Here is an answer by asking another question: What indication has a person that his mental equipment makes him of any use without understanding this inner form in harmony with the outer form?

One of the first things that any teacher has to do is to increase the mental equipment of the person learning. This work is ofttimes handicapped, delayed, ill-timed, ill-judged, by the personality reactions of the leaders of the groups. All personality reactions are, in the majority of cases, based upon emotion of some kind or another. Personal ambition, the desire (sometimes unrecognised) to be the supreme authority in a particular group, fear of interlopers and of terminologies (expressing identical truths), and jealousy of other leaders, plus a sincere though foggy and deluded interpretation of truth, are a great detriment. Everywhere these things are to be seen! The seat of all this trouble is to be found in the desire-feeling-emotional body, and in an undue attachment to externals and forms. These factors prevent that clear-seeing which leads to wise and 'cooperative' action. If the mental equipment and the mental apprehension of truth can be increased, then it may be possible for real work to be done, and then the groups (that form the One Group) can go forward into real usefulness. To this end it may be profitable to provide material whereby the mental bodies of the students can grow, and wherein they can find sustenance and the means to develop.

D. Few people can evolve from within themselves the thoughts and the ideas which should lead them on in the realisation of truth; and those of us therefore who are responsible for the teaching of the race must perforce provide that which is required. Also, in so doing we work for the coming generation of enquirers, knowing full well that the advanced teaching of today, and the new ideas which influence the pioneers of humanity, become the inspiration of the thinking public in the succeeding generation, and the theology, in due time, of that which follows them. The beliefs and knowledges of the esotericists today are resolved into the formulas of faith of their successors, and become eventually identified with religious beliefs and organisations.

Mental comprehension of the ray teaching, and the study of the rays, are of mental importance and of spiritual import, as they serve to shift the polarisation of the person off of the emotional plane on to the mental plane, and thereby produce alignment and stabilisation.

Now the Group paper #3:

1. Introduction:

There is much talk, speculation and misinformation on relationships in general and, as an extension, how these relationships fit into groups. There are complications and inaccuracies along with some possible useful information if interpreted correctly. For example in the case of male female relationships there are many models, such as, Alpha, Beta, Gamma, and Omega Male and Female characteristics and 'pack', 'herd', couple, family or tribal, 'colony', 'hive' 'flock' 'school' and other insect, animal, bird, fish and human family, tribe, and national models, psychologies, archetypes, stereotypes, and cultures.

To begin to sort out some of this information, misinformation, speculation, and so on we will begin with a couple of hypothesis of what relationship can be defined as in terms of our 'Larger Being' or 'Whole Self' particularly in those New Age Aquarian Triangular Group Relationships (NAATGR) of Directive - Educative, Directive - Instructive and Educative - Instructive and even more particularly when they relate to male female relationships within these groups. These definitions can then be hypothesized into what kind of relationships in general males and females can join into or form with each other before considering how they might relate in groups.

For our purposes our Larger Being or Whole Self will be considered our Soma Aura Monad:

Soma being defined as what most people would consider our Personality or the integration of our physical body, emotions or emotional nature and mind or Sycal (physical/psychical), Astral (emotions), Mental (mind) bodies.

Aura being defined as what most people would consider the Soul, Karmic or Causal body formed by the interaction or relationship of Spirit And Matter.

Monad being defined as what most people would consider the Spirit, pure essence, jiva, Spiritual Triad, etc.

2. Gender Polarities of Soma Aura Monad:

One of the main mysteries that can be solved with a simple hypothesis is that we are all both male and female and a group in our Larger Being or Whole Self. This hypothesis is in three parts:

The first part of the hypothesis is that the term male is applied to what is termed a 'Positive, numerically odd level of Being or Active Polarity' and the term female is applied to what is termed a 'Negative, numerically even level of Being or Receptive Polarity'.

The second part of the hypothesis is that as a male or female progresses either up or down the hierarchy of our Larger Being or Whole Self the polarity changes to the opposite polarity.

The third part of the hypothesis is that since the whole Being can be viewed as the three separate parts, again, such as, physical body, emotions or emotional nature and mind or Sycal (physical/psychical), Astral (emotions), Mental (mind) bodies we are therefore within ourselves a group or grouping of energies or parts or levels, etc.

The three examples, are that a person in a male Soma physical body would be a female in their Aura, soul or karmic body and would be a male in their Monad or spiritual body; and that a person in a female Soma physical body would be a male in their Aura soul or karmic body and would be a female in their Monad or spiritual body and the gender of the person's Soma or Monad would also be their overall gender as indicated below:

a. Male

Soma - Male

Aura - Female

Monad - Male

b. Female

Soma – Female

Aura - Male

Monad – Female

c. Male Soma + Male Monad + Female Aura = Male.Female Soma + Female Monad + Male Aura = Female.

3. Relationship Progressions and Hierarchies:

Now to talk about the progressions and hierarchies of the relationships of those Larger Beings or Whole Selves we will look at the hypothesis of the Soma relationships of Singles Stereotypes Spouses; the Aura relationships of Ancestors Ancients Archetypes; and the Monad relationships of Monogamies Matrimonies Marriages.

Because of our Larger Being or Whole Self having three hypothetical levels or parts people can relate on different levels with different parts of their Larger Being. For example, on the Soma level of their Larger Beings a two people could be Singles who know each other or even live together where one is more active or male by definition in their relationship and the other is more receptive or female by definition; on the Aura level of their Larger Beings

those same two people (now opposite polarities of female and male) could be Ancestors who are closely or distantly related in their Souls or linked Karmically where the Soma level female (now on this level male) is the more active in their relationship with greater awareness or past life memories, etc.; and on the Monad level of their Larger Beings that same two people male and female (now once again male and female) could be in a Monogamous Spiritual relationship where the male is again the more consciously active by staying monogamous in their relationship and the female is also receptive to monogamy as indicated below:

Soma

Singles

Stereotypes

Spouses

Aura

Ancestors

Ancients

Archetypes

Monad

Monogamies

Matrimonies

Marriages

Because of the two gender types of male and female, the three levels of the Soma Aura Monad of our Larger Being, and the three progressions of each level (Singles Stereotypes Spouses, etc.) there are many types of male female relationships on many levels that go on between people. By looking at male female relationships in the context of groups these types of male female relationships expand even much more and can lead to even much more misunderstandings as discussed in the next section.

4. <u>Exoteric, Esoteric, and Occult Groups - Aspect and Attribute Progressions and</u> Hierarchy Positions and Energy Relationships:

Now as to how males and females would fit into NAATGR the hypothesis is that these groups are centered on a triangular relationship or 'seed group' of an exoteric triangle of three aspect members which expands to an esoteric triangle of three groups of three aspect members or nine aspect members and finally to an occult triangle of nine groups of three aspect members or twenty-seven aspect members. The groups are active or male influenced or 'based' since there is always a majority of active members or males. For example, in the occult triangle of 27 members it consists of 14 males and 13 females (5 triangles of 2 males and 1 female and 4 triangles of two females and one male - See Figure 4 for a diagram of the Occult Triangle); the three esoteric triangles of 9 members have two triangles of 2 males and 1 female and one triangle of 1 male and 2 females or 5 males and 4 females; and the initial exoteric triangle is formed with 2 males and 1 female. These triangular groups are then supported by the four attribute members (listed below but not described) and the group operational and functional members and helpers who assist the attribute members (shown in Figure 1 but not listed below or described):

4.1. <u>Exoteric Group Aspect Progressions and Hierarchy Positions and Energy Relationships:</u>

- a. Director (D) (Examples in our considered group are Surya, Zoli, Katharina)
- b. Educator (E) (Examples in our considered group are Angel, Virginia, Aurelian)
- c. Instructor (I) (Examples in our considered group are Mircea, Leontina, Remus)

Exoteric Group Attribute Progression and Hierarchy Positions:

- 1. Art
- 2. Science
- 3. Religion

4. Politics

Exoteric Group Energy Relationships:

- a. Director to Educator and Educator to Director (D-E) (Exoteric Examples in our considered group are Surya and Angel, Zoli and Virginia, Katharina and Aurelian)
- b. Director to Instructor and Instructor to Director (D-I) (Exoteric Examples in our considered group are Surya and Mircea, Zoli and Leontina, Katharina and Remus)

The exoteric triangle aspect members are the Director, Educator and Instructor. As an aspect position in the triangle the Director is an active, numerically odd (number 1), male position and has to do with will, power, purpose, leadership and synthesis of a group. The Director is the leader in the group relationships to bring equilibrium to the tolerance of the Educator (D-E relationship) and to the discipline of the Instructor (D-I relationship) in order to direct the group into an organic, living unit of synthetic purposeful, meaningful, intelligent activity. As an aspect position in the triangle the Educator is the leader in the group relationships to bring tolerance and is a receptive, numerically even (number 2), female position and has to do with love, wisdom and meaningful, educational leadership of a group. As an aspect position in the triangle the Instructor is the leader in the group relationships to bring discipline and is an active, numerically odd (number 3), male position and has to do with intelligence, activity, instructional leadership and integration of a group. The Instructor is the leader to bring integrated, coordinated, intelligent, activity in support of the group purpose and meaning. See Figure 1 below for a diagram of the first or 'top' Exoteric Triangle including Aspect members with Group Relationships shown as arrows; Attribute members; and showing Operational and Functional levels:

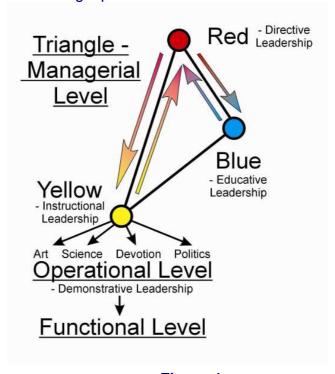


Figure 1

This diagram (Figure 1) if studied and understood indicates where a tremendous amount of confusion, misunderstanding, and where a host of other group conflicts and problems enter in to these NAATGR. There are two main reasons for these conflicts and problems:

The first reason is that there are two male aspect positions in each triangle which means, as we have defined above, that there are two positions which are termed a 'Positive, numerically odd level of Being or Active Polarity' (the Directive Leadership and the Instructional Leadership).

The second reason is that between the three aspect members of the triangle the energy relationships, as shown, are only between the Directive Leader and the Educative Leader and the Directive Leader and the Instructional Leader. There is no direct energy relationship between the Educational Leader and the Instructional Leader.

The first reason causes problems between the members in the two male positions because the Instructional Leader normally has more 'active' experience than the Directive Leader and is Instructionally leading the whole Operational and Functional Level of the triangle. Therefore, the Instructional Leader is 'seemingly' in the main role of the triangle where in fact this is not the case. If a triangle, or any group for that matter, works from the 'bottom' up' so to say (from activities to purpose) then the purpose of what is being done is normally lost to the problems and activities of the day or the moment and all is compromised, or changed in the best situations or dominated, dictated, demanded, or authoritatively administered in the worst situations. This in general is the present situation of the world or 'world situation'. Things have been turned upside down for supposed 'expediency'. The problems to be solved are so great and of the moment that instead of truer solutions being used to the good and to move everyone forward lesser solutions are used to a lesser good to get some people moved forward. Therefore, there is a natural resistance to the lesser good being 'pushed' on normally the majority. This does not mean that there are not higher solutions. The reason that these higher solutions are not used or not even allowed to be presented is because the Instructional Leader has become a 'center' in themselves instead of a 'part' of a greater triangle.

To correct this we must look more closely at the second reason that is causing problems, that of the direction of the Directive Leader in energetic relationship with the Instructional Leader and the Directive Leader in energetic relationship with the Educational Leader as a group. This is where the Educational Leader is critical in transforming the purposeful direction of the Directive Leader into meaningful education which is then brought into intelligent activity by the Instructional Leader all working as a group (from the top down) under the direction of the Directive Leader.

All of these dynamics of the exoteric groups of triangles apply to the esoteric and occult groups of triangles as well. However, as previously noted and implied in the Esoteric Triangular Group all of the Male Female polarities have reversed to Female Male polarities because the Esoteric Triangle works more from or is more centered in the Auric, Soul, Causal or Karmic level.

4.2. <u>Esoteric Group Aspect Progressions and Hierarchy Positions and Energy Relationships:</u>

- a. Director (D) (Example in our considered group is Surya, although now considered working more from or centered in his Female Soul)
- b. Educator (E) (Example in our considered group is Virginia, although now considered working more from or centered in her Male Soul)
- c. Instructor (I) (Example in our considered group is Remus, although now considered working more from or centered in his Female Soul)

Esoteric Group Attribute Progression and Hierarchy Positions:

- 1. Art
- 2. Science
- 3. Religion
- 4. Politics

Esoteric Group Energy Relationships:

- a. D-E (Esoteric Example in our considered group is Surya and Virginia)
- b. D-I (Esoteric Example in our considered group is Surya and Remus)

The esoteric triangle aspect members are again the Director, Educator and Instructor. As an aspect position in the triangle the Director is again an active, numerically odd (number 1), male position and has to do with will, power, and purposeful leadership and synthesis of a group however now from the Aura, Karmic, Soul or Causal level of his Female Soul which makes him more receptive in relationship to the Educator who is now considered more as an active Male Soul. The Director is the leader in the group relationships once again to bring equilibrium to the tolerance of the Educator (D-E relationship) and to the discipline of the Instructor (D-I relationship) in order to synthesize the group into an organic, living unit of purposeful, meaningful, intelligent activity. As an aspect position in the triangle the Educator is again a tolerant leader who is receptive, numerically even (number 2), female position and has to do with love, wisdom and meaningful leadership of a group again now from the Aura, Karmic, Soul or Causal level of her Male Soul which makes her more active in relationship to the Director who is now more receptive as a Female Soul. This is the actively more male polarity role that is important to our group formation and progress and we are considering that Virginia is the person for our group in this position and on which her true soul's, or any soul in this position, group accomplishment or success is dependent on the accomplishment or success of her esoteric triangle in this case being considered with Surya and Remus. As an aspect position in the triangle the Instructor is again a disciplined leader who is active, numerically odd (number 3), male position and has to do with intelligence, activity, instructional leadership and integration of a group now from the Aura, Karmic, Soul or Causal level of his Female Soul which makes him even more receptive in relationship to the Director's now more receptive Female Soul and which can be an even more difficult type of relationship for him to reconcile within himself. The Instructor is the leader to bring integrated, coordinated activity in support of the group purpose and meaning. See Figure 2 below for a diagram of an Esoteric Triangle formed by three Exoteric Triangles and Figure 3 below for a 'TOP SIDE OBLIQUE' view of the same Esoteric and Exoteric Triangles (including considered group member names):

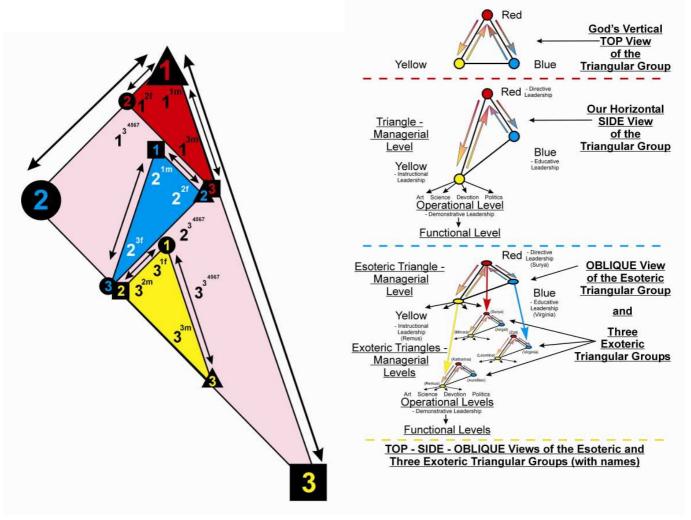


Figure 2 Figure 3

4.3. Occult Group Aspect Progressions and Hierarchy Positions and Energy Relationships:

- Director (D) (Example in the greater considered occult group of 27 people is Surya, again considered working more from or centered in his Male polarity Monadic or Spirit)
- b. Educator (E) (Someone, somewhere energetically linked to the greater considered occult group of 27 people in education of healing)
- c. Instructor (I) (Someone, somewhere energetically linked to the greater considered occult group of 27 people in Instruction and Activity of healing)

Exoteric Group Attribute Progression and Hierarchy Positions:

- 1. Art
- 2. Science
- 3. Religion
- 4. Politics

Occult Group Energy Relationships:

- a. D-E(Occult example in the greater considered occult group of 27 people is Surya and someone, somewhere energetically linked to the greater considered occult group of 27 people in education of healing)
- b. D-I (Occult example in the greater considered occult group of 27 people is Surya and someone, somewhere energetically linked to the greater considered occult group of 27 people in Instruction and Activity of healing)

The occult triangle aspect members are again the Director, Educator and Instructor. As an aspect position in the triangle the Director is again an active, numerically odd (number 1), male position and has to do with will, power, purpose leadership and synthesis of a group however now from the Monadic or Spiritual level. The Director is the leader in the group relationships once again to bring equilibrium to the tolerance of the Educator (D-E relationship) and to the discipline of the Instructor (D-I relationship) in order to synthesize the group into an organic, living unit of purposeful, meaningful, intelligent activity. As an aspect position in the triangle the Educator is again a receptive, numerically even (number 2), female position and has to do with love, wisdom and meaningful leadership of a group again now from the Monadic or Spiritual level. As an aspect position in the triangle the Instructor is again an active, numerically odd (number 3), male position and has to do with intelligence, activity, instructional leadership and integration of a group now from the Monadic or Spiritual level. The Instructor is the leader to bring integrated, coordinated activity in support of the group purpose and meaning. Although the Occult Triangle is back to 'Gender Normal' positions with Males in the Active positions and Females in Receptive positions the occult group is much more complex because it is functioning more actively on all three levels (Soma Aura Monad) whereas the esoteric group is more actively only functioning on two levels (Soma Aura) and the exoteric groups are more actively only functioning on one level (Soma). However, each of us must recognize that we are all part of a greater group influence even if we would not be in direct physical or even psychic contact with other occult group members. See Figure 4 below for a diagram of the Occult Triangle of 27 people formed by three Esoteric Triangles each of 9 people which are each formed by three Exoteric Triangles of 3 people:

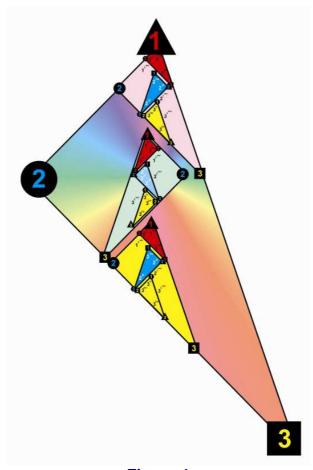


Figure 4

5. <u>Age Indicated Somatic/Personality Decisions, Auric/Karmic Cycle, and Monadic/Spiritual Impulses:</u>

There are many proposed ways of looking at cycles or phases of our life. This hypothesis is based again on the Soma Aura Monad hypothesis of our Larger Being or Whole Self.

Simply stated:

- a. The first 28 years of life are the Soma growth and integration.
- b. Years 29 to 35 are the decision and possible preparation for the Aura cycle.
- c. Years 35 to 42 are the Aura Cycle if decided upon.
- d. Years 43 to 54 are preparation for Monad impulses and synthesis if decided upon.
- e. Age 54 is the first Monad impulse year and age 63 is the second Monad impulse year if decided upon.

Simplistically with a little more detail the Soma cycle of the first 28 years can be divided into 4 cycles of 7 years each. From birth to 7 years is the Sycal body or physical/psychic body major growth, from 8 to 14 years is the Astral body or emotional body major growth, from 15 to 21 years is the Mental body or mind body major growth, and from 22 to 28 years is the integration of the Sycal Astral Mental bodies into the Soma body. At age 28 it is then again hypothesized that there is a decision made to either continue on mainly with normal Soma development or to allow additionally Aura and Monad development.

If we decided on allowing or even pursuing (consciously, sub-consciously or super-consciously) Aura and Monad development at age 28 then the 7 years from 29 to 35 are in preparation for our Aura, Soul or Karmic cycle from age 35 to age 42. The Auric cycle from age 35 through age 42 would then be for growth of our Aura or Soul through Karmic consciousness of relationships, situations, places and events, etc.

Again if we decided on allowing or perusing Aura and Monad development at age 28 then the 12 years from 42 to 54 are in preparation for our Monad or Spiritual 9 year cycle group impulses first during age 54 years old and the second, and last, nine years later during age 63 years old. These two Monad impulse years of ages 54 and 63 years old would then be for the group growth of our Monad or Spirit through Universal, Divine or God consciousness (which most people do not even acknowledge as a possibility but however is a real probability in this hypothesis). See the summary below:

- a. Four seven year cycles Integrating the Soma, Birth to 28 years old.
- b. Decision and Preparation/Indenture/Obedience of the Soma 28 to 35 years old.
- c. Auric/Karmic Cycle 35 to 42 years old.
- d. Preparation/Indenture/Obedience of the Soma and Aura 42 to 54 years old.
- e. First Monadic Group Impulse 54 years old.
- f. Synthesizing of the Soma Aura Monad 54 years old to 63 years old.
- g. Second (last) Monadic Group Impulse 63 years old.
- h. Synthesis of Monad/Spiritual life until end of life.

6. Personal, Astrological and Group Cycles and Relationships:

In considering the Personal, Astrological and Group cycles and how they relate to each other, with the personal cycles, the hypothesis is that the personal cycles start, as previously stated, at birth; astrological lunar cycles are related to the moon cycles of Full Moons, New Moons, Solar and Lunar Eclipses, the solar cycles are related to Solstices and Equinoxes; and the group cycles follow a format where a hypothetical starting point is given.

The personal 7 year cycles start at birth and go through age 42 and the 9 year personal cycles start at age 54 and end at age 63 and then are synthesized throughout the remainder of the life.

The normal regular astrological lunar and solar cycles are monthly and annually however longer term astrological cycles, of course, exist but are not being considered in this brief paper. The astrological year is considered to start on the Full Moon of Aries (when the sun is in the sign Aries usually in the month of April). The planetary yearly nature cycles are considered to start on the Fall Equinox each year.

The first hypothetical Group cycle follows a 3, 9, and 27 year cycle (similar to the correspondence to exoteric, esoteric and occult group formation) by progressively rotating through 1 year, 3 year and 9 year rotating cycles of Crisis/Consolidation, Tension/Expansion, Emergence/Impact and began on the Full Moon of Taurus 1921. The second hypothetical Group cycle follows a 7 year cycle and is a week long meditation 'Festival' once every 7 years from December 21st – December 28th (the next week is in 2026). See the summary below:

- a. Personal 7 year cycles starting at birth
- b. Personal 9 years cycles starting at age 54
- c. Astrological Lunar monthly cycles starting on the Full Moon of Aries each year.
- d. Astrological Planetary yearly nature cycles starting on the Fall Equinox each year.
- e. Group 3 year cycles began on the Full Moon of Taurus 1921.
- f. Group 9 year cycles began on the Full Moon of Taurus 1921.
- g. Group 27 year cycles began on the Full Moon of Taurus 1921.
- h. Group 7 year festival cycles (the last one) from December 21 to 28, 2019 (last year).

7. Concluding Remarks:

The above hypothesizes can go a long way to helping understand many of the male female characteristics, relationships and the NAATGR dynamics into which they can grow and evolve. Hopefully it has been helpful by using specific examples with the names of our considered group members included and so not get lost in generalities.

Because of these dynamics the groups are diverse, cyclic, integrating, synthesizing, multiaged, multi-experienced, and functioning with different people's consciousness on different levels of awareness. Therefore, Larger Being or Whole Self (Soma Aura Monad) components of both male and female within each individual can be an influence either simultaneously between group members or at different times within the individual or group and relative to the personal, astrological and group cycles or levels to which the individuals or group as a whole is sensitive.

Since, again, we are all, even individually, within our synthesized Soma Aura Monad a group within a group since we are also considering the Soma as an integration of Sycal Astra Mental bodies it can be of benefit to give a little more reference of those states of being of which each part can be composed, as discussed in all of our Color Consultations and included in Addendum 1.

Addendum 1 is included below with the following understanding:

'There is a vast fund of interesting knowledge as to the action and results of each ray (state-of-being) activity... however, the following summary ... is necessarily imperfect and admits of endless amplification.'

Therefore if it is helpful in understanding mainly how we relate as Directors, Educators and Instructors and or within parts of ourselves it will have served it's intended purpose for this paper.

However, in addition to the first three Major rays of Aspect or states of being for the triangular group managerial level of Director, Educator and Instructor the last four Minor rays of Attribute or states of being for the triangular group operational level of Art, Science, Devotion and Politics have also been included, again, since we each are a group of rays with various inner relationships as shown in our Color Consultations.

Addendum 1:

1. DIRECTOR - FIRST RAY OF WILL OR POWER:

Special Virtues:

Strength, courage, steadfastness, truthfulness arising from absolute fearlessness, power of ruling, capacity to grasp great questions in a large-minded way, and of handling men and measures.

Vices of Ray:

Pride, ambition, wilfulness, hardness, arrogance, desire to control others, obstinacy, anger.

Virtues to be acquired:

Tenderness, humility, sympathy, tolerance, patience.

This has been spoken of as the ray of power, and is correctly so called, but if it were power alone, without wisdom and love, a destructive and disintegrating force would result. When however the three characteristics are united, it becomes a creative and governing ray. Those on this ray have strong will power, for either good or evil, for the former when the will is directed by wisdom and made selfless by love. The first ray man will always "come to the front" in his own line. He may be the burglar or the judge who condemns him, but in either case he will be at the head of his profession. He is the born leader in any and every public career, one to trust and lean on, one to defend the weak and put down oppression, fearless of consequences and utterly indifferent to comment. On the other hand, an unmodified first ray can produce a man of unrelenting cruelty and hardness of nature.

The first ray man often has strong feeling and affection, but [Page 202] he does not readily express it; he will love strong contrasts and masses of colour, but will rarely be an artist; he will delight in great orchestral effects and crashing choruses, and if modified by the fourth, sixth or seventh rays, may be a great composer, but not otherwise; and there is a type of this ray which is tone-deaf, and another which is colour-blind to the more delicate colours. Such a man will distinguish red and yellow, but will hopelessly confuse blue, green and violet.

The literary work of a first ray man will be strong and trenchant, but he will care little for style or finish in his writings. It is said that in attempting the cure of disease the best method for the first ray man would be to draw health and strength from the great fount of universal life by his will power, and then pour it through the patient. This, of course, presupposes knowledge on his part of occult methods.

The characteristic method of approaching the great Quest on this ray would be by sheer force of will. Such a man would, as it were, take the kingdom of heaven "by violence." We have seen that the born leader belongs to this ray, wholly or in part. It makes the able commander-in-chief, such as Napoleon or Kitchener. Napoleon was first and fourth rays, and Kitchener was first and seventh, the seventh ray giving him his remarkable power of organisation.

2. EDUCATOR - THE SECOND RAY OF LOVE-WISDOM:

Special Virtues:

Calm, strength, patience and endurance, love of truth, faithfulness, intuition, clear intelligence, and serene temper.

Vices of Ray:

Over-absorption in study, coldness, indifference to others, contempt of mental limitations in others.

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Virtues to be acquired:

Love, compassion, unselfishness, energy.

This is called the ray of wisdom from its characteristic desire for pure knowledge and for absolute truth - cold and selfish, if without love, and inactive without power. When both power and love are present, then you have the ray of the Buddhas and of all great teachers of humanity,- those who, having attained wisdom for the sake of others, spend themselves in giving it forth. The student on this ray is ever unsatisfied with his highest attainments; no matter how great his knowledge, his mind is still fixed on the unknown, the beyond, and on the heights as yet unscaled.

The second ray man will have tact and foresight; he will make an excellent ambassador, and a first-rate teacher or head of a college; as a man of affairs, he will have clear intelligence and wisdom in dealing with matters which come before him, and he will have the capacity of impressing true views of things on others and of making them see things as he does. He will make a good business man, if modified by the fourth, fifth and seventh rays. The soldier on this ray would plan wisely and foresee possibilities; he would have an intuition as to the best course to pursue, and he would never lead his men into danger through rashness. He might be deficient in rapidity of action and energy. The artist on this ray would always seek to teach through his art, and his pictures would have a meaning. His literary work would always be instructive.

The method of healing, for the second ray man, would be to learn thoroughly the temperament of the patient as well as to be thoroughly conversant with the nature of the disease, so as to use his will power on the case to the best advantage.

The characteristic method of approaching the Path would be by close and earnest study of the teachings till they become [Page 204] so much a part of the man's consciousness as no longer to be merely intellectual knowledge, but a spiritual rule of living, thus bringing in intuition and true wisdom.

A bad type of the second ray would be bent on acquiring knowledge for himself alone, absolutely indifferent to the human needs of others. The foresight of such a man would degenerate into suspicion, his calmness into coldness and hardness of nature.

3. INSTRUCTOR - THE THIRD RAY OF HIGHER MIND:

Special Virtues:

Wide views on all abstract questions, sincerity of purpose, clear intellect, capacity for concentration on philosophic studies, patience, caution, absence of the tendency to worry himself or others over trifles.

Vices of Ray:

Intellectual pride, coldness, isolation, inaccuracy in details, absent-mindedness, obstinacy, selfishness, overmuch criticism of others.

Virtues to be acquired:

Sympathy, tolerance, devotion, accuracy, energy and common-sense.

This is the ray of the abstract thinker, of the philosopher and the metaphysician, of the man who delights in the higher mathematics but who, unless modified by some practical ray, would hardly be troubled to keep his accounts accurately. His imaginative faculty will be highly developed, i.e., he can by the power of his imagination grasp the essence of a truth; his idealism will often be strong; he is a dreamer and a theorist, and from his wide views and great caution he sees every side [Page 205] of a question equally clearly. This sometimes paralyses his action. He will make a good business man; as a soldier he will work out a problem in tactics at his desk, but is seldom great in the field. As an artist his technique is not fine, but his subjects will be full of thought and interest. He will love music, but unless influenced by the fourth ray he will not produce it. In all walks of life he is full of ideas, but is too impractical to carry them out.

One type of this ray is unconventional to a degree, slovenly, unpunctual and idle, and regardless of appearances. If influenced by the fifth ray as the secondary ray this character is, entirely changed. The third and the fifth rays make the perfectly balanced historian who grasps his subject in a large way and verifies every detail with patient accuracy. Again the third and the fifth rays together make the truly great mathematician who soars into heights of abstract thought and calculation, and who can also bring his results down to practical scientific use. The literary style of the third ray man is too often vague and involved, but if influenced by the first, fourth, fifth or seventh rays, this is changed, and under the fifth he will be a master of the pen.

The curing of disease by the third ray man would be by the use of drugs made of herbs or minerals belonging to the same ray as the patient whom he desires to relieve.

The method of approaching the great Quest, for this ray type, is by deep thinking on philosophic or metaphysical lines till he is led to the realisation of the great Beyond and of the paramount importance of treading the Path that leads thither.

4. ART - THE FOURTH RAY OF HARMONY THROUGH CONFLICT:

Special Virtues:

Strong affections, sympathy, physical courage, generosity, devotion, quickness of intellect and perception.

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Vices of Ray:

Self-centredness, worrying, inaccuracy, lack of moral courage, strong passions, indolence, extravagance.

Virtues to be acquired:

Serenity, confidence, self-control, purity, unselfishness, accuracy, mental and moral balance.

This has been called the "ray of struggle" for on this ray the qualities of rajas (activity) and tamas (inertia) are so strangely equal in proportion that the nature of the fourth ray man is torn with their combat, and the outcome, when satisfactory, is spoken of as the "Birth of Horus," of the Christ, born from the throes of constant pain and suffering.

Tamas induces love of ease and pleasure, a hatred of causing pain amounting to moral cowardice, indolence, procrastination, a desire to let things be, to rest, and to take no thought of the morrow. Rajas is fiery, impatient, ever urging to action. These contrasting forces in the nature make life one perpetual warfare and unrest for the fourth ray man; the friction and the experience gained thereby may produce very rapid evolution, but the man may as easily become a ne'er-dowell as a hero.

It is the ray of the dashing cavalry leader, reckless of risks to himself or his followers. It is the ray of the man who will lead a forlorn hope, for in moments of excitement the fourth ray man is entirely dominated by rajas; of the wild speculator and gambler, full of enthusiasm and plans, easily overwhelmed by sorrow or failure, but as quickly recovering from all reverses and misfortunes.

It is pre-eminently the ray of colour, of the artist whose colour is always great, though his drawing will often be defective. (Watts was fourth and second rays.) The fourth ray [Page 207] man always loves colour, and can generally produce it. If untrained as an artist, a colour sense is sure to appear in other ways, in choice of dress or decorations.

In music, fourth ray compositions are always full of melody, and the fourth ray man loves a tune. As a writer or poet, his work will often be brilliant and full of picturesque word-painting, but inaccurate, full of exaggerations, and often pessimistic. He will generally talk well and have a sense of humour, but he varies between brilliant conversations and gloomy silences, according to his mood. He is a delightful and difficult person to live with.

In healing, the best fourth ray method is massage and magnetism, used with knowledge.

The method of approaching the Path will be by self-control, thus gaining equilibrium amongst the warring forces of the nature. The lower and extremely dangerous way is by Hatha Yoga.

5. SCIENCE - THE FIFTH RAY OF LOWER MIND:

Special Virtues:

Strictly accurate statements, justice (without mercy), perseverance, common-sense, uprightness, independence, keen intellect.

Vices of Ray:

Harsh criticism, narrowness, arrogance, unforgiving temper, lack of sympathy and reverence, prejudice.

Virtues to be acquired:

Reverence, devotion, sympathy, love, wide-mindedness.

This is the ray of science and of research. The man on this ray will possess keen intellect, great accuracy in detail, and [Page 208] will make unwearied efforts to trace the smallest fact to its source, and to verify every theory. He will generally be extremely truthful, full of lucid explanation of facts, though sometimes pedantic and wearisome from his insistence on trivial and unnecessary verbal minutiae. He will be orderly, punctual, business-like, disliking to receive favours or flattery.

It is the ray of the great chemist, the practical electrician, the first-rate engineer, the great operating surgeon. As a statesman, the fifth ray man would be narrow in his views, but he would be an excellent head of some special technical department, though a disagreeable person under whom to work. As a soldier, he would turn most readily to artillery and engineering. The artist on

this ray is very rare, unless the fourth or seventh be the influencing secondary rays; even then, his colouring will be dull, his sculptures lifeless, and his music (if he composes) will be uninteresting, though technically correct in form. His style in writing or speaking will be clearness itself, but it will lack fire and point, and he will often be long-winded, from his desire to say all that can possibly be said on his subject.

In healing, he is the perfect surgeon, and his best cures will be through surgery and electricity.

For the fifth ray, the method of approaching the Path is by scientific research, pushed to ultimate conclusions, and by the acceptance of the inferences which follow these.

6. DEVOTION - THE SIXTH RAY OF DEVOTION:

Special Virtues:

Devotion, single-mindedness, love, tenderness, intuition, loyalty, reverence.

Vices of Ray:

Selfish and jealous love, over-leaning on others, partiality, [Page 209] self-deception, sectarianism, superstition, prejudice, over-rapid conclusions, fiery anger.

Virtues to be acquired:

Strength, self-sacrifice, purity, truth, tolerance, serenity, balance and common sense.

This is called the ray of devotion. The man who is on this ray is full of religious instincts and impulses, and of intense personal feeling; nothing is taken equably. Everything, in his eyes, is either perfect or intolerable; his friends are angels, his enemies are very much the reverse; his view, in both cases, is formed not on the intrinsic merits of either class, but on the way the persons appeal to him, or on the sympathy or lack of sympathy which they shew to his favourite idols, whether these be concrete or abstract, for he is full of devotion, it may be to a person, or it may be to a cause.

He must always have a "personal God," an incarnation of Deity to adore. The best type of this ray makes the saint, the worst type, the bigot or fanatic, the typical martyr or the typical inquisitor. All religious wars or crusades have originated from sixth ray fanaticism. The man on this ray is often of gentle nature, but he can always flame into fury and fiery wrath. He will lay down his life for the objects of his devotion or reverence, but he will not lift a finger to help those outside of his immediate sympathies. As a soldier, he hates fighting but often when roused in battle fights like one possessed. He is never a great statesman nor a good business man, but he may be a great preacher or orator.

The sixth ray man will be the poet of the emotions (such as Tennyson) and the writer of religious books, either in poetry or prose. He is devoted to beauty and colour and all things lovely, but his productive skill is not great unless under the [Page 210] influence of one of the practically artistic rays, the fourth or seventh. His music will always be of a melodious order, and he will often be the composer of oratories and of sacred music.

The method of healing for this ray would be by faith and prayer.

The way of approaching the Path would be by prayer and meditation, aiming at union with God.

7. POLITICS - THE SEVENTH RAY OF CEREMONIAL ORDER OR MAGIC:

Strength, perseverance, courage, courtesy, extreme care in details, self-reliance.

Vices of Ray:

Formalism, bigotry, pride, narrowness, superficial judgments, self-opinion over-indulged.

Virtues to be acquired:

Realisation of unity, wide-mindedness, tolerance, humility, gentleness and love.

This is the ceremonial ray, the ray which makes a man delight in "all things done decently and in order," and according to rule and precedent. It is the ray of the high priest and the court chamberlain, of the soldier who is a born genius in organisation, of the ideal commissary general who will dress and feed the troops in the best possible way. It is the ray of the perfect nurse for the sick, careful in the smallest detail, though sometimes too much inclined to disregard the patients' idiosyncrasies and to try and grind them in the iron mill of routine.

It is the ray of form, of the perfect sculptor, who sees and produces ideal beauty, of the designer of beautiful forms and patterns of any sort; but such a man would not be successful [Page 211] as a painter unless his influencing ray were the fourth. The combination of four with seven would make the very highest type of artist, form and colour being both in excelsis. The literary work of the seventh ray man would be remarkable for its ultra-polished style, and such a writer would think far more of the manner than of the matter in his work, but would always be fluent both in writing and speech. The seventh ray man will often be sectarian. He will delight in fixed ceremonials and observances, in great processions and shows, in reviews of troops and warships, in genealogical trees, and in rules of precedence.

The bad type of seventh ray man is superstitious, and such a man will take deep interest in omens, in dreams, in all occult practices, and in spiritualistic phenomena. The good type of the ray is absolutely determined to do the right thing and say the right word at the right moment; hence great social success.

In healing, the seventh ray man would rely on extreme exactness in carrying out orthodox treatment of disease. On him the practices of yoga would have no physical bad results.

He will approach the Path through observance of rules of practice and of ritual, and can easily evoke and control the elemental forces.

8. SUMMARY AND CONCLUDING REMARKS OF ADDENDUM:

From many of the above remarks it may have been inferred that the characteristics of any given ray find closer correspondence with one of the other rays than with the rest. This is a fact. The only one which stands alone and has no close relationship with any of the others is the fourth. This brings to mind the unique position which the number four occupies in the evolutionary process (of 7 stages, phases, kingdoms, etc). We have the fourth root race, the fourth planetary chain, the fourth planet in the chain, the fourth planetary manyantara, etc.

Between the third and the fifth rays there is a close relationship. [Page 212] In the search after knowledge, for example, the most laborious and minute study of detail is the path that will be followed, whether in philosophy, the higher mathematics or in the pursuit of practical science.

The correspondence between the second and the sixth rays shews itself in the intuitive grasp of synthesised knowledge, and in the common bond of faithfulness and loyalty.

Masterfulness, steadfastness, and perseverance are the corresponding characteristics of the first and the seventh rays.

Addendum 1: Summarized from Pages 201 – 212 of (unfortunately these books are not available in Romanian):

ESOTERIC PSYCHOLOGY - VOLUME I

A TREATISE ON THE SEVEN RAYS VOLUME I

BY

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