

Full Moon of Scorpio on Tuesday, November 12, 2019 at 15:34:17 in Romania:

The main Keynote or phrase to consider for all Scorpio Full Moons (each year): **“Warrior I am and from the battle I emerge triumphant.”** Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

A. Notes on this coming Full Moon of November/Scorpio:

1. **Watch for any impressions** that may come to you before the Full Moon that may relate to the Keynote (especially the two days before the Full Moon, the day of the Full Moon and the two days after the Full Moon). **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
2. **This is the Eighth Full Moon of the Astrological year and is the Fifth ‘Distributing Consciousness and Energy’ full moon of the year.** The energy which was built during the first three ‘Building’ Full Moons at the beginning of the astrological year, which is also called the ‘higher interlude’, is now being distributed over these remaining Full Moons of the astrological year, which is also called the ‘lower interlude’.
3. **After this coming Full Moon there will only be 40 days** until the Winter Solstice and the start of the Festival Group Meditation Week. See Attachment 1 to this paper which provides some insight into the significance and ‘impact’ of the Festival Week and also gives some ideas for preparation and participation in the Festival Week. In addition it provides some initial information of a once every 100 years group ‘impulse’ which is said to occur in 2025. There is also an Addendum to Attachment 1 which gives some Considerations and Thoughts on Silence, Mantrams, Group, Meditation, etc.

B. Notes and Activities on or since the last Full Moon October/Libra:

1. **Surya and Angel meditated at the time of the full moon again also with** the new Geopolitical Central Supporting Pillar Crystal, “Simply Altruistic Magnificence”. It was late for us at midnight and we both had some experiences of tiredness and even some bodily discomforts but had more personal experiences of impressions of what is going on including how and why some of these energies are affecting us as they are and the connection to certain group members, especially again Virginia.
2. **The 2 hectare of hemp** for cooperative research between Leontina, Virginia, Katharina & Christian and SuryaAngel at BioFarmland (BFL) this year. Plant samples are still at Favisan awaiting analysis. And we are looking into possibilities of continuing next year with a different seed supplier.
3. **Surya, Angel are talking with 2021 Timisoara Culteral Capital office about a cooperative event possibly named ‘SAMatate’** between Favisan, BFL/SolarCity (The Natural Way Assoc. - TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian’s or other groups for the Cultural Capital celebrations in 2021. We are organizing information, with the help of a TNWA board member who is familiar with applying for and receiving European funds and also La Pas festival group, Asociatia Cries, and one other group for submitting the application by the end of the year.
4. **The ‘Group Central Pillar Crystal’** has arrived for the Festival Group Meditations December 21 – 28, 2019 and is being gently attuned to during the Full Moon Meditations prior to the Group Festival Week.
5. **We met with Virginia, Katharina and Christian, her brother, about poppy research at BioFarmland (BFL) at Virginia’s suggestion.** We will consider this again next year.

C. General Notes and considerations about the group and group cycle and schedule:

1. **We are happy to get to know each other better**, to talk more about these meditations, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions as we move into this group formation year.
2. **We are ending a seven year cycle this year** and are now astrologically eight months into a Festival year (Festival celebrated from December 21 – 28, 2019). This will be the start of a new seven year cycle and the final ‘impact’ to be made prior to the next 100 year ‘impulse’ in 2025. We are looking forward to what this will bring to us and the group at the end of this year.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycle of full moons (solstices and equinoxes) provide. The unique energies associated with each constellation are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.
4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others.

The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.

5. **The following regular monthly cycle is for the group information flow:**

- a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
- b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
- c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
- d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
- e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

Attachment 1: 2019 Group Festival Meditation Week and coming 2025 energies and consciousnesses:

This paper is to help our group understand briefly the significance and 'impact' of what the coming Group Meditation Festival Week from December 21-28, 2019 is about, to offer a few preparation and participation ideas for the Festival Week, and to give some initial information of a once every 100 years group 'impulse' which will occur in 2025. This November 12th Full Moon of Scorpio is the second to the last and the Full Moon of Sagittarius on December 12th is the last Full Moon prior to the Group Festival Meditation Week from December 21-28, 2019. If anyone in the group has any questions or comments on this information please let us know.

The Goal during the Festival Week might be hypothesized as: "To provide a channel for the powerful spiritual energies pouring into the world. It is a "week of group impact" observed only once every seven years, so it represents an extremely significant '*opportunity*' for group service."

The Festival being in the sign of Capricorn is hypothesized as: "(Capricorn) The energy that drives the seeker to the summit of spiritual achievement" (The more earth-bound, worldly side of Capricorn is the unbridled ambition that leads to success on the material, physical plane). Saturn is the ruler of Capricorn. Saturn's normal cycle of revolution, from the perspective of Earth, is approximately 28 years, and each seven-year period, or one quarter of a full 28 year cycle, marks a critical phase in Saturn's influence. It is said that: "Perhaps a key is provided in the word 'opportunity', for the number 'seven' and 'opportunity' are both related to the planet Saturn. Anyone also in a 7 year age cycle (ages 7, 14, 21, 28, 35, 42, 49, 56, 63, 70, 77, 83, 90, etc.) or especially a 28 year age cycle (ages 28, 56, 84) in 2019 may also be especially sensitive and influenced if aligned with these energies and consciousnesses. There are also said to be 'extra-zodiacal' energies available during these Festival Weeks coming from star systems that are to our zodiac what our zodiac is to Earth.

Some possible ways of observing the Festival Week:

1. **The most simple** is to observe: The 'Global Silent Minute' on December 21st which is the first day of the Festival Week and the day of the Winter Solstice at 9pm GMT which is 23:00 December 21 in Romania. Simply sit for a minute in silence at 23:00 (11pm) on December 21, 2019 in observance of your participation of the Festival Week. If you would like ring a bell for as long as you would like prior to the minute of silence. See other thoughts, hypothesis and considerations in the Group Consciousness and Festival Week Addendum.
2. **Next would be to use the mantram** of the New Group of World Servers at 5PM local time from one day to every day during the Festival Week from December 21-28, 2019 as follows:
The souls of men are one and I am one with them.
I seek to love, not hate;
I seek to serve and not exact due service;
I seek to heal, not hurt.
Let pain bring due reward of light and love.
Let the soul control the outer form,
And life, and all events,
And bring to light the Love
That underlies the happenings of the time.
Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate and outer cleavages be gone.
Let love prevail.
Let all people love.
This is the mantrum used every day at 5pm local time by the NGWS. Mantrums, affirmations, words, sounds can all be very powerful influences on us just as can be the silence. It depends on our intents, motivations, sincerity, ability, etc.

3. **Next would be to use an esoteric or occult meditation** format, from once to every day during the Festival Week from December 21-28, 2019, as follows:

PREPARATION FOR MEDITATION

Practical Points

1. Sit in a comfortable position, erect but not tense or strained. Relax. See that your breathing is even and quiet.
2. To meditate in the same place whenever possible is helpful.
3. Regular periods of 10 to 15 minutes are recommended. Five minutes of regular meditation is of far more value than 30 minutes done irregularly.
4. If you have not had previous experience of meditation, difficulty in concentration is to be expected. Perseverance is needed. If necessary, bring the mind back to the required work every time it wanders. Patient practice brings ever-increasing ability.

ATTITUDE TO BE ASSUMED

1. Remember you are sharing your effort with thousands of other men and women of goodwill.
2. Realize that essentially you are a soul and as such have telepathic rapport with all souls.
3. Remember that energy follows thought.
4. Remember that meditation is not a passive, reflective form of devotion, but a positive, creative use of the mind, actively linking the inner and the outer worlds.
5. Use the creative imagination to see yourself at one with all humanity and with all that is progressive, spiritual and working for human welfare and right human relations.
6. Adopt a confident attitude, *knowing* that you are acting as a channel for the energy of goodwill. This 'as if' attitude can produce potent results.

MEDITATION ON GOODWILL

Stage I

1. Link up in thought with all those people throughout the world who are working with this Goodwill Meditation Group.

2. Reflect upon the fact of relationship. You are related to:

- your family
- your community
- your nation
- the world of nations
- the One Humanity made up of all races and nations.

3. Use this mantram of unification:

The souls of men are all and I am one with them.

I seek to love, not hate;

I seek to serve and not exact due service;

I seek to heal, not hurt.

Let pain bring due reward of light and love.

Let the soul control the outer form,

And life, and all events,

And bring to light the Love

That underlies the happenings of the time.

Let vision come and insight.

Let the future stand revealed.

Let inner union demonstrate and outer cleavages be gone.

Let love prevail.

Let all people love.

Stage II

1. Reflect upon your own and humanity's relationship with all beings who dwell in the higher realms of mind and heart—the spiritual Hierarchy of saints, Rishis, Bodhisattvas and Masters honored by all the world's religions and spiritual groups.

2. Imagine that you are standing together within the center of the spiritual Hierarchy, immersed in the consciousness of the Heart of Love. For some this Heart of Love is known as the Christ, other faiths have other names for the One at the Center, such as Maitreya, the Imam Mahdi and the Kalki Avatar.

3. Maintaining that high point of contact, let your thoughts reach out to include all members of the human family in whom the energy of goodwill is active.

4. Silently voice the affirmation:

In the center of all love I stand;

From that center I, the soul, will outward move;

From that center I, the one who serves, will work.

May the love of the divine Self be shed abroad

In my heart, through my group, and throughout the world.

Stage III

Visualize the energy of love flowing from the spiritual Hierarchy, through the men and women of goodwill, and into human hearts and minds, infusing them with goodwill and creating loving and harmonious human relationships.

Stage IV

Meditate on ways of spreading goodwill, creating right human relationships and restoring peace on Earth.

Stage V

Realize that you are helping to build a channel between the spiritual Hierarchy and humanity, through which the energy of goodwill may flow, uniting the human family, solving its problems and healing all differences and cleavages.

Stage VI

Linked in thought with men and women of goodwill all over the world, say the Great Invocation (adapted version listed below). Say it with deliberation and full commitment to its meaning, knowing that you are radiating its potent energies to humanity:

From the point of Light within the Mind of God

Let light stream forth into human minds.

Let Light descend on Earth.

From the point of Love within the Heart of God

Let love stream forth into human hearts.

May The Coming One return to Earth.

From the center where the Will of God is known

Let purpose guide the little human wills -

The purpose which the Masters know and serve.

From the center which we call the human race

Let the Plan of Love and Light work out

And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

OM OM OM

Meditations, thought processes, rational and logical thinking, etc. similar to mantrams and silence can also be very powerful influences on us again depending on our intents, motivations, sincerity, ability, etc. These type of esoteric or occult seed thought 'precipitative' meditations (meant to precipitate from inner or hidden sources), based on inner and hidden factors include thought processes, mantrams and silence and therefore are considered the 'Raja' or royal, or highest forms of yoga or ways of joining with God, Spirit, etc.

4. **Doing your own private** intention, dedication, affirmation, prayer, meditation, ceremony, etc. once to every day of the Festival Week to acknowledge your participation in the Festival Week. By using the methods that have worked best for ourselves or the ways that we prefer we can many times do our best part in participating in these activities. This is a personal decision and one that should be sensitively considered when joining into new relationships or group activities. Which is a better way to help the other person or group? Is my normal way which I know or is a new and better way of relating or interacting more helpful, productive, creative, or better?
5. **Coming to our (SuryaAngel) home** at BioFarmland on one or all of the days from December 21-28, 2019 and doing a meditation with your position group crystal and the new large lighted group crystal. We are also willing to organize a time that is best for the most people of the group to attend together here during the week. We (SuryaAngel) will be doing our form of meditation, similar to the item 3 meditation above, sometime each day of the Group Festival Week. We have set aside this week mainly for these meditations in addition to our own holiday celebrations. There will most likely be a space for over night stays in one of the BioFarmland Eco Village cottages if anyone would like to stay. Again, putting yourself in a new environment, with new people, with new ceremonial objects and ceremonies could make a difference. This is what we are providing as a service to others during this Festival Week if that seems helpful to anyone in the group.
6. **Organizing an open space or meeting for our group members or other people you know at your home or other location** to celebrate the Festival Week. We (SuryaAngel) would bring the crystals that any group members would want to use or, of course, you can be fully responsible for all that would be done and how.

As a final note, for now, as to the major importance of this specific 2019 Festival Week 'impact' is because it is said that there is a Group 'impulse' once every 100 years on the 25th year of the centennial. Therefore, this is the last 7 yearly Group 'impact' of 2019 before the next coming 100 yearly Group 'impulse' in 2025. This impact is the one that is the 'lead-in' for the 2025 impulse for the next 100 years of Group energy and consciousness work. After the Festival Week we will be giving more information about the 2025 impulse for consideration, however, these centennial impulses mainly have to do with the next energy and consciousness, ideas and ideals, having to do with spiritual work, and especially esoteric and occult spiritual group work, that

will be made available to and for humanities help and assistance. This all, of course, also then eventually permeates into the next steps forward towards higher consciousness in all normal life arenas and activities, such as, the arts and sciences (including healing arts and sciences), religions and politics.

Addendum to 2019 Group Festival Meditation Week and coming 2025 energies and consciousnesses:

Considerations and Thoughts on Silence, Mantrams, Group, Meditation, etc.:

1. In the outer world of ordinary human living, the presence of the New Group of World Servers (NGWS) is seen in every movement and organization which brings the consciousness of oneness into expression.
2. At a deeper level the Group is a potent center of mind and heart qualified by purposeful love and dynamic intelligence.
3. During the Festival Week, a significant cosmic alignment takes place, and the mind and heart of the group of servers is energized by Light, Love and Spiritual Will flowing from the Great Beings, Saints Angels Masters of the Higher Worlds.
4. Everyone who values the power of meditation and prayer as a way of serving can help the energy flow during the week by taking time to visualize the higher energies flowing into the mind and heart of the New Group of World Servers, strengthening everything being done to build a world of goodwill and right relations.
5. Help to keep the alignment during the Week by reading material from world servers and studying wisdom teachings (from writers like Alice Bailey, Rudolf Steiner, Sri Aurobindo, Teilhard de Chardin) about the nature of service and group work.
6. Harnessing the power of united Global Cooperation to bring in the Light of the New Era with the Global Ringing of the Bells to herald the Sharing of a minute in Silence.
7. Consider the power of silence (even for) one minute. It is said that the beauty of Cosmos is manifested in silence where Infinity is regarded as the basic aspect of life. Cosmos in silence makes manifest the language of the heart.
8. Great Silence (even for one minute) is a living silence full of super-mundane harmonies which like powerful chords, ring out, filling all of existence with its fundamental chords. The Great Silence is like the roaring of an ocean and the quietude of an empty house. It is not an absence of sound. The Great Silence envelopes the hearkening ear, turning it away from the earthly plane and opening it up to hearing the depths of sound in all dimensions of Being.
9. New beginnings are frequently preceded by Silence and entry into it overwhelms one's whole being and, an energy is generated that permits communion with the Higher Worlds which results in a revitalization, regeneration and renewal.
10. On the verge of the Festival Week for the New Group of World Servers, the commencement of a new cycle will begin with a minute of Silence. In this active Silence, we will consciously cooperate with co-workers in the One Heart to envision the evolutionary emerging seeds of the future. Countless servers and serving groups are, even now, actively nourishing these seeds which will, through our united effort, reveal the underlying synthesis of the One Life shared by all its kingdoms.
11. An extra-planetary constellation impacts the planet while the sun is in Capricorn. The December Solstice offers the opportunity for Humanity to identify its true North – as it sets its compass for the next cycle.
12. The Silent Minute at 9 pm GMT on 21 December 2019 will be preceded by the global ringing of the bells by citizens everywhere. The ringing is multi-faceted. It's a call to stillness and silence, it's a sounding of a note and summons to re-calibration.
13. Silent thought is said to penetrate to the center of our cosmic foundation which is called "The Bell".
14. Within every human there is a center in the brain called the bell. Like a resonator this center gathers the "symphony of the world", and transforms the deepest silence into a thundering chord.
15. The global ringing of the bells expresses Humanity's yearning, intent and declaration to fulfill its destiny as an inhabitant within the Cosmos.
16. Intentionally sharing a planetary moment together, and living – even for a silent moment – in rhythm with the cosmic Bell, re-calibrates Humanity to its role in the unfolding beauty of cosmic evolution.
17. The History of the Silent Minute. The Silent Minute was born from a conversation between two soldiers on the eve of a battle in the mountains around Jerusalem in the First World War. One knew he would not survive the war and prophesied the coming of an even greater conflict that would be fought out in every continent, ocean and air. He urged his comrade to provide an opportunity for him, and millions like him, to assist from the "other side". He said: "Lend us a moment... each day and through your Silence give us an opportunity. The power of Silence is greater than you know." The Silent Minute was instituted by his comrade, Major Tudor Pole O.B.E, during the London Blitz in 1940 as a moment to enter into Silence and, to provide a portal for cooperation with an "unseen but mighty army"

in the subtle realms. The Silent Minute called upon all citizens of the British Commonwealth nations and territories on land, sea and air to unite in thought – irrespective of philosophy or religion – in a Silent Prayer for Freedom and Peace. Every night on BBC radio, at one minute before the hour, the bells of Big Ben signaled the Silent Minute to begin at 9pm. Tudor Pole knew that if enough people joined in this gesture of dedicated intent, the tide would turn and the invasion of England would be diverted. Indeed, a high ranking Nazi official interrogated about why he thought Germany had lost the war, replied: "...you had a secret weapon for which we could find no counter measure, which we did not understand, but it was very powerful. It was associated with the striking of the Big Ben each evening. I believe you called it the 'Silent Minute'."

18. Tudor Pole, the instigator of The Silent Minute, said: "There is no power on earth that can withstand the united cooperation on spiritual levels of men and women of goodwill everywhere. "Lift up your eyes into the Hills. Reach up to the Summit of your understanding. Look out from there. Learn how to widen your awareness through the attainment of the stillness of complete silence. In that Silence, listen for the Voice that will teach you all things. And be at Peace!"
19. Let us ring a bell at 9.00pm London GMT on 21 December 2019 and join together with the Forces of Light in one minute of global, potent, cooperative Silence to create a better world for all.
20. In the twentieth century, a leading thinker in Western esotericism pointed to the emergence of this diverse group, as one of the most significant developments in the history of humanity.
21. Please join with others during the Festival Week this December. Through meditations and concentrated alignments, we can together visualize the in-pouring energies of the One Life evoking transformative responses from the New Group of World Servers – strengthening the hands of all who love and serve.
22. It is said that, "radiation shines through me; I see it naught", our work in meditation without expectation or self-reference, simply focusing our attention as a Group Mind, is an especially potent form of service.
23. The group's task: The needs of all must be met. Much of the work will be purely economic. The reform of the world religions will draw on commonsense and progressive theology. Nations need orienting to each other so that differences can flourish within a unity of purpose based on a desire for the welfare and progress of all.
24. The function of the New Group is to balance the forces leading to disintegration and destruction by embodying in itself the forces of integration and construction. The New Group will eventually offset the tendency (so prevalent at this time) towards racial hatreds, and the teaching given out will tend to negate the present ideas which are powerful in producing the current cleavages and barriers among people, thus causing separation and war. Where there is an appearance of a group or groups, expressing ideas which potently emphasis one angle of public opinion and one aspect of life, there must inevitably appear, under the law of balance, that which will offset it. At the present point in the history of the human race, the groups which foster the spirit of cleavage and which build up barriers to impede the free spirit, have appeared first. They do their needed work, for they too are included in the Plan. Then, under the law, there must appear the group or groups which embody those ideas which lead to integration and constructive building. They will swing the world on to a higher turn of the spiral; they will heal the breaches, break down the barriers, and end the cleavages.
25. Membership in the group, however, requires the development of the reflective spirit along some line of human understanding; it requires also the power to focus attention upon that which can serve humanity and a compassionate recognition of human need. The unthinking man or woman, or those engrossed entirely in business, political and family ties, cannot form a part of the New Group of World Servers, because the group demands a definite measure of decentralization; to this, habits of meditation rapidly contribute.
26. The name "Law of Group Progress" is the phrase given by human beings to a particular type of energy which is producing the coherence of units in a group, thus forming them into one living organism.
27. What is of importance at this time is the unified stand which can be made by the people of goodwill to bring in an era of unity, peace, and plenty. Personal desire, self defense, or self-assertiveness have no place in the ranks of the New Group of World Servers. Personalities do not count and only souls have power.
28. The group is an organism, not an organization... It is not interested in politics, religion or place. Its work is the educating of the human being and the expanding of the human consciousness, so that the newer and truer ideas may be grasped. Its function is the spreading of the message of international good will and religious unity.
29. The outer organization is of importance in so far as it leads to the skillful use of opportunity and money, but the organization is again only a means to an end. The end is a production of worldwide good will, of intelligent and loving understanding and unity, peace and plenty.
30. This group is the major creative agent in the three worlds for the remainder of this cycle of planetary experience.

31. The effect of human meditation at this time is to change conditions, to invoke the higher, spiritual potencies, to work with concentration (both vertically and horizontally) within the world of humanity and within the Kingdom of God. This vertical and horizontal activity holds the secret of creative meditation. It is invocative of the higher energies, and creates a channel of contact between soul and spirit. This is brought about by what has been called "vertical meditation." It is also evocative and creates a ferment or dynamic movement in that level of being which must be affected or changed, and this is the horizontal aspect.
32. The individual who practices meditation as a service will ultimately experience a steady growth in illumination, wisdom and the will-to-good; selfless service leads to an expanding ability to cooperate in the creative and redemptive purposes of our planetary life.
33. Through meditation, one emerges into a state of consciousness shared by others, a state as real as physical existence., in consciousness. This community of consciousness, and of One Work, is the essence of group meditation. Group meditation does not require individuals working together in the same place or even at the same time. The true meeting place of the group is the plane of mind, or the mental plane. In metaphysical terms, meditation takes place outside time and space, but what is important in group meditation is the sense of a common focus and interest, of group attention on the object of meditation. It is a shared idea and interest that binds individuals into a living group. Groups may work together and meditate on many different subjects, but the underlying theme in group work is service to humanity.
34. One of the discoveries to be made by each person who aspires to serve humanity through meditation is that waves of energy or 'gift waves' are continuously breaking upon the collective aura of the serving group of which he or she is a part. In meditation, consciousness is imaginatively lifted into a state of group awareness, and with time, the imagination evokes and is replaced by a definite impression; that is to say, the mind is touched by the energy of an aspect of the Plan that is seeking expression via the group life. Through regular group service meditations, the mind becomes increasingly adaptable to these impressions, developing related patterns of thought around them. These 'gift waves' are forever changing in dynamic, tone and hue, but always they bring spiritual refreshment. From the moment a person consciously identifies with a group meditation, such as a full moon or new moon meditation, a redemptive group meditation or a goodwill meditation, a tide of energy carries a measure of the Divine Plan's light, love and power that can be safely transmitted through the aura into the surrounding environment. Though it takes perseverance to sensitize the mind to this group circulation of energy, the process is occurring to some extent regardless of whether or not there is a conscious awareness of it. This is because group service involves an unspoken allegiance to the soul's purpose, and this automatically tunes the energy centers of the server's subtle bodies into the spiritual 'chord' of the group aura. In this way, group service proceeds whether recognized in the brain consciousness or not. If a conscious effort is made to maintain the link with these energies after the meditation is completed, the aspirant will be joining the ranks of those whose lives are dedicated to the service of humanity through the radiation of spiritual energy. Although it may sound difficult to achieve, in reality it is a relatively simple act of pouring out the love and joy that will keep welling up in the inner life in compassionate response to need. To keep this current of energy flowing, a vital interest in world affairs from the perspective of world goodwill is helpful. This awakens the heart center and magnetically draws it to areas of need and in support of those skilled servers who are responding to it. Appreciation of the efforts of these members of the group of world servers forges a link between their exoteric work and the worldwide meditating group in which the server of humanity is subjectively participating. The planetary bridge of energy that is forming between the Spiritual Hierarchy and the human kingdom is thereby strengthened through which aspects of the Divine Plan can be brought to fruition.