

1. Full Moon of Virgo on Saturday, September 14, 2019 at 07:32:39

1. The main Keynote or phrase to consider for all Virgo Full Moons (each year): **“I am the mother and the child. I, God, I, matter am.”** Consider the Keynote at, or as close to, the time of the Full Moon as possible and what it might mean as a Group.

A. Notes on this coming Full Moon of September/Virgo:

1. **Watch for any impressions** that may come to you before the Full Moon that may relate to the Keynote (especially the two days before the Full Moon, the day of the Full Moon and the two days after the Full Moon). **If you want to share** any of your impressions with us please do. If you want any impressions shared with the group let us know and we will include them in the next month's meditation notes.
2. **This is the Sixth Full Moon of the Astrological year and is the third ‘Distributing consciousness and energy’ full moon of the year.** The energy which was built during the first three ‘Building’ Full Moons at the beginning of the astrological year, which is also called the ‘higher interlude’, is now being distributed over these remaining Full Moons of the astrological year, which is also called the ‘lower interlude’.

B. Notes and Activities on or since the last Full Moon August/Leo:

1. **Surya and Angel meditated at the time of the full moon with Safi.** Surya’s experience was mainly of the sense of the energy of the Full Moon flowing down into and through the 27 members of the occult group. Angel’s experience was that the meditation revolved around the key note, “I am That, That am I”, and as we were holding hands and inviting Safi to join us, it was an exercise of seeing and, feeling, sensing, experiencing and breathing our "nonseparativeness" and reaffirming as I was experiencing “That, that That i am”.
2. **The 2 hectare of hemp** for cooperative research between Leontina, Katharina & Christian and SuryaAngel at BioFarmland (BFL) this year has been cut and is drying awaiting harvesting the seeds the week of September 1st (see Attachment 1).
3. **Surya, Angel are talking with 2021 Timisoara Cultural Capital office about a cooperative event** between Favisan, BFL/SolarCity (The Natural Way Assoc. - TNWA), the Hemp Museum, SAM2013 and possibly Anatoacor and Aurellian’s or other groups for the Cultural Capital celebrations in 2021. We are organizing information, with the help of a TNWA board member who is familiar with applying for and receiving European funds, for submitting the application by the end of the year.
4. **The finished ‘Group Central Pillar Crystal’** has been shipped from the States in order to be here for the Festival Meditations December 21 – 18, 2019.
5. **We met with Virginia, Katharina and Christian, her brother, about starting some poppy research at BioFarmland (BFL) this year at Virginia’s suggestion.** Favisan and possibly BFL has product interest and Favisan has specialized research facilities with additional time to test these plants. The plot at BFL was chosen. The seeds were purchased from a local grower. The maximum non-regulated amount of poppies was planted on May 31st but are still not growing so they may not grow this year.

C. General Notes and considerations about the group and group cycle and schedule:

1. **We are happy to get to know each other better**, to talk more about these meditations, or other ways that we may cooperate either personally, or as organizations. Please let us know if you would like any other meetings or if you have any other comments or questions as we move into this group formation year. A meeting was held at Favisan August 10th to continue these communications (See Attachment 2).
2. **We are ending a seven year cycle this year** and are now astrologically six months into a Festival year (Festival celebrated from December 21 – 28, 2019). This will be the start of a new seven year cycle and are looking forward to what this will bring to us and the group at the end of this year.
3. **It might be considered that these Group Meditations seek** to make use of the spiritual opportunities that the cycle of full moons (solstices and equinoxes) provide. The unique energies associated with each constellation are directed into the consciousness as transformative qualities that can lift and expand our hearts and minds.

4. **It might be considered that Group Living tends to the fulfillment of free will in service** and, as this is gradually understood, coming together to co-operate on issues for the benefit of the whole without intentions to dominate, interfere or impose on others. The vision is there, the future is assured, but the key to its successful implementation is that co-operation has to be based on intentions that are based on the good of the whole rather than a focus on self-interest.
5. **The following regular monthly cycle is for the group information flow:**
 - a. Full Moon (five days): Two days before, the day of (meditation), and two days after Full Moon for getting impressions.
 - b. The week after the 5 days of the Full Moon: For letting us know or sharing of any impressions during the preceding 5 days. Plus us transcribing our own impressions.
 - c. Second week after Full Moon for 'Anchoring' or 'Grounding' impressions through gathering other information or following up on activities based on the impressions. Possible New Moon meditation by those who want and ending that Full Moon Cycle.
 - d. Third week after Full Moon (just after the New Moon): Starting to build up to the next Full Moon having any questions to impressions shared and answered and any activities based on impressions started or completed.
 - e. Fourth week after the Full Moon (just before the next Full Moon): Coming out with the Keynote and information and timing of the next Full Moon, including the shared impressions or activity from the last Full Moon.

Attachment (Hemp at Harvest) 1.:



Attachment (Favisan Meeting Notes) 2.:

SuryaAngelMiriam - Brief summary of meeting with the esoteric group members of Virginia and Katharina at Lugoj, 08.10.2019 (and including Virginia's husband, Anca, Sebi, and the helpers)

We (SuryaAngelMiriam) would like to give some of our impressions of the interactive and interdependent purpose, education and activity of the meeting for us (SuryaAngelMiriam). Some of this is, of course, obvious however for us it is better stated and made consciously aware than assumed.

Firstly and foremost we see any and all of these meetings as a way to unite us with other esoteric group members by getting to know them better and for them to get to know us better and thereby form a more loving relationship through understanding, trust, honesty, frankness and other good communication qualities to which this type of discussion leads.

The way that we will present this is through the specific topics that we discussed as follows:

1. **Food quality:** We found that, as in previous discussions, each of us is united in their concern for **food quality and safety** for our own, over-all human health, and the health of the planet. Not one of us wants to either grow, buy, eat or serve what we consider unfit, bad, low quality or harmful food.

The specific discussion centered around food safety related to Nitrates/Nitrites levels in specific foods based on a device called Greentest. Virginia tests food with a Greentest, High Accuracy Food Detector, Nitrate Tester for Fruits and Vegetables. The hypothesis is that foods eaten with a higher Nitrate/Nitrite level are worse for human health.

Our input based on some of our own (SuryaAngelMiriam) experiences, further discussions, and a small amount of research mainly online show this basic hypothesis of foods eaten with a higher Nitrate/Nitrite level are worse for human health to not encompass enough understanding to be helpful for us to use as the device manufacturer's are recommending. Further conversations with Virginia are needed and research about the exact process of the breaking down of the Nitrates/Nitrites in the body into the two fundamentally different compounds: nitric oxide – good for brain functionality, Nitrosamines bad for brain functionality, cancer generating cells are needed to understand this better. We are aware of the issue of Nitrate/Nitrite concentrations in processed foods and especially processed meats being a health concern, similar to too much refined salt or sugar in our bodies being a health concern, however, the role high natural Nitrate/Nitrite levels in fresh fruits and vegetables, such as, watermelon will need more consideration. Granted this also concerns the difference between synthetic nitrogen fertilizers, natural (manure) nitrogen fertilizers, when, how and how much of these fertilizers are applied, the other soil and weather specifics, and so on since our bodies need and convert various nitrogen compounds, such as, air, all of the time.

2. **Complementary Therapy Education and Certification: We found that, as in previous discussions, each of us is united in their support for complementary therapies** for our own, over-all human health, and the health of the planet. A new version of Anatecor has been founded – Scoala de Terapii Complementare. According to Virginia, the president of the newly founded Anatecor, it is meant to take the old Anatecor, Remus and Virginia to the next level with courses that are approved and certified by the Ministry of Education and by the Work Force Commission thus allowing a person that follows the courses to become both a teacher and also get employed with the title received after the completion of the courses.

Our input, based on some of our own (SuryaAngelMiriam) experiences, further discussions considering the esoteric group formation process currently being mainly meditated upon this astrological year with Surya, Virginia and Remus as the three managerial leaders of the group, is that this would be a good project to be considered for the esoteric group process as an exploration into whether or not the group process including a directive leader, such as, Surya would be helpful to Virginia and Remus.

This would involve, as much as possible and or practical, Surya's directive leadership participation with Virginia as educative leader and Remus as instructive leader in the meetings for the school. It would also involve the possibility of the other six exoteric triangle members Angel and Mircea helping with education and instructive aspects through Surya; Zoli and Leontina helping with direction and instructive aspects through Virginia; and Katharina and Aurellian helping with direction and educative aspects through Remus.

It, for us, (SuryaAngelMiriam) is clear to see that this project of the new school could be a very useful, helpful and group building way for the nine of us to relate and get to know each other better.

We are awaiting any other input, questions, comments and potential participation.

3. **Local TM 2021 health education: We found that, as in previous discussions, each of us is united in their support for possibly creating and participating in a project for TM 2021** for our own, local regional, European and over-all human health, and the health of the planet.

We are interested in creating a project together, however, Virginia needs further information about the EU funding process, questions that have been forwarded to Romina (board member of the Natural Way Association and recipient of a EU grant), and we are now awaiting a reply.

Similar to item 2 above our input, based on some of our own (SuryaAngelMiriam) experiences, further discussions considering the esoteric group formation process currently being mainly meditated upon this astrological year with Surya, Virginia and Remus as the three managerial leaders of the group, is that this would be a good project to be considered for the esoteric group process as an exploration into whether or not the group process including a directive leader, such as, Surya would be helpful to Virginia and Remus.

This would involve, as much as possible and or practical, Surya's directive leadership participation with Virginia as educative leader and Remus as instructive leader in the meetings for the TM 2021 project. It would also involve the possibility of the other six exoteric triangle members Angel and Mircea helping with education and instructive aspects through Surya; Zoli and Leontina helping with direction and instructive aspects through Virginia; and Katharina and Aurellian helping with direction and educative aspects through Remus.

4. **Plant based supplements: We found that, as in previous discussions, each of us is united in their support for using natural plant supplements** for our own, over-all human health, and the health of the planet.

The discussion centered around plant usage and where the active parts of the plant are. For example, regarding the calendula tea Katharina is producing, Virginia commented that the active ingredients/substances are found very much in the stem and leaves as well which could be powdered for cosmetic purposes or tea bags.

This is clear for all concerned and Katharina, with Surya and Angel's help, will be looking into various pieces of equipment or process to use the whole plants where possible and supplementary and economically effective.

We (SuryaAngelMiriam) believe it would be good for us to be able to tour Favisan's plant supplier to see their present collection and or drying systems if possible before the end of this season to make this more clear as to actual necessities of the processes. We will contact Virginia about this since we thought that it would be part of the Favisan tour.

- 5. Crystals: We found that, as in previous discussions, each of us is united in their support for using crystals** for our own, over-all human health and consciousness, and the health and consciousness of groups and the planet.

Discussions involved more details on the group crystals that we (SuryaAngelMiriam) are providing for group members to use during full moon meditations and especially for the upcoming Group Festival meditations later this year from December 21 - 28, 2019. The creator or so called 'Grand Father' of these types of crystals, Marcel Vogel, who Surya trained with in 1986 and who passed on in 1991, stated that, in general, crystals cut with the proper angles and angular relationships, surface finish and facet radius' up to 12 faceted sides were for personal use and that for crystals with a higher number of cut faceted sides (above 12) would be for groups or larger group projects or industrial or healing equipment or devices.

Marcel also stated that any of the crystals cut according to his specifications and consciousness by people that he had trained were cut with an 'inherent' quality of unconditional or universal love and could not be used in any way contrary to the quality of unconditional or universal love (the crystal would not accept an unloving, selfish or harmful program or intention). In our understanding (SuryaAngelMiriam) and in my (Surya's) personal experiences and in discussions with Marcel about this understanding of quartz' inherently loving quality other considerations have to do with the inherent and elemental qualities of quartz as a substance, it's inherent 'beingness', and the type of relationships that quartz 'beings' (crystals) have with human beings through the esoteric and occult relationships, correspondences and transferences of the lowest forms of energy (such as the mineral kingdom) to the highest forms of energy (such as the human mind).

This discussion for us (SuryaAngelMiriam) is intimately connected to other discussions in this paper but especially connected to 'children's education/schooling' below. If we are schooled or taught by authorities, such as, educational teachers or priests and religious teachers only that we must memorize the rules of good citizenship or personhood and not to rely on our own experiences or not to even be allowed to talk about or discuss our own experiences without those authorities making a statement of whether they are good or bad, acceptable or not acceptable, normal or not normal, then what do we do when we have such real experiences with crystals or even other people? We must talk or act as if these real experiences we have with crystals for us are not real or are imagined, coincidence, synchronicity, which means to deny our own psychical (physical) sensations, astral (emotions) feelings and mental (mind) thoughts about our own personal experiences and a relationship with a form of healing energy that is considered by Marcel and most other occult teachers and healers to be above the healing ability of plants.

- 6. Benefits of Hemp products: We found that, as in previous discussions, each of us is united in their support for using the benefits of hemp products** for our own, over-all human health, and the health of the planet.

The current 2 acre hemp test plot and the developing "or non-developing" (as Virginia put it) of the legislation were discussed. Three test plants (seed, flower, seed/flower tops) have been given to Virginia and we are awaiting the result of the test. Virginia does not feel confident that the legislation will change enough to permit her to create hemp products in the near future. Christian (Katharina's brother) still believes that the tests are good to go ahead with Surya and Angel's help in order to get to know how to obtain approvals, keep records, plant, grow, weed, harvest, store the seed, etc. in case they want to go ahead on a larger scale whether or not legislation changes.

We (SuryaAngelMiriam) believe it would be good for us to continue with the research as long as Christian wants and as long as we have the support of Leontina, the hemp seed supplier, the hemp contract/buyer, and Virginia's help with testing. The crop this year was better than last year (where there was no harvest) and this year was considered by all a very poor growing year due to the very wet rainy season.

- 7. Children's Education/Schooling: We found that, as in previous discussions, each of us is united in their support for children's education/schooling** for the good of the child, humanity and the planet. There is a united concern among us about the present, basically westernized, national school systems for various reasons.

We will NOT get into the various items of the discussion here due to the brevity of this summary, however for us (SuryaAngelMiriam) we will say that the major reasons for us deciding on home schooling until now are:

- a. That we do not feel our daughter, Safi, is ready to be separated from us based on quite extensive studies of a social system of raising other children which has been named the 'Continuity Concept' and is based on leaving the child decide when and who they want to be with and for how long. Once that natural desire/bond and 'continuity' of the child is broken, even, and especially, at the earliest ages, it is difficult to ever heal that break, regain continuity of that relationship and is accountable for many of the parent child and child society breaks that especially the western world is presently experiencing.
- b. After again much previous study of more intuitive and creative ways of living and discussion among ourselves we believe as a natural growth process that the physical (sycal) and emotional (astral) bodies must be developed in their own ways and with their own methods, during the first and second seven year cycles of a person's life up to age 14, prior to concentrating on the development of the person's mind (mental) body after the age of 14. All western schooling systems except for the few, rare, normally expensive, small percentage of progressive schools do not educate the child in physical and emotional development. In addition to that the mental development forced on or demanded of the child to progress or succeed in school is of a repetitive or of a 'rote' nature and strengthens a part of the brain to be used that does not use reason, intuition and logic but only memory. Therefore, the children are raised physically and emotionally under developed and rely on a memory part of the brain looking 'backward' for answers without the reason, intuition and logic required to more fully consider a situation and determine a solution in the present or for the future.

This inability to determine a solution not based on memory or backward looking is then combined with their society breaks, by having broken their continuity as discussed in item a. above, and forces the child inward introverted (silently, separately, isolated, frustrated, etc.) or outward extroverted (dominating, bullying, center of attention, etc.) but does not offer any form of solution based on truly interactive, attentive, reasonable communicative relationship. Hence most adult people's problems with any form of true communication, other than for more personal gain. We might add also this includes the difficulty of people in any type of significant Aquarian aware group participation and why they would prefer a dominant, Piscean minded, single group leader who relies on their backward looking memory to be 'good citizens' and support what the leader says. Those that agree are rewarded and those that do not agree are removed from the group or labeled as 'not good citizens'.

So, lastly, these ideas about education are basic considerations and generalizations of most people's level of awareness yet, for the most part, they are true and what any truly Aquarian group leader must deal with and have answers to help each potential group member find their true place and true work in the group. That is what we feel our (SuryaAngelMiriam) role is in the identification and formation of our Aquarian group and those who are participating.