Full Moon of Taurus on Thursday, May 7, 2020 at 13:45:05 in Romania:

The main Keynote or phrase to consider for all Taurus Full Moons (each year): "I see and when the Eye is opened, all is light." Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

A. Notes on this coming Full Moon of May/Taurus:

- 1. Watch for any impressions that may come to you before the Full Moon that may relate to the Keynote, especially two days before the Full Moon, the day of the Full Moon and two days after the Full Moon. If you want to share any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
- 2. This is the second of twelve Full Moons of this Astrological year and is the second of three 'Building Consciousness and Energy' full moons of this astrological year. The energy which is built during these first three 'Building' Full Moons at the beginning of the astrological year, which is also called the 'higher interlude', will later be distributed over the remaining nine Full Moons of the astrological year, which is also called the 'lower interlude'.

B. Notes and Activities on or since the last Full Moon April/Aries:

- 1. SuryaAngel meditated at the time of the full moon. A quite complete version of our meditation experiences is shown as Attachment 1 to give an idea and sharing.
- **2. Hemp for cooperative research at BioFarmland** (BFL). Samples from last year's crop are at Favisan for analysis. Planting of 0.8 hectare was done in early April. Plants are growing.
- 3. Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event possibly named 'SAMatate' between Favisan, BFL/SolarCity (The Natural Way Assoc. TNWA), the Hemp Museum, SAM2013 and possibly Anatacor and Aurellian's or other groups for the Cultural Capital celebrations in 2021. We are organizing information for possibly submitting an application or by possibly joining in the Asociatia Cries project this year in 2020 and for the main event in 2021. Discussions are continuing however the event is being postponed or possibly canceled due to the pandemic.
- **4.** The 'Group Central Pillar Crystal' and your personally reserved Monadic Manifestation Group crystals are available to group members to come and meditate.
- **5. Poppy research at BioFarmland** (BFL) at Virginia's suggestion. A mid April planting was made of the maximum legal personal amount.

C. General Notes and considerations about the group, cycles, meditation and information flow:

- We are happy to get to know each other better, or other ways that we may cooperate either personally, or as
 organizations. Please let us know if you would like any other meetings or if you have any other comments or questions.
- 2. **2020 begins a new seven year cycle**. The final major group 'impact' has been made prior to the next 100 year 'impulse' which happens during in 2025.
- 3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycles of full moons, solstices and equinoxes and Group Festival Weeks provide. The unique energies associated with each constellation, season and longer cycles are directed into the consciousness as trans-formative qualities that can lift and expand our hearts and minds.
- 4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
- 5. **In all meditation it is of value for the student to remember that,** from the standpoint of permanent benefit, it is easier to meditate effectively during the period from the new moon to the full moon, than from the full moon to the new moon. The first half of the lunar cycle is one of intensification, absorption and accretion; the second half is one of assimilation and distribution. More real progress over a long period can be made by observing this cyclic law.
- 6. **Wisely utilizing newly acquired energies keeps in-flowing and out-flowing channels open** and prevents Sycal (psychical), Astral (emotional), Mental (intellectual) congestion, which may otherwise be experienced, with their accompanying physical consequences.
- 7. The following regular monthly cycle is for the group information flow:
- a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
- b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.

- c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
- d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
- e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

Attachment 1:

Surya Meditation Aries Full Moon:

It seemed like a quite long meditation (over 1 hour). There were certain sensations, especially in my hands, when before meditation I was holding my group meditation crystal against the base of the Simply Altruistic Magnificence crystal. Before the meditation and even the day before I had the impression that these crystals want to share or to take light from one crystal to the other and that the light is coming from Vishnu. So it is as if we are bringing that light from Vishnu, the Sun/Son, into the Foundational/Fundamental will of humanity and then into our group and yet there is something in me that resonates with that light before I get it. So it is as if there is a blending of lights. It also seems as if since the light is coming directly from Vishnu that the crystal could be put on Vishnu directly, especially his open hand, yet there is something about it being qualified by the Foundational/Fundamental crystal first in order to focus on that will of people before bringing the light into the group.

For me the impression that I received was that the Foundational/Fundamental will of people is to 'Be' or in certain ways a will to be 'recognized'. This is because if we are not recognized then in a way we are 'NOT' (existing) or not 'BEING'. It is similar to the concept that if there is not a person or being to hear a sound then no sound happened or it is as if nothing happened since there is nothing there to hear it. An example is that if a tree falls in the forest and there is no one there to hear it then did it make a sound? The truer esoteric answer is then that there was no sound since there was no receiver to hear it. The receiver is just as an important part of the relationship as the transmitter. Having a sound and receiving a sound is the same as our state of BEING. In order to have our Foundational/Fundamental will to be satisfied or acknowledged it must first be recognized. So we have to look at, feel (hear, taste, touch, see) and recognize each other in order to BE recognized or 're-cognized'.

At the same time sensations, psychic telepathies, thoughts, have to be based on our 'Beingness' not our egoicness or personality. As a being this is what we are actually sensing, feeling, thinking and intuiting about our beingness. This then reminded me of how this all relates to the Keynote of, "I come forth and from the plane of mind, I rule." And this can be looked at from two ways. Is it the body coming forth or is it Spirit coming forth? It could be either one and it could be looked at either way. For me, looking at it as Spirit coming forth and then having the mind rule everything 'below' it because before or above the mind there are no separated thoughts (only an esoteric impression, intuition or illumination of oneness) only a state of being of oneness.

This all happened very quickly and at this point my hands were still vibrating a lot and there was an energy around that was moving. I had an image that my mind is like a mass of wires. There is nothing wrong with the wires, they are not clogged or wrong in any way, just that they are packed very tight. So it is a matter of allowing the mind to relax (as if loosening up a machine or similar to a new engine having it run so that it can function more easily and normally) and let it know that it can rule from these Spiritual Fundamental/Foundational wills and patterns of Spirit. Also there is a connection of the mind to the throat and how there is a link then from the mind or thoughts and causes to the creativity and communication of those thoughts and ideas of things. So the keynote can be looked at as a progression, "As I come forth" the mind starts ruling, thinking and creating/causing, so that by relaxing the mechanism of the brain those intuitions can come through and enter into the brain to be able to use it as a functional, physical vehicle of the mind.

When I started 'putting things on the alter' before entering into Heaven or Home or the state of Being of the Goal, the things that we have to leave up to God or a Divine Plan, what the group looks like, what and who the group is ... _____ came to mind (Surya's personal impressions about another possible group member, omitted at this time, however, open to personal discussion if anyone desires to do so).

Then moving up to the group of nine people (esoteric group) and up to the occult group of 27 people. Whether it is working from the bottom up or the top down all of the people meet and we all work together. Just as with the mind and brain the group must keep being allowed and being offered the opportunity to function freely.

Next there were impressions about the new SAMfume, Swamis Avatars Mahavatars. To start considering which oils to be using so that on the coming New Moon of Taurus on April 23rd the oils could be put together and then on the Full Moon of Taurus, Wesak, considered the Buddha's birthday, in early May we would finish making the SAMfume. Then the oils would combine and mature from the new moon until the full moon before being made into the SAMfume on the full moon when it would be ready to have the alcohol and water added and color possibly or the color later. (Note: The new SAMfume oils were combined on the New Moon of Taurus on April 23rd and are maturing until the Full Moon of Taurus on May 7th).

Then there were some impressions about us being good boys and girls and willing to be good. Then as maturity comes we also evolve. So there was the impression that we are still as babies crying in the dark for help. Not crying for attention but crying for our (spiritual) needs to be met and to see that spirit is meeting them. Then there was also an image of me and people being as a mummie all wrapped in gauss. We are light that is being uncovered as the gauss is unrolled from us and especially around the eyes which are covered. So we can start sensing light before our eyes are fully uncovered, sensing spirit and our inner light is still there but we cannot see with it because our eyes are still covered by gauss. So we are an inner life that is getting ready for an outer life but already has senses. An inner life and outer life coming together. We need to touch, feel and combine our thoughts, acknowledge our impressions, intuitions and illuminations as coming from one source, one work and one Being.

Then _____ linked in again a bit and also _____ and ____ (three other people outside of the group) and that the SAM2013 Synthesis Tri-Level Color System could still be gotten to more people in order to help them in that way of understanding. Also possibly looking for my old notes from the mid 1990's that relate to the Oil Bases and how that relates to the Kabalistic Angels, spheres and paths of three colors each of the 72 combinations that eventually refine down to or originate from the seven Auric or Soul emanations.

Angel Meditation Aries Full Moon:

First as an observation after listening to what you (Surya) have experienced is like we were talking two months ago in France that we are linking on subtle levels and sharing experiences because there is a lot of similarity from what I was listening to my own (Angel) experience in the meditation.

In a way it is still the question, although it can be my own judgment, but why is it that we have such similar experiences on the inner planes and then the outer form of our lives just seems to be going haywire (two countries now to live in, almost everything in boxes, etc.). It doesn't seem that we are getting closer and things accomplished (because of so much to do, discuss, communicate).

My meditation started when I saw you (Surya) going towards the Simply Altruistic Magnificence crystal and I sensed that it is good to connect the crystal. I had initially thought before we went to sleep last night about that crystal as the GeoPolitical crystal and wondering if we were going to light it up or not during the meditation and touch the base and in that way I went to bed thinking about it and I was wondering about connecting to it and remembering the pictures that Lawrence

(the man who cut the crystal and cast the lighted base) took while it was being completed and the process of making the sculpted crystal. Also trying to get back or achieve again that sensitive state where I could feel it's energies just by looking at the pictures. And then I touched the base of the crystal with my fingers and immediately felt this wave of energy, this peacefulness, warmth and I went into the affirmation towards, MCV (Angel's parents and maternal grandmother), that I forgive you for allowing me to believe that there isn't the force and to believe that there is no love, that there is no God and that my only solution is to fight and that is what I believe that I want. Then going beyond that to those moments where they actually didn't do anything because they are not actually there. I made up the scenario to convince myself that there is no God or if there is a God he is an angry God that is going to punish me so therefore I need to fight him. Then going beyond that and to a like 'giggly' amusement forgiving myself for convincing myself that there is an opposite to God or love or that God can be anything else but what he is, love. Kind of like the image of Don Quixote de la Mancha fighting windmills. I never read the book but I've heard that image described as the silliness of something being futile. Trying to fight windmills that are not even fighting they are just being windmills and turning. So in that way it felt like the Son of God fighting God trying to make an opposite and trying to transform God into a fighting God when God just is. In that process seeing the resilience and resistance of truly fully letting go of all of those concepts and all of those doubts and fears because it is what basically keeps us here or at least thinking that we are here and then if we are not here then where are we? So I went beyond that to putting it on the alter and in Spirit's hands to undo and to forgive the things that I cannot see and the way that I got here I cannot remember this web that is in my mind.

Then when we came and we sat down as I was touching you I felt that magnetism of our touch. So as I felt that magnetism I felt also the weight of my body being crooked and humped so I went into this state of forgiving CMV (parents and grandmother) for allowing me to believe that this body is real and that it is crystallized verses energy which is it's true form. Allowing me to believe that it has a weight and heaviness instead of being a web of intertwined thoughts and energy moving and dynamic fluid permeable not hard like a shell. I felt like some energies were releasing and opening up as I was saying that statement they were starting to reach outwards instead of being a crystallized concretized ridged cocoon form of body. In that state of reaching outwards and going higher and higher with Spirit opening up I felt that the statement of forgiveness believing that the body is crystallized also related to our touch the point where my hand was touching your leg and seeing how that same belief of bodies being crystallized is most of the time standing in the way of our closeness and bringing a confusion because we feel with our bodies yet going beyond that feeling our energies. Which doesn't mean that be don't touch but the touch could be looked at differently than crystallized forms touching each other like the union of energies, again this fluidity dynamic movement. The body cells the energy that is the thought.

Then I started asking myself what are the fundamental/foundational wills of the people? But as soon as I started asking myself that question I felt my mind starting to wander and it couldn't focus anymore like it did on the decrystalization of the body but started wandering. I focused back at the beach to call our names and as I was doing that my mind was wandering after calling out every person and I went through the releasing of my idea of how this group should look like. Releasing my upsetness or disagreement that and are ... (personal impressions about two of our group members, which can be discussed in person if desired). Looking again at (information about a group member) that is asking for understanding. Then again I noticed that my body in my legs were getting tingly and numb because of my position. So again I went through this forgiving that I allowed myself to believe that there is no body. That there is only a body that is hard materialized crystallized yet putting that on the alter, the sensations that I was having. The idea that legs can get numb and that there are legs. I put it on the alter in front of God. Then I continued doing that with all of the thoughts that I had and that was basically it. I did some more exploring in my body looking at experiencing of the sensations of energy.

One more thing at the beginning as I was experiencing this energy and feeling inside myself this longing and calling and asking what is it that I am longing for looking and calling for? It was that I

could still see how I'm looking for an experience. An experience that is going to be the pivot in my life and in my awareness. An experience of love and spirit truly. The moment in which all doubt or any sign of doubt or doubting or denial would just disappear forever ever and ever.

There were also two things about the Keynote: I come forth that it has to be the I of Spirit. I the spirit come forth. I rule from the point of spirit over the ego (personality). Then even that has to be gone beyond because it is not I rule it is spirit ruling. So that 'I' has to be let go of from an egoic me and 'I' to a spirit. Seeing how we cannot do this alone but then seeing how this need of having spirit is our strength and not a weakness that we cannot do it alone. It is our strength that we can do it with spirit.

The end.