<u>Full Moon 2020 Leo, Fifth FM of this astrological year, on Monday, August 3, 2020 at</u> 18:58:38 in Romania:

The main Keynote or phrase to consider for all Leo Full Moons (each year): "I am That and That am I." There is also a way of looking at the Keynotes each Full Moon of the year in terms of Light. The Cancer Full Moon Keynote of Light each year is: "The Light of the Soul." Consider the Keynotes at, or as close to, the time of the Full Moon as possible and what they might mean as a Group.

A. Notes on this coming Full Moon of August/Leo:

- 1. Watch for any impressions that may come to you before the Full Moon that may relate to the Keynotes, especially two days before the Full Moon, the day of the Full Moon and two days after the Full Moon. If you want to share any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
- 2. This is the fifth of twelve Full Moons of this Astrological year and is the second of nine 'Distributing Consciousness and Energy' full moons of this astrological year. The energy which is distributed during these last nine 'distributing' Full Moons at the end of the astrological year, which is also called the 'lower interlude', follow the first three Full Moons of the astrological year which have 'built' the energy of the astrological year and which are also called the 'higher interlude'.

B. Notes and Activities on or since the last Full Moon July/Cancer:

- 1. SuryaAngel meditated at the time of the Full Moon. Five members of the group and a few others had a meeting since the last Full Moon (just after the New Moon of Leo) which is included as Attachment 1. If people have experiences to share with us about this past month or the meeting please do.
 - Addendum 1 is also included to provide additional information and understanding on the Three Major Rays to our group formation process relationships and to Group Paper #3 that was sent with the Gemini Full Moon Meditation Paper in June, 2020 two months ago.
- **2.** Hemp for cooperative research at BioFarmland (BFL). New samples from this year's crop are at Favisan for analysis. Plants are growing well and we expect a good crop.
- 3. Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event possibly named 'SAMatate' between Favisan, BFL/SolarCity (The Natural Way Assoc. TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian's or other groups for the Cultural Capital celebrations in 2021. We are organizing information for possibly submitting an application or by possibly joining in the Asociatia Cries project this year in 2020 and for the main event in 2021. Discussions are continuing however the event is being postponed or possibly canceled due to the pandemic there is a new internet platform available for virtual conferencing.
- **4.** The 'Group Central Pillar Crystal' and your personally reserved Monadic Manifestation Group crystals are available to group members to come and meditate.
- **5. Poppy research at BioFarmland** (BFL) at Virginia's suggestion. A mid April planting was made of the maximum legal personal amount however the crop is still not growing.
- 6. The Natural Way Association in cooperation with SAM2013 purchased a distill. We have started distilling BFL plants. Five members of the group and a few others had a meeting since the last Full Moon (just after the New Moon of Leo) at BFL to see the distill operating and tried samples.

C. <u>General Notes and considerations about the group, cycles, meditation and information flow:</u>

- 1. **We are happy to get to know each other better**, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions.
- 2. **2020 begins a new seven year cycle**. The final major group 'impact' has been made prior to the next 100 year 'impulse' which happens during 2025.
- 3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycles of full moons, solstices and equinoxes and Group Festival Weeks provide. The unique energies associated with each constellation, season and longer cycles are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.

- 4. It might be considered that Group Living tends to the fulfillment of free will in service and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
- 5. In all meditation it is of value for the student to remember that, from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.
- 6. **Wisely utilizing newly acquired energies keeps in-flowing and out-flowing channels open** and prevents Sycal (psychical), Astral (emotional), Mental (intellectual) congestion, which may otherwise be experienced, with their accompanying physical consequences.
- 7. The following regular monthly cycle is for the group information flow:
- a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
- b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
- c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
- e. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
- f. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

Attachment 1 (Notes of Meeting at BFL July 22, 2020):

Group members in attendance – Surya, Angel, Virginia, Katharina, and Remus; non group members in attendance – Eusebio, Liliana, Anca, Safi: non group members in partial attendance – Regula and Melinda (Katharina's mother and Niece), group members not in attendance – Mircea from Bucharest, Arelian, Zoli and Leontina, other invited guests not in attendance – Alin from Favisan, Teo and Christian from BFL (Katharina's father and brother):

The meeting was made as a follow-up to the meeting just over two years ago at BFL to have a more extensive tour and understanding of BFL and mainly its manufacturing facilities. In addition to touring the BFL Manufacturing facilities where the mustard, teas and grains, etc. are made into consumer products tours of the herb field, herb drying area, distilling process, hemp field and Natural Way Association (NWA) Ecovillage residential workshop facilities were also included. There was also ample time for more personal and group discussions about how more cooperation can happen both personally, educationally and through businesses, such as, BFL, Favisan, ANATRCOR, SAM2013, NWA, BJR, Devakhan, etc. as a group.

As a preliminary remark we would like to say that we are very appreciative of the quality and level of consciousness of the meeting throughout the day. We believe that the meeting was a very good outer or exoteric demonstration of the fact of an inner Esoteric Group Formation Process happening. All three of the exoteric group triangles were represented by: SuryaAngel of the Red triangle, Virginia of the Blue triangle and Katharina and Remus of the Yellow triangle. In addition, and for us most significantly, similar to the meeting from two years ago, the complete Esoteric Group Triangle of Surya, Virginia and Remus were present and able to share more about several things in addition to getting to know each other more.

We are also appreciative of the sharing exchange of food and products in addition to the many stories and personal sharings of life both spiritual and personal in its many dynamics.

As with previous meetings our experience is one of all of us over-whelmingly being UNITED with each other through each of us in our own ways wanting to demonstrate a better, more spiritual or wholistic way of life individually, in our relationships with other people or in helping direct, educate or instruct other people understand or live more these wholistic ways.

Some of the topics and brief notes (If anyone wants to add to these please let us know and they will be included next month):

1. BFL Manufacturing:

- a. A tour of the BFL Manufacturing was made including grain grinding, mustart making, bottling, packaging, storage, office, etc.
- 2. BFL Herb Fields:
- a. Looking very neat and well kept.
- b. Brief discussion of the importance, advantages and different types (straw, hay and grassclippings) of mulching, such as,.
- 3. BFL Distillation:
- a. Keep Condenser water colder in order to produce more and what is considered a 'better' essential oil.
- b. Sage Essential Oils Sample given to Virginia for use and or testing.
- c. Brief discussion on Virginia's possible interest in the distill products after they get their proper testing.
- 4. BFL Hemp Field (Two samples of plant tops):
- a. one sample of seeds and leaves, given to Virginia for TCP and CBD analysis.
- b. one sample of flowers, given to Virginia for TCP and CBD analysis.
- 5. NWA Facilites and Rules:
- a. Tent area workshop space for up to approximately 20 participants.
- b. Cooking area space for approximately 20 participants.
- c. Sleeping and Bathroom areas space and toilets and showers for approximately 20 participants.
- d. Rules on behavior non violence, non smoking, non alcohol, participation in work.
- e. Rules on food Vegan and non processed.
- 6. **SAM2013**:
- a. **Synthesis Tri-Level Color 17 Products** shown to Virginia for consideration of producing the first batch of 1 or more liters of each of the 17 products (3 alcohol based, 7 oil based, 7 water based). These 17 products produce 255 products (17 individual products + 21 alcohol over oil combinations + 49 oil over water combinations + 21 alcohol in water 'Soul-Utions' + 147 alcohol over oil over water combinations = 255 products). Colorants used in the past were discussed as a combination of natural and synthetic high grade colorants so Virginia agreed to research in making al natural colorants. She already has yellow, orange, red and green so she will be looking into blue, indigo and violet. After that, minimum quantity considered by Virginia 1L of each.
- b. SAMfume, SAM Tincture, SAM Vibbutti: SAMfume for Swamis Avatars Mahavatars as a meditation or personal aide to invoke and evoke Beings of Over Seeing of our lives; SAMfume for Sages as a meditation or personal aide to invoke and evoke Beings of Wisdom in our lives; SAM Tincture from NGWS (New Group of World Servers) Festival Week as a meditation or personal aide; SAM Vibbutti as a meditation, healing or personal aide.
- 7. ANATECOR:
- a. **Bio Resonance Course by Virginia** worked out an agreeable attendance schedul and Angel enrolled to complete the course in October.
- 8. **Favisan Samples:** Virginia brought several Favisan samples for everyone, including specifically products related to assisting with Corona Virus, which are much appreciated. Brief discussion on how the virus stays for 8 days in the throat before going down in the lungs, so using care products, like propolis, salt water nasal sprays, sucking on vitamin C based tablets, can prevent Covid-19 infection.
- 9. **BJR Vacante** Due to travelling restrictions, main activity of the agency is coordonating between clients and holiday spots where reservations had been made previous to Covid 19 restrictions up to March 2021.
- 10. Devakhan

Addendum 1 (Additional ways viewing and gaining understanding about the three Major Rays of Direction, Education and Instruction):

These additional ways of viewing and gaining understanding about the three Major Rays are being sent because of what we consider our united purposes and desires to be better people and of more help to other people and also, for us, particularly to others who we are considering in our group formation process.

They are in addition to the information on the Rays included as the Group Paper #3 sent as Attachment 1 of the Full Moon of Gemini Meditation Paper in June, 2020 two months ago. If anyone does not have that paper with the full Attachment 1 and wants another copy please let us know.

- ► <u>Summary Reference Concepts from Group Paper #3 (sent as Attachment 1 of Full Moon</u> Gemini Meditation Paper in June, 2020):
 - **A.** When the true nature of the Rays is grasped, and when their effect on humanity in expressing these rays is also understood, we shall then approach the subject of man with greater intelligence.
 - **B.** Left alone and unaided, man would eventually discover for himself the designated events; but it would take much time.
 - **C.** It might be well to ask: What need is there to study the rays? Of what profit is it to speculate on such matters? Here is an answer by asking another question: What indication has a person that his mental equipment makes him of any use without understanding this inner form in harmony with the outer form?
 - **D.** Few people can evolve from within themselves the thoughts and the ideas which should lead them on in the realisation of truth.
- ► Addendum 1 is included with the following understanding (Repeated from Group Paper #3 sent as Attachment 1 of Full Moon Gemini Meditation Paper in June, 2020):

'There is a vast fund of interesting knowledge as to the action and results of each ray (state-of-being) activity... however, the following summary ... is necessarily imperfect and admits of endless amplification.'

Therefore if it is helpful in understanding mainly how we relate as Directors, Educators and Instructors and or within parts of ourselves it will have served it's intended purpose for this paper.

► INDIVIDUALISATION, INITIATION AND THE THREE MAJOR RAY TYPES (Additional information on the Three Major Rays):

We will express the reaction of these three major ray types to the process of Individualisation (which is the process of identification with form) by three occult statements which state the major impulse, the native quality and the technique of unfoldment and can, if properly understood, give the keynote of the new psychology.

Then we will summarize in more simple and less occult terms, the significance of the esoteric stanzas, to express their true meaning in a few succinct and terse phrases. The stanzas are of no use unless they convey to the ray types some useful meaning, whereby they can live more truly.

Finally we will give the elementary stanzas which convey to spiritual students some of the significance of the first initiation, conveyed by the phrase, 'the Birth of the Christ consciousness'.

1. DIRECTOR - FIRST RAY OF WILL-POWER:

<u>Three Occult Keynotes of the Major Impulse, Native Quality and Technique of Unfordment:</u>

The Blessed One flies like an arrow into matter. He destroys (or ruptures) the way by which he might return. He grounds himself deeply in the depths of form.

He asserts: 'I will return. My power is great. I will destroy all obstacles. Nothing can stop my progress to my goal. Around me lies that which I have destroyed. What must I do?'

The answer comes: 'Order from chaos, O Pilgrim on the way of death, this is the way for you. Love you must learn. Dynamic will you have. The right use of destruction for the furtherance of the Plan, must be the way for you. Adherence to the rhythm of the planet will release the hidden Blessed One and order bring.'

<u>Summary of how the individualised Spirit expresses itself in the following manner:</u>

Dynamic one-pointedness.

Destructive energy.

Power realised selfishly.

Lovelessness.

Isolation,

A longing for power and authority.

Desire to dominate.

Expressed strength and self-will,

Leading to:

A dynamic use of energy for the furtherance of the Plan.

The use of destructive forces in order to prepare the way for the Builders.

The will to power in order to cooperate.

Power realised as the major weapon of love.

Identification with the rhythm of the Whole.

The cessation of isolation.

Elementary Stanzas of First Initiation:

The Angel of the Presence stands within the light divine—the centre and the meeting place of many forces.

These forces meet and blend. They focus in the head of him who stands before the Angel. Eye to eye, and face to face, and hand to hand, they stand. Will reinforces will, and love meets love. The will-to-power merges with the will-to-love and strength with wisdom meets. These two are one. From that high spot of unity, the One who is released stands forth and says:

'I return from whence I came; from the formless to the world of form I make my way. I will to be. I will to work. I will to serve and save. I will to lift the race. I serve the Plan with will, the Whole with power.'

2. EDUCATOR - SECOND RAY OF LOVE-WISDOM:

<u>Three Occult Keynotes of the Major Impulse, Native Quality and Technique of Unfordment:</u>

The Blessed One built him an ark. Stage by stage he built it, and floated upon the bosom of the waters. Deeply he hid himself, and his light was no more seen,—only his floating ark.

His voice was heard: 'I have built and strongly built, but am a prisoner within my building. My light is hidden. Only my word goes forth. Around me lie the waters. Can I return from whence I came? Is the word strong enough to open wide the door? What shall I do?'

The answer came: 'Build now an ark translucent, which can reveal the light, O Builder of the ark. And by that light you shall reveal the lighted way. The power to build anew, the right use of the Word, and the using of the light,—these will release the Blessed One, deep hidden in the ark.'

Summary of how the individualised Spirit expresses itself in the following manner:

The power to build for selfish ends.

Capacity to sense the Whole and to remain apart.

The cultivation of a separative spirit.

The hidden light.

The realisation of selfish desire.

Longing for material well-being.

Selfishness, and subordination of all soul powers to this end.

Leading to:

Building wisely, in relation to the Plan.

Inclusiveness.

A longing for wisdom and truth.

Sensitivity to the Whole.

Renunciation of the great heresy of separativeness.

The revelation of the light.

True illumination.

Right speech through generated wisdom.

Elementary Stanzas of First Initiation:

The Angel of the Presence draws the wanderer to him. Love divine attracts the seeker on the Way. The point of merging is achieved.

Mouth to mouth, the breath is drawn forth, and the breath is drawn in. Heart to heart, the beating of these twain is merged in one. Foot to foot, the strength is passed from the greater to the less, and thus the Way is trodden.

Force inspires the Word, the Breath. Love inspires the heart, the life. Activity controls the treading of the Way. These three produce the merging. All then is lost and gained. The word goes forth: 'I tread the Way of Love. I love the Plan. Unto that Plan, I surrender all I have. Unto the Whole, I give my heart's deep love. I serve the Plan; I serve the Whole with love and understanding.'

3. INSTRUCTOR - THIRD RAY OF INTELLIGENT-ACTIVITY:

<u>Three Occult Keynotes of the Major Impulse, Native Quality and Technique of Unfordment:</u>

The Blessed One gathered force. He hid himself behind a veil. He rolled himself within that veil, and deeply hid his face. Naught could be seen but that which veiled, and active motion. Within the veil was latent thought.

The thought reached forth: 'Behind this veil of maya I stand, a Blessed One, but unrevealed. My energy is great, and through my mind I can display the glory of divinity. How can I, therefore, demonstrate this truth? What shall I do? I wander in illusion.'

The word went forth: 'All is illusion, O Dweller in the shadows. Come forth into the light of day. Display the hidden glory of the Blessed One, the glory of the One and Only. The glory and the truth will rapidly destroy that which has veiled the truth. The prisoner can go free. The rending of the blinding veil, the clear pronouncing of the truth, and practice right will render to the Blessed One that golden thread which will provide release from all the maze of earth existence.'

<u>Summary of how the individualised Spirit expresses itself in the following manner:</u>

Force manipulation through selfish desire.
Intelligent use of force with wrong motive.
Intense material and mental activity.
The realisation of energy as an end in itself.
Longing for glory, beauty and for material objectives.
Submergence in illusion, glamour, and maya.

Leading to:

The manipulation of energy in order to reveal beauty and truth. The use of forces intelligently for the furtherance of the Plan. Ordered rhythmic activity in cooperation with the Whole. Desire for right revelation of divinity and light. Adherence to right action. The revelation of glory and good will.

Elementary Stanzas of First Initiation:

The Angel of the Presence stands within the centre of the whirling forces. For ages long, thus has he stood, the centre of all energies from above and from below.

With intelligence, the Angel works to make the One Who is above and the one who is below to blend and be as one. With twelve clear notes, the hour sounds forth, and then the two are one. The Angel stands entranced.

Ear to ear, breast to breast, right hand to left, the two (who are the three) produce the merging of their lives. Glory shines forth. Truth is revealed. The work is done.

Then man, who is the soul, cries forth with power:—'I understand the Way—the inner Way, the silent Way, the manifested Way, for these three Ways are one. The Plan proceeds upon the outer Way; it shews itself. The Whole will stand revealed. That Plan I know. I will, with love and mind, to serve that Plan.'

► Concluding remarks and considerations:

A close study of the above suggested phrases, showing as they do the wrong and the right major expressions of ray force, will aid the person correctly to comprehend his own ray nature, and also whereabouts he stands in his development.

One of the major faults of people today is the paying of too close attention to the faults, errors and activities of other people, and too little attention to their own fulfillment of the law of love, and to their own dharma and work.

A second failing of people (and particularly of disciples in the world at this present time) is incorrect speech conveying ambiguous meanings and motivated by criticism, or by an individual desire to shine.

In olden days, the spiritual student was forced into a prolonged silence. Speech was not permitted. This was inculcated as a check upon physical utterance of wrong words and ideas, based on inadequate knowledge. Today, people must learn the same lesson of attention to personal perfection and to personal work through the means of that inner silence which broods over the person and forces him to attend to his own work and business, leaving others free to do the same, and so learn the lesson of experience.

A great deal of present right activity is hindered by the speech interplay between people, and much time is lost through wordy discussion of the work and activities of other people.

Humanity, as a whole, needs silence at this time as never before; it needs time in which to reflect, and the opportunity to sense the universal rhythm. Modern people, if they are to do their work as desired and to cooperate with the Plan correctly, need that inner reflective quiet which in no way negates intense outer activity but which does release them from wordy criticisms, feverish discussions, and constant preoccupation with the dharma, the motives and the methods of other people.

► Addendum 1: Summarized and paraphrased from Pages 36 – 46 of (unfortunately these books are not available in Romanian):

ESOTERIC PSYCHOLOGY - VOLUME II

A TREATISE ON THE SEVEN RAYS VOLUME II

BY

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